

AARP research bullet points:

- The Los Altos Senior Commission is conducting a study of older adults* in our community.
- Our goal is to understand better the current needs of older adults and to find ways to maintain a vital community and a great place to live.
- The survey will take about 20-30 minutes to complete. Results will contain no personally identifiable information and be kept completely confidential.
- The City of Los Altos will use the results to improve and/or develop new resources to become recertified as an Age-Friendly City.
- We were the first city in California so designated by the World Health Organization in 2013. Today all 15 cities in Santa Clara County are certified as Age-Friendly.
- Persons 65 yo and older are eligible for this study.

Locations to invite older adult participation:

- CSA Community Services Agency
- Hope's Corner
- City Councilmembers and City Staff, City leaders
- Senior Center
- Library
- Los Altos/Mtn. View Foundation
- Housing Leaders "housing element" eg Gary Heddon
- Faith Based Organizations: church, temple, mosque, etc
- Local Community Organizations (Rotary, Lions, Kiwanis)
- Neighborhood Networks
- Non-profit Organizations
- Local Businesses / Chamber of Commerce/ businesses serving older adults *Silicon Valley Senior Roundtable WESLEY CHANG*
- Medical Equipment Providers
- Philanthropy/ Foundations
- First Responders (Police/ Fire/ EMT)
- Adult Day Center, PACE programs
- PTA for "sandwich generation" to inform older adults
- Retirement communities
- Academic Institutions with Senior studies programs
- Community Residents
- Farmers' markets
- Pickleball organizations

Suggestions by CAFÉ:

- Include more entities sponsoring the survey (Senior Commission, City), and list that survey is provided by AARP.
- Respondents need to be clear on the survey and must fill out every item (i.e. do not skip).

- Perhaps include that the AARP survey is a continuation of the AFC initiative and will inform an Action Plan for a road map.
- Best results for the survey are achieved when pushed out over time.
- Possibly consider those that are less able with a laptop at various locations (library, senior center, faith communities).