

SENIOR COMMISSION AGENDA REPORT

Meeting Date: April 7, 2025

Subject: Senior Health Fair

Prepared by: Jaime Chew, Parks & Recreation Deputy Director

Initiated by: Commission

Staff Recommendation

The staff recommends to receive the staff report, ad hoc subcommittee reports and assign working pairs to complete planning tasks for the event. Recommended actions are as follows:

- 1. Prioritize presentation topics to assist the ad hoc subcommittee in securing speakers.
- 2. Select a preferred event schedule which incorporates presentations, time to visit vendors, and time to enjoy the refreshments.
- 3. Select a title for the event as this will assist in providing focus for vendor selection.
- 4. Provide feedback on event layout and assign a working pair to work with staff.
- 5. Assign a working pair to work with staff on marketing content creation.

Summary/Project Description:

• The Senior Commission will be hosting a Senior Health Fair on Tuesday, September 9, 2025, from 12pm – 3pm at the Los Altos Community Center.

Fiscal Impact: None

Background

At the September 9, 2024, Senior Commissioner special meeting, the Commission approved hosting a Senior Commission Health Fair event in 2025. On January 6, 2025, the ad hoc subcommittee of Commissioners Basiji, Buchholz, and Gallagher Thompson was formed to manage the overall coordination of the event. City staff has reserved the Grand Oak Room, Sequoia Room, Manzanita Room, and Apricot Room to facilitate the various elements of the event.

Discussion/Analysis

The ad hoc subcommittee had the opportunity to virtually meet with Amanda Hui, Recreation Coordinator for the City of Cupertino. She is coordinating the Health Expo that will be held on Friday, May 9, 2025, from 10am – 1:30pm. The Commission should consider the city of Cupertino's suggestions and best practices, the ad hoc subcommittee's reports, and city staff recommendations as the Commission continues to plan the Health Fair.

Attachments:

- 1. Ad Hoc Subcommittee Report by Commissioner Gallagher Thompson
- 2. Ad Hoc Subcommittee Report by Commissioner Buchholz



Subject: Los Altos Parks & Recreation Marketing

3. Layout of Los Altos Community Center

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