

#### A. Recertification Subcommittee: Talking Points for Age Friendly City Presentation

- The ultimate goal is to improve the Los Altos and Los Altos Hills communities.
- The World Health Organization (WHO) declared that senior wellbeing is an international issue as populations age.
- The WHO certifies Age Friendly cities when they begin and successfully accomplish specific goals in 8 general domains which include: Outdoor Spaces and Buildings, Transportation, Housing, Social Participation, Respect and Social Inclusion, Civic Participation and Employment, Communication and Information, and Community Support and Health Care Services.
- In 2011 the City of Los Altos became California's first Age Friendly City. City Council approved the submission of their application on September 27, 2011.
- Re-evaluation of Seniors' needs and a new work plan is required every 5 years.
- Focus groups representative of Los Altos/Los Altos Hills demographics will be interviewed to determine what are current unmet needs.
- CAFÉ (Center for Age-Friendly Excellence) in consultation with city administration develops an action plan to address these needs.
- A Re-evaluation in 5 years is needed to determine if these goals are met.
- Audiences
  - SIRS
  - Kiwanis
  - Senior sports associations like Pickleball
  - Others

Invite members of these groups to visit Community Center.

Give talks for these groups.

Discussions and contacts at houses of worship.