



City of Los Altos

AARP Survey for Age Friendly Recertification

Background

- The City of Los Altos was first designated as an Age Friendly city through the World Health Organization (WHO) in 2011
- To date, all 15 cities within Santa Clara County have been certified as an Age Friendly city
- The City of Los Altos is seeking recertification as an Age Friendly city which requires the creation of an Action Plan – a “road map” to address issues or gaps identified through a needs assessment

Process

- The City of Los Altos will be utilizing CAFÉ (Center for Age Friendly Excellence) to coordinate the needs assessment and the creation of the action plan
- The process will include:
 - Collecting data utilizing the AARP (American Association of Retired Persons) survey
 - Hosting 3 focus groups, coordinated and led by CAFÉ
 - Creation of action plan
 - Review by Senior Commission
 - Recommendation to City Council

Goal

- To better understand the current needs of older adults, and to find ways to maintain a vital community that allows adults to age in place

AARP Survey

- The survey tool is provided as a free resource through AARP
- The survey itself will take 20 – 30 minutes to complete and will not contain any personally identifiable information, and will be kept confidential
- Main access will be online
- Paper copies will be available to those who feel more comfortable completing it via that form – contact the City of Los Altos Adult 50+ program at (650) 947-2797 for assistance

Questions?