

**SENIOR COMMISSION**  
**2023-24 Work Plan**  
(October 2023 to September 2024)

Goal	Projects	Ad-Hoc Assignments	Target Date	Status
Recertify Los Altos as an Age Friendly city	<ul style="list-style-type: none"> <li>AARP Age Friendly Survey outreach</li> </ul>	<ul style="list-style-type: none"> <li>Present AARP Age Friendly Survey to the multi-cultural group <b>Ad-Hoc subcommittee: Dixit</b></li> <li>Present AARP Age Friendly Survey to Adult 50+ lunch program (Community Center and Grant) <b>Ad-Hoc subcommittee: O'Reilly &amp; Nagao</b></li> <li>Present AARP Age Friendly Survey to Los Altos Rotary <b>Ad-Hoc subcommittee: Basiji</b></li> </ul>	January 2024	Completed
	<ul style="list-style-type: none"> <li>Participate in Age Friendly Task Force</li> </ul>	<ul style="list-style-type: none"> <li>Work with Center for Age Friendly Excellence (CAFÉ) representatives to assist and support outreach and research <b>Ad-Hoc subcommittee: Buchholz, Cohen, O'Reilly</b></li> </ul>	September 2024	Completed
	<ul style="list-style-type: none"> <li>Participate in Age-Friendly focus groups</li> </ul>	<ul style="list-style-type: none"> <li>Participate in a focus group <b>All Commissioners</b></li> <li>Attend community focus group and town hall meeting</li> </ul>	April 2024	Completed
Outdoor Spaces and Buildings	<ul style="list-style-type: none"> <li>Grant Park Community Center</li> </ul>			

Transportation	<p>Improve Senior Transportation options</p> <ul style="list-style-type: none"> <li>• Host a workshop connecting Adult 50+ to transportation options</li> </ul>			
	<ul style="list-style-type: none"> <li>• Explore resources and options</li> </ul>			
Housing				
Social Participation	<ul style="list-style-type: none"> <li>• Collaborate with Adult 50+ staff to increase participation in programs and activities</li> </ul>	<ul style="list-style-type: none"> <li>• Meet with Recreation Coordinator to understand what programs and services are being offered, and determine recommended areas of improvement <b>Ad-hoc subcommittee: Nagao, Olson</b></li> <li>• Assist Adult 50+ staff in an evaluation of various programs based upon attendance and findings from the Age Friendly action plan <b>Ad-hoc subcommittee: Nagao, Olson</b></li> </ul>	<p>March 2024</p> <p>October 2024</p>	<p>Completed</p>
	<ul style="list-style-type: none"> <li>• Support and enhance community connections</li> </ul>			
Respect and Social Inclusion				

Civic Participation and Employment				
Communication and Information	<ul style="list-style-type: none"> <li>• Improve outreach</li> </ul>			
	<ul style="list-style-type: none"> <li>• Determine ways to reach isolated seniors</li> </ul>			
Community Support and Health Care Services	<ul style="list-style-type: none"> <li>• Educate and connect seniors to resources to allow them to age in place</li> </ul>			
	<ul style="list-style-type: none"> <li>• Host a Health Fair</li> </ul>	<ul style="list-style-type: none"> <li>• Research ideas and options for hosting a health fair</li> </ul> <b>Ad-hoc subcommittee: Dixit</b>	August 2024	Completed