

City of Los Altos Parks & Recreation Presents

*Coffee, Community, & Conversation:*

# SENIOR HEALTH FAIR

Discover the world of wellness at the Senior Health Fair! Explore a variety of vendors, wellness opportunities, and support resources to enhance your quality of life!



**Wednesday,  
October 16**



**10 AM-12 PM**



**Grant Park Community Center**  
Multi-Purpose Room, 1575 Holt Ave



## QUESTIONS?

Contact the Adult 50+ Program  
(650) 947-2797

