



YOUTH COMMISSION SPECIAL MEETING MINUTES

6:30 PM - Monday, September 11, 2023

Via Telephone/Video Conference and In Person

CALL MEETING TO ORDER

Liaison Will Hanel called the meeting to order at 6:40 pm.

ESTABLISH QUORUM

PRESENT: Chair Venkatraman, Vice Chair Vonk, Commissioners Dalal, Cao, Hatti, Dhakal, Bengani, Chen, Lever, Sobel

ABSENT: Commissioner Ma

PLEDGE ALLEGIANCE TO THE FLAG

CHANGES TO THE ORDER OF THE AGENDA

No changes were made.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

None.

ITEMS FOR CONSIDERATION/ACTION

- 1. Minutes:** Approve Draft Minutes from September 11, 2023

Public Comment: None.

Action: Chair Venkatraman motioned to approve the chair. Second by Commissioner Dalal to approve the minutes as is. A unanimous vote conducted by the commission.

- 2. Presentation by HAERT:** Presentation by Happiness (Self) Awareness and Emotional Resilience Training and discussion of future workshops.

Public Comment: None.

Action: Bill and Barabra (CEO partners of HAERT) provided a presentation for the Youth Commission (what their company provides, discussion of workshop topics, etc.) Commission voted to work with and host workshops regarding teen mental health in January 2024. 7 topics were discussed and voted on to present as workshops; academic stress (received 7 votes), developing motivation (received 4 votes), & crisis survival (received 7 votes).

3. **Commission and Commission Handbook Updates:** Presentation on the changes to Commissions and Commission Handbook.

Public Comment: None.

4. **Brown Act:** Presentation on Brown Act Requirements.

Public Comment: None.

5. **2023/2024 Work Plan:** Continue drafting Work Plan for 2023/2024 School Year.

Public Comment: None.

Action: Commissioner Dalal motioned to create a subcommittee focusing on Public Engagement and Policy (PEP). Commissioner Dhakal seconded the motion; vote unanimous.

INFORMATIONAL ITEMS

6. Upcoming Events and Opportunities

- Halloween Movie Night
- Family Fun Day

COMMISSION/SUBCOMMITTEE/STAFF REPORTS AND REQUESTS FOR POTENTIAL FUTURE AGENDA ITEMS

- N/A

ADJOURNMENT

Chair Venkatraman adjourned the meeting at 8:10 pm.