

## Ad Hoc Subcommittee Report – Speakers

### Commissioner Gallagher Thompson

1. “Overview” talk at 12:15 on “Healthy Aging/ Preventing Cognitive Decline” or “Healthy Aging: Maximizing Opportunities” (or something like that): We have a “yes” from Nusha Askari, PhD., psychologist and Executive Director of the Stanford Alzheimer’s Disease Research Center. She is a trained neuropsychologist who has worked in the field for many years before taking on this leadership role in the Stanford center.
2. Topic of family caregiving: “Building Resilience in Family Caregivers” (something like that): We have a tentative “yes” from Sherry Beaudreau, PhD; National Manager of VA Advanced Fellowship in Mental Illness – Sherry is a clinical psychologist who works directly with family caregivers as part of her job. She also needs to get final approval re the date – so she too is “pending.”

### Commissioner Buchholz

- Contacted 3 offices of geriatricians to determine where they refer patients for the topics that were selected at the last meeting.
- Visited the mental health group at El Camino and will contact them for issues related to social connection.
- Need to finalize schedule based upon number of speakers and determine time allocation for other potential areas like an introduction/welcome and panel (if possible).