

W E L C O M E

H O P E S T R E A M C O M M U N I T Y



**EMPOWERED
PARENTS,
HEALTHIER FAMILIES,
SAFER COMMUNITIES**



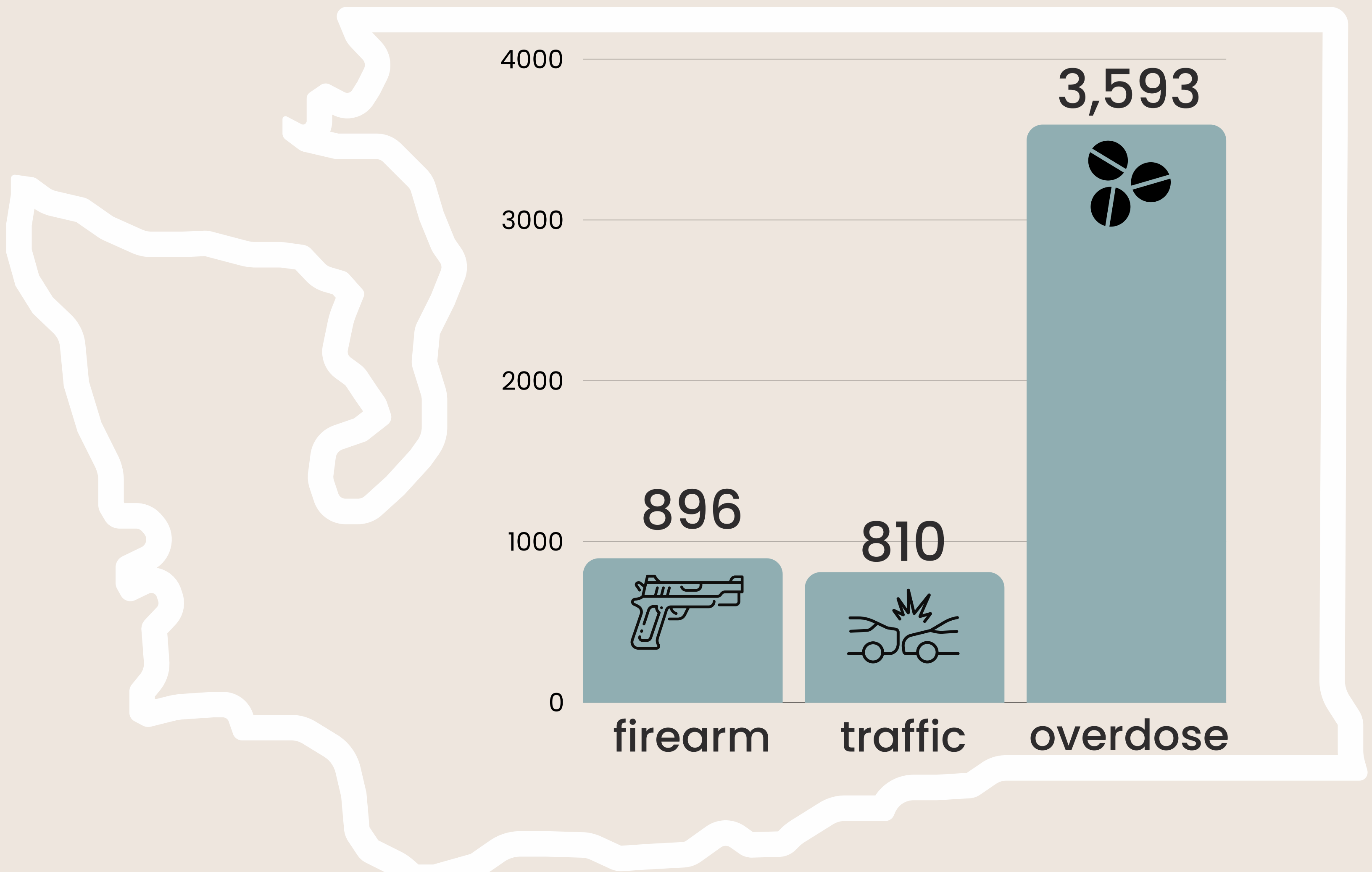
300 humans



every day



107,543



4000

3000

2000

1000

0

3,593

896

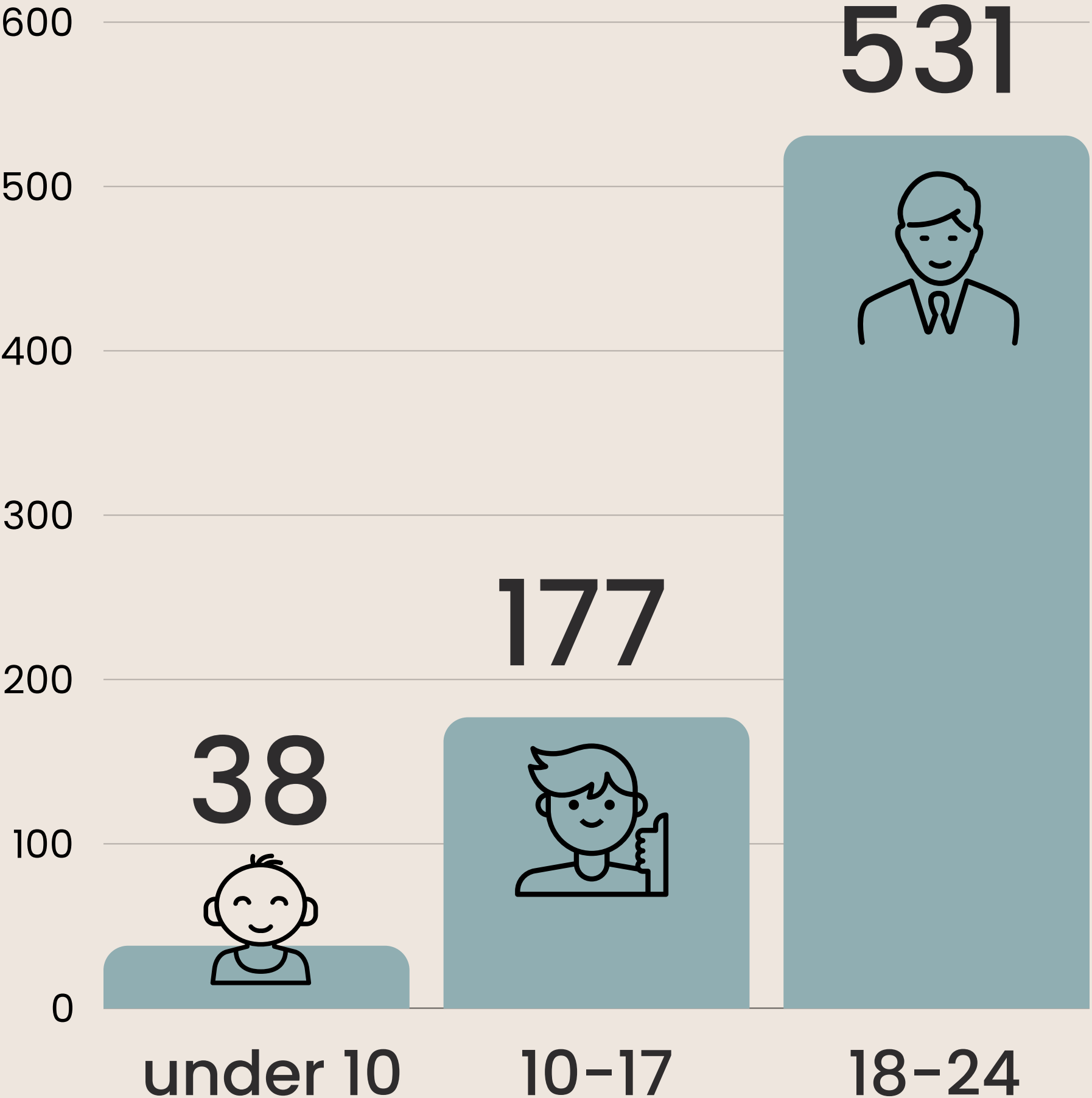
810

firearm

traffic

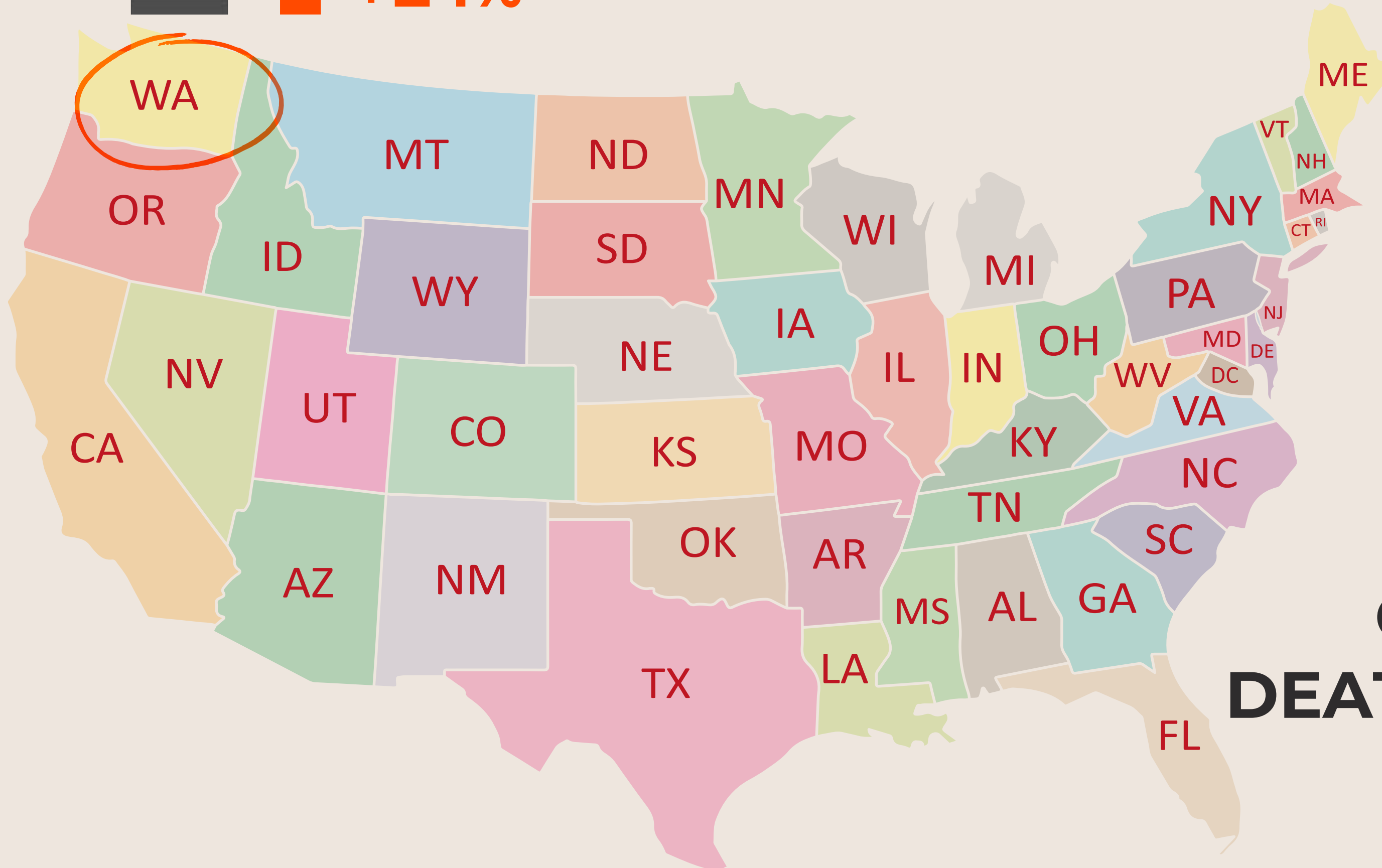
overdose

2022 WA STATE TEEN AND YOUNG ADULT OVERDOSE DEATHS





+24%



**U.S.
average
-5.2%**

OVERDOSE DEATH TRENDS BY STATE

WA IN 2022

55%

of all injury deaths were from
an overdose

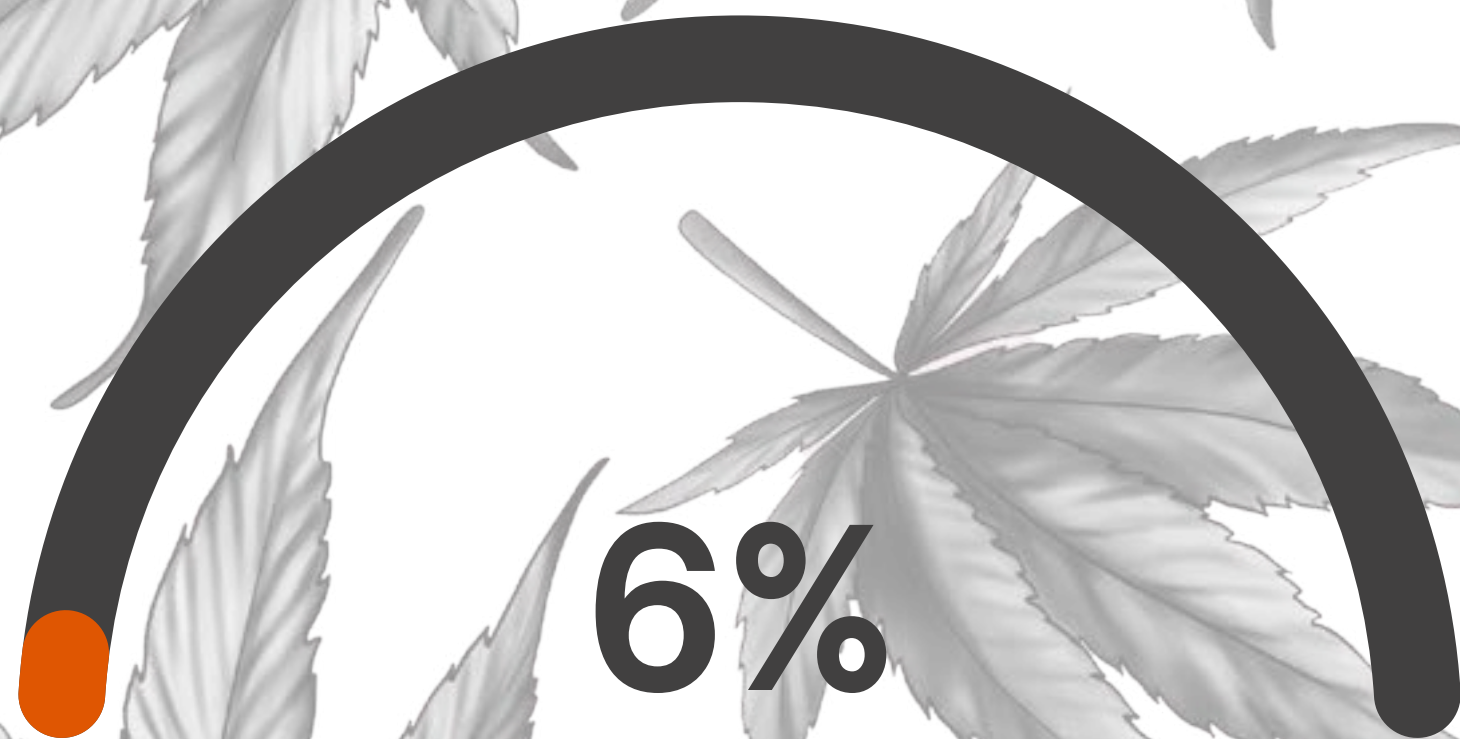
#1

accidental overdoses are
number one cause of accidental
death for people under 40



**A LETHAL
DOSE OF
FENTANYL**

HIGH POTENCY THC



6%

the 'old' weed



95%

2024 'weed'





When parents have a child struggling with substance use and mental health issues, we equip them with the **education, support, and resources** they need to create conditions for positive change in their family.

WHAT WE DO





HOPESTREAM COMMUNITY PROGRAMS



The Stream

The Woods

Education

Podcast

Retreats

COMMUNITY

The Stream Community is a private, uplifting online space where moms find personal connections, learn skills and support each other when their child struggles with substance misuse, addiction, and mental health challenges.

COMMUNITY

The Woods Community is a private, online space for men to find tools, resources, and personal connections when they're encouraging a child to accept help and recover from substance misuse and mental health challenges.

EMPOWERMENT

We believe an educated parent is an empowered parent. Our workshops and study groups allow parents to be strategic in their conversations and interactions with their children, increasing their child's willingness to accept help.

EMPOWERMENT

Hopestream is the defacto resource for parents with a teen or young adult child misusing substances. Guests include addiction, prevention, and treatment experts, family members impacted by their child's substance use, and wellness and self-care specialists.

WELLNESS & HEALING

Hopestream Community retreats provide vital connection, education and healing for parents when their child struggles with substance misuse and mental health. They build resilience, keep parents healthy and allow them to better cope with challenges in their day-to-day life.

Hopestream Community | Search Video Library

Video Library
 Find on-demand content and workshops here

Select All

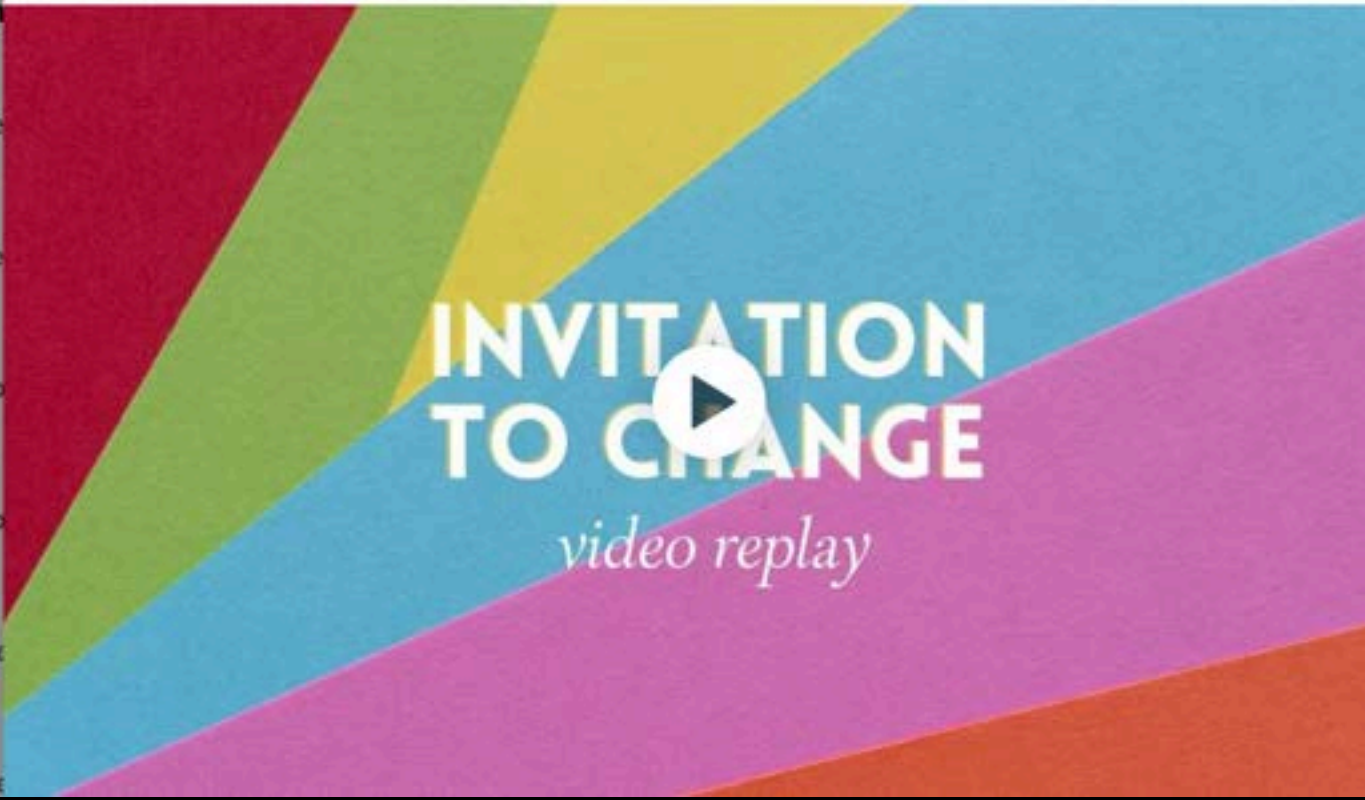
Invitation To Change

- ▶ Week One
- ▶ Week One
- ▶ Week Two
- ▶ Week Two
- ▶ Week Three
- ▶ Week Three

Invitation To Change (weeks 1-12 in order)
Week One: Introduction to the Invitation to Change Approach w/ ...

Host
Brenda Zane

Week One: Introduction to the Invitation to Change Approach w/ Holly



INVITATION TO CHANGE
video replay

4:14 | Signal | Wi-Fi | Battery

Updates & News

Everything

Kaitlin Sheriff
 HOST • COMMUNITY ADMINISTRATOR

This week's podcast guest is Christopher O'Reilly, Vice President of Clinical Services at Onsite's residential trauma treatment pr...
 Burbank, CA - Posted 1d ago



HOPE STREAM PODCAST

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WHY WE DO IT

WHAT WE LEARNED



- ▶ PARENTS ARE UNPREPARED AND STIGMATIZED
- ▶ PARENTS NEED THE MOST CURRENT, EVIDENCE-BASED TOOLS AND STRATEGIES
- ▶ PARENTS NEED EDUCATION, TRUSTWORTHY RESOURCES & COMMUNITY
- ▶ PARENTS NEED TO KNOW THERE IS HELP AND HOPE

OUR IMPACT WITH FAMILIES



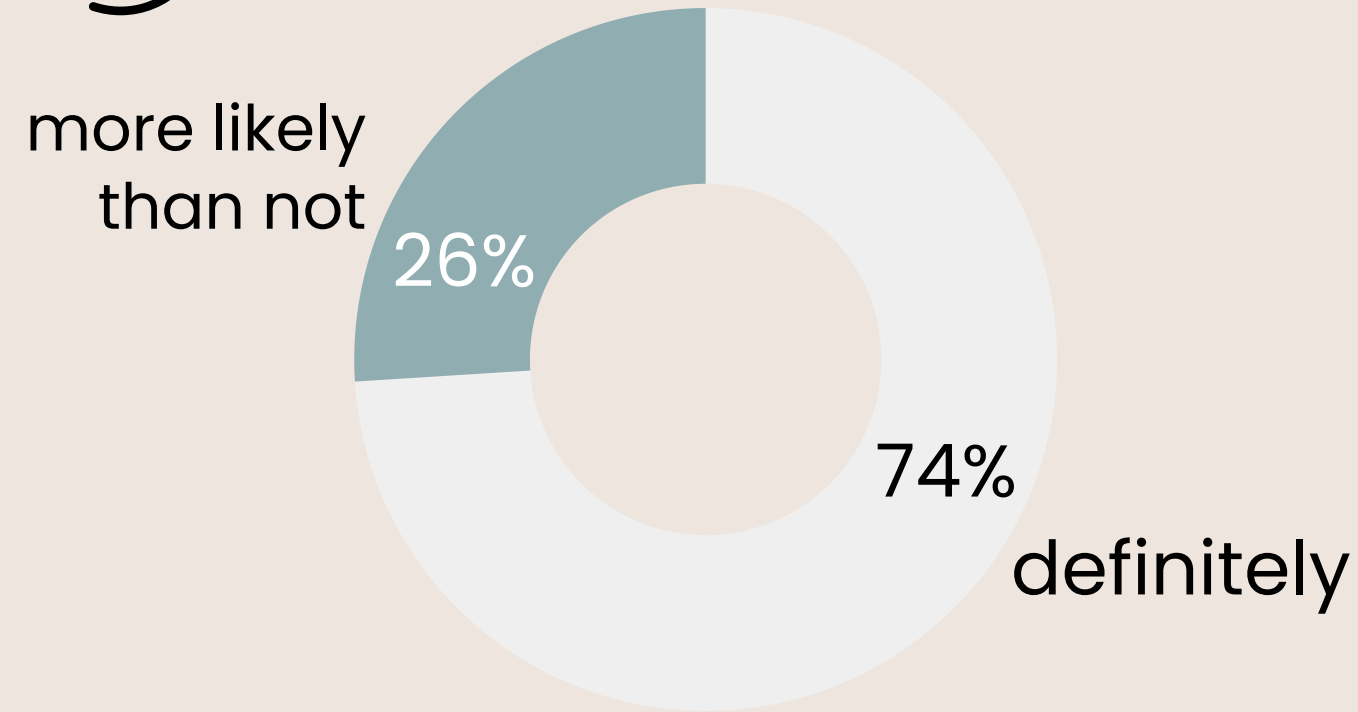
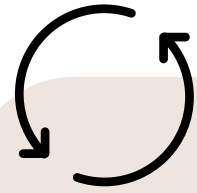
How has your membership with Hopestream Community **impacted your experience with your child?**
(top five responses)

- 1** I feel **better equipped** to help my child
- 2** I feel **less isolated**
- 3** I'm **more educated** about substance misuse and addiction
- 4** I feel **less stigmatized**
- 5** I have **more hope** for my child's chance at a healthy life

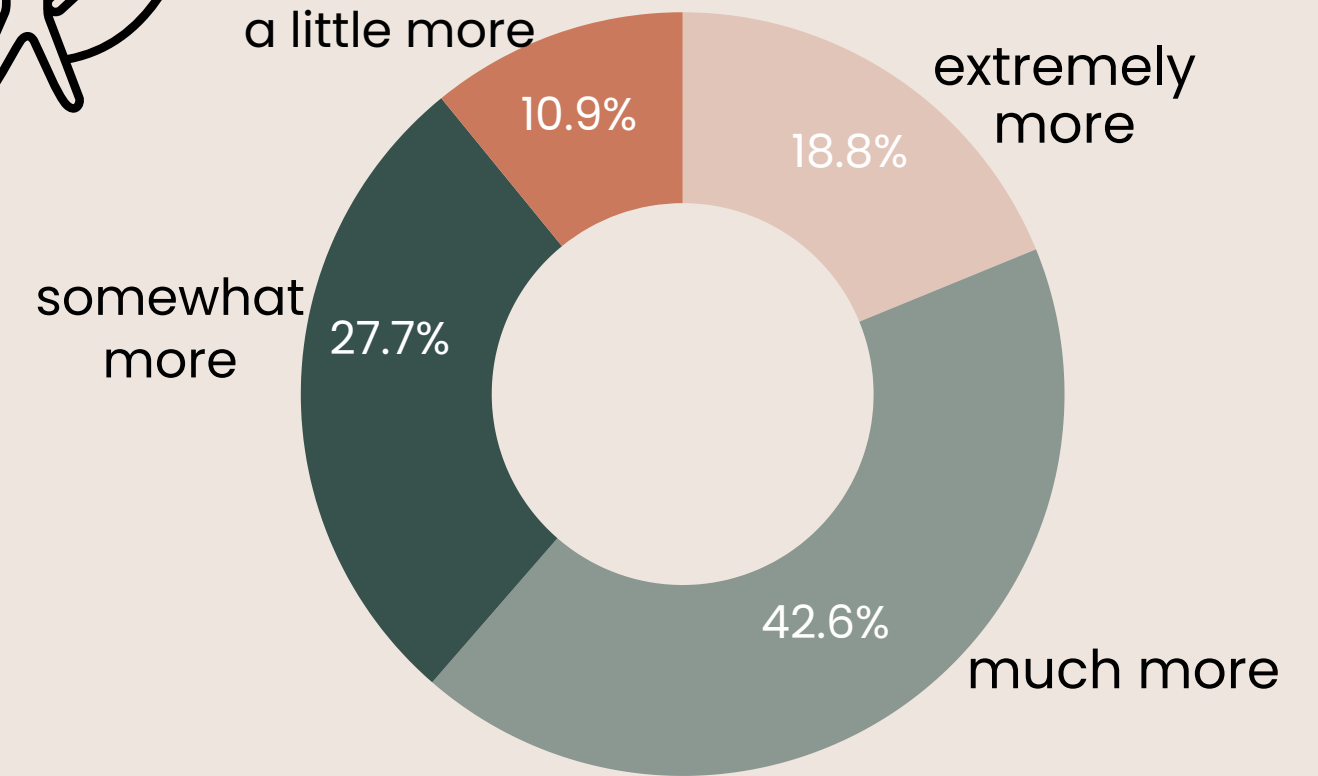


When I realized the depth of my son's issues with drugs and alcohol, I knew I had two choices. I could continue to feel very **angry with my son and sorry for myself, or I could get educated – Janice S.**

OUR IMPACT WITH FAMILIES

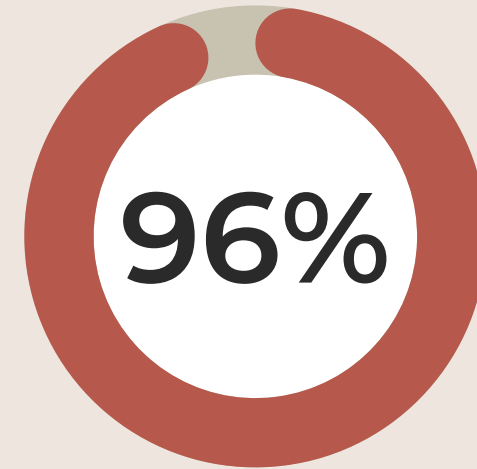


How likely are you to **renew your membership** with Hopestream Community?

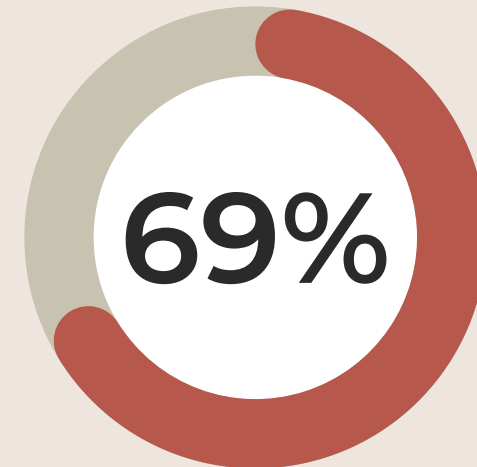


How would you rate your **confidence in dealing with your child's substance misuse or addiction** after joining Hopestream Community?

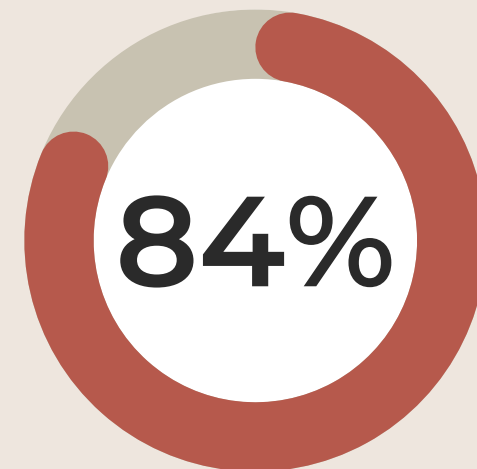
OUR IMPACT WITH FAMILIES



say the Hopestream program is **very or extremely effective** in helping parents learn how to approach their child's substance misuse



believe their child **has accepted help** as a result of their experience in Hopestream Community



of our members have seen an **improvement in their relationship** with their child since joining

OUR IMPACT BY THE NUMBERS



Parents involved in private, online communities



Free podcast episodes published



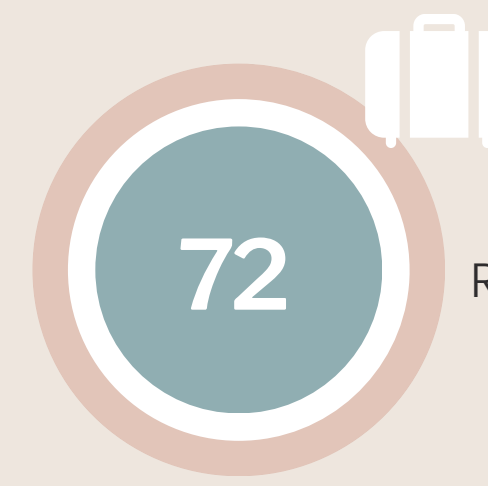
Workshop participants (non-members)



Members receive **free or subsidized** membership, or receive reduced-cost services



Free podcast downloads from over 430 regions



Retreat participants



Hours of on-demand learning and wellness content



Live community events monthly



Free educational e-books downloaded

OUR ACTION PLANS FOR THE FUTURE



Increase parent grants and scholarships



Develop Spanish language workshops and content



Allocate dedicated resources to engaging dads and male caregivers



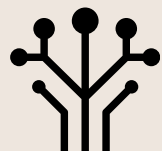
Continue to produce our weekly podcast with free access for parents



Attract and retain our growing network of certified specialists



Adequately compensate key staff members



Invest in required technology platforms to scale community and impact



Members of the community lift me up and allow me to feel heard. The workshops, podcasts, and group chats have helped me so much through this journey and made me more **resilient, informed, compassionate, and hopeful** – Robin K.

Hopestream Community is a safe, supportive, judgment-free place. **I don't know how I would be navigating my son's journey** without it. – Amy W.



This Community is an invaluable lifeline that provides the support I need to take care of myself so I can parent from a place of understanding and compassion to **give my son the best chance at recovery** – Sheri B.

WE LOOK FORWARD TO SERVING MORE FAMILIES TOGETHER.

