



SENIOR COMMISSION AGENDA REPORT

Meeting Date: November 4, 2024

Subject: Senior Commission Health Fair 2025

Prepared by: Jaime Chew, Parks & Recreation Deputy Director

Initiated by: Senior Commission

Attachment(s): None

Staff Recommendation

The staff recommends selecting a minimum of 3 date and time options to host the Senior Commission Health Fair, and forming an ad hoc subcommittee or working pair to start work on event logistics.

Environmental Review:

Not applicable

Summary:

- At the September 9, 2024, Senior Commission special meeting, the Commission approved hosting a Senior Commission Health Fair event in 2025.
- The Senior Commission will need to select a minimum of three date and time options to host the Senior Commission Health Fair, and potentially select an ad hoc subcommittee or working pair to start work on event logistics.

Fiscal Impact:

None

Background

At the September 9, 2024, Senior Commission special meeting, the Commission approved hosting a Senior Commission Health Fair event in 2025. The Senior Commission requested to agendaize the topic in November 2024 to incorporate feedback from the October 16, 2024, Senior Health Fair event at the Grant Park Community Center in the discussion. In addition, the Commission indicated interest in potentially hosting the event on either a Tuesday, Thursday, or Saturday during the May – October timeframe in 2025.

Discussion/Analysis

City staff reviewed the 2025 calendar schedules, during the May – October timeframe, for the Grand Oak Room, Sequoia Room, and Manzanita Room at the Los Altos Community Center. City staff noted the following programs that would affect availability of those event spaces:



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- Tuesdays – Jazzercise Program from 8:45am – 10:45am in Grand Oak
 - Thursdays – Jazzercise Program from 8:45am – 10:45am in Grand Oak
 - Thursdays – Adult 50+ Ping Pong Program from 11:15am – 2pm in Grand Oak
 - Saturdays – Jazzercise Program from 8:30am – 10:30am in Grand Oak

If the Senior Commission desires to host the Senior Commission Health Fair on a weekday, due to programming, city staff recommends selecting a Tuesday and select a start time no earlier than 12pm to allow for event set up.

If the Senior Commission desires to host the Senior Commission Health Fair on a weekend, city staff has noted the following Saturdays that are available to host the event during the May – October 2025 timeframe:

- May 10
- June 28
- July 19 or 26
- August 30
- September 6, 13, 20, 27
- October 11 or 18

If the Senior Commission desires to host the Senior Commission Health Fair on a weekend, city staff recommends selecting an available Saturday, and select a start time no earlier than 12pm to allow for event set up.

The Senior Commission should select a minimum of three date and time options to host the Senior Commission Health Fair, and should consider forming an ad hoc subcommittee or working pair to start work on event logistics.