

SENIOR COMMISSION
2023-24 Work Plan
(October 2023 to September 2024)

Goal	Projects	Ad-Hoc Assignments	Target Date	Status
Recertify Los Altos as an Age Friendly city	<ul style="list-style-type: none"> AARP Age Friendly Survey outreach 	<ul style="list-style-type: none"> Present AARP Age Friendly Survey to the multi-cultural group Ad-Hoc subcommittee: Dixit Present AARP Age Friendly Survey to Adult 50+ lunch program (Community Center and Grant) Ad-Hoc subcommittee: O'Reilly & Nagao Present AARP Age Friendly Survey to Los Altos Rotary Ad-Hoc subcommittee: Basiji 	January 2024	Completed
	<ul style="list-style-type: none"> Participate in Age Friendly Task Force 	<ul style="list-style-type: none"> Work with Center for Age Friendly Excellence (CAFÉ) representatives to assist and support outreach and research Ad-Hoc subcommittee: Buchholz, Cohen, O'Reilly 	December 2024	
	<ul style="list-style-type: none"> Assist with Age Friendly data collection/analysis 			
	<ul style="list-style-type: none"> Note taking for Age-Friendly focus groups 	<ul style="list-style-type: none"> Senior Commission will provide support to CAFÉ by attending the focus groups and taking notes 	Spring/Summer 2024	

Outdoor Spaces and Buildings	<ul style="list-style-type: none"> Grant Park Community Center 			
Transportation	Improve Senior Transportation options <ul style="list-style-type: none"> Host a workshop connecting Adult 50+ to transportation options 			
	<ul style="list-style-type: none"> Explore resources and options 			
Housing				
Social Participation	<ul style="list-style-type: none"> Collaborate with Adult 50+ staff to increase participation in programs and activities 	<ul style="list-style-type: none"> Meet with Recreation Coordinator to understand what programs and services are being offered, and determine recommended areas of improvement Ad-hoc subcommittee: Nagao, Olson	March 2024	
	<ul style="list-style-type: none"> Support and enhance community connections 			
Respect and Social Inclusion				

Civic Participation and Employment				
Communication and Information	<ul style="list-style-type: none"> • Improve outreach 			
	<ul style="list-style-type: none"> • Determine ways to reach isolated seniors 			
Community Support and Health Care Services	<ul style="list-style-type: none"> • Educate and connect seniors to resources to allow them to age in place 			