

The Basics of Brain Health & Aging

National Alzheimer's Awareness Month



To commemorate June as National Alzheimer's Awareness Month, Los Altos Hills Parks and Recreation has teamed up with the Healthy Brain Program of Santa Clara County Public Health to share important lessons to get inspired by others for maintaining brain health and healthy aging. For more information and to RSVP visit losaltoshills.ca.gov/healthycommunities

Date: 6/8

Day: Thursday

Time: 10:00 - 11:00 am

Location: Town Hall Council Chambers