



SENIOR COMMISSION AGENDA REPORT

Meeting Date: March 3, 2025

Subject: Adult 50+ Program Speakers

Prepared by: Candace Avina, Recreation Coordinator
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Initiated by: City Staff and Senior Commission

Staff Recommendation

The staff recommends to receive the report and take action as appropriate.

Summary/Project Description:

Receive report on Adult 50+ Program speakers.

Fiscal Impact: None

Background

At the February 3, 2025, Senior Commission regular meeting, the Commission requested information on the Adult 50+ Program speaker series, and the process to potentially expand topics and offerings.

Discussion/Analysis

Speaker presentations are organized by Adult 50+ Program staff in collaboration with volunteers, local agencies, and resources to engage the diverse social and recreational interests of the older adult community. Presentations take place at the Los Altos Community Center and Grant Park Community Center locations, utilizing available audio-visual (AV) and facility resources. To encourage attendance, presentations are generally scheduled after Adult 50+ Program Community Luncheons. However, they may also be scheduled at other times at the discretion of the Adult 50+ Program.

The process begins when interested presenters or coordinating agencies contact the Adult 50+ Program to submit a proposal for their presentation. Recent speakers for the Adult 50+ Program include:

- Los Altos Chief of Police – Hosted at Grant Park Community Center, providing insights on public safety and community concerns.
- Dr. Scott Cady Series: Destinations Around the World – A travel-themed presentation series.
- Local Resources & Services – Featuring representatives from home health providers, community programs, and a variety of special interest topics tailored to the diverse needs of the Adult 50+ Program participants.



Subject: Adult 50+ Program Speakers

Upcoming, Los Altos City Manager Gabriel Engeland will be the featured speaker on March 5. This session will provide an opportunity for participants to engage in a discussion on key city updates which will include:

- Developments in Downtown Los Altos
- Enhancements to the Grant Park Community Center
- Insights into the upcoming transition to district-based elections

Publicity for this event is currently underway, and we look forward to a well-attended and informative session.

Senior Commissioners are encouraged to recommend topics and speakers. Adult 50+ Program staff will review and consider the suggestions.