



MINUTES OF THE REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS AND TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, NOVEMBER 4, 2024, AT 3:30 P.M. VIA VIDEO CONFERENCE AND IN PERSON.

CALL MEETING TO ORDER

At 3:30 P.M., Chair Cohen called the meeting to order.

ESTABLISH QUORUM:

PRESENT: Buchholz, Cohen, Olson, and Trapnell

ABSENT: Basiji, Dixit and Gallagher Thompson

LATE: None

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes:** Approve minutes of the regular Senior Commission meeting of October 7, 2024.

Public Comment: None

Action: Upon a motion by Buchholz, seconded by Olson, the Senior Commission approved the minutes of the regular meeting of October 7, 2024.

Approve: Buchholz, Cohen, Olson, and Trapnell

Oppose: None

Absent: Basiji, Dixit and Gallagher Thompson

Abstention: None

Motion passed unanimously: 4-0-3-0

2. **2025 Senior Commission Meeting Schedule:** Approve the 2025 Senior Commission meeting schedule.

Public Comment: None

Action: Upon a motion by Trapnell, seconded by Buchholz, the Senior Commission approved the 2025 meeting schedule as presented.

Approve: Buchholz, Cohen, Olson, and Trapnell
Oppose: None
Absent: Basiji, Dixit and Gallagher Thompson
Abstention: None
Motion passed unanimously: 4-0-3-0

3. **Work Plan:** Create FY 2024/25 Work Plan.

Public Comment: None

Action: Discussed Work Plan.

4. **Senior Commission Health Fair:** Discuss event possibilities and select a minimum of three date and time options to host the Senior Commission Health Fair and consider forming an ad hoc subcommittee or working pair to start work on event logistics.

Public Comment: None

Action: The Senior Commission recommended staff look into hosting a health faire on Tuesday, September 9 or 16 or October 7 from 12pm – 3pm.

Public Comment: None

INFORMATIONAL ITEMS

5. **Age Friendly:** Receive staff update regarding the age friendly action plan.

Public Comment: None

6. **Flyers:** Informational flyers received.

Public Comment: None

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

7. **Staff Oral Reports:** Received information and announcements from Town of Los Altos Hills and city of Los Altos staff.

Public Comment: None

8. **Adult 50+ Programming Ad Hoc Subcommittee:** Received report.

Public Comment: None

9. **Transportation Ad Hoc Subcommittee:** Received report.

Public Comment: None

10. **Future Agenda Items:**
 - A. Work Plan
 - B. Health Fair

ADJOURNMENT:

At 5:02 P.M., Monday, November 4, 2024, Cohen adjourned the meeting.