

REC Rx



A Recreation Specialist will create a personalized recreation recommendation just for you!

losaltoshills.ca.gov/RecRx



RecRx is offered as a free, for fun service to help familiarize the community with Los Altos Hills Parks and Recreation programs. This service is not a prescription for recreation and is not under the supervision of any medical professional nor any recreational therapy program. To get started, complete the recreation questionnaire located at losaltoshills.ca.gov/RecRx.



bit.ly/recRx