

City of Los Altos Parks & Recreation Presents

Coffee, Community, & Conversation:

SENIOR HEALTH FAIR

Discover the world of wellness at the Senior Health Fair. Explore a variety of vendors, wellness opportunities, and support resources to enhance your quality of life!



**Program
Introduction by
Councilmember
Lynette Lee Eng**



**Wednesday,
October 16**



10 AM-12 PM



Grant Park Community Center
Multi-Purpose Room, 1575 Holt Ave

QUESTIONS?

Contact the Adult 50+ Program
(650) 947-2797

