



LAKE FOREST PARK WASHINGTON

Published on *Lake Forest Park Washington Meetings* (<https://lakeforestpark-wa.municodemeetings.com>)

[Home](#) > [Boards](#) > [Board Application](#) > [Webform results](#) > Board Application

Submission information

Form: [City of Lake Forest Park Boards and Commissions Application](#) [1]

Submitted by Visitor (not verified)

Sun, 07/26/2026 - 6:00pm

First Name

Jean

Last Name

Reid

Home Address

[REDACTED]

Mailing Address (if different from above)

Phone Number

[REDACTED]

Do you own property in Lake Forest Park?

Yes

Email

[REDACTED]

Board, Commission, Committee

Planning Commission

Years a Resident of this Municipality

33

Experience/Professional Expertise/Education (Please provide dates of education and experience.)

BS in Chemistry/Biology, Massachusetts Institute of Technology 1983

Research Assistant at the Communication Biophysics Group in the Research Laboratory of Electronics at MIT
1979 - 1984

Masters in Theater program, San Fransisco State University '84-'85 (studied but did not complete degree)
housekeeper, Tui Apiary, Tirau, New Zealand '85-'86

Membrane Technology and Research, Inc., Research Chemist in Transdermal Drug Delivery and Membranology
1986-1987

Research Health Scientist in Molecular Biology, Stanford University 1987-89 (Assistant), and summer 1990
(Scientist)

MD, Northwestern University 1993

Residency at University of Washington 1993 - 1996

Family Physician practicing Primary Care in Seattle area 1993 - present
Clinical Instructor, University of Washington Family Medicine, 2012 - present

Current or Prior Experience on Boards/Commissions/Committees

With a "scrappy band of neighbors" formed the Lake Forest Park Stewardship Foundation in 1998. Service continues to present, as the last founding member remaining on the Board. Served as Treasurer and President as well as Board Member.

Civic Activities and Memberships (Roles with fraternal, business, church, or social groups-please provide dates)

American Academy of Family Physicians, 1989 - Present
Washington Academy of Family Physicians, 1993 - Present
King County Medical Society, 2008 - Present
"Forest Friends"

Reasons for Wanting to Serve

Lake Forest Park is my home.

Lake Forest is my community.

I've spend a good deal of time with our city's codes. There is much to be proud of, and always room for improvement.

I'd like to learn more about the process, and help effect changes for the common good.

i'm not afraid of hard work, and I believe I have the time and energy to help tackle tough problems.

Lake Forest Park is a gem. It would be a privilege to serve on the Planning Commission.

Are you able to attend evening meetings?

Yes

Resume, Education, etc. (Optional)

[reidcv2026.pdf](#) [2]

- [Home](#)
- [Logout](#)
- [Dashboard](#)

[Municode - Connecting You and Your Community](#)

Source URL:<https://lakeforestpark-wa.municodemeetings.com/node/791/submission/132>

Links

[1] <https://lakeforestpark-wa.municodemeetings.com/bc/application> [2] <https://lakeforestpark-wa.municodemeetings.com/system/files/webform/reidcv2026.pdf>