



MEMORANDUM

Senior Services & LINX Transit

Date: September 1, 2024

To: Mayor Jackola and City Council

From: Kindra Oliver, Senior Center & LINX Transit Director

Subject: Monthly LINX & Senior Center Report

LINX Transit:

One of our full-time drivers, Yodi, retired from LINX on August 30th. We did hire a new full-time LINX driver who will be starting with LINX on Tuesday, September 3rd.

LINX Transit has posted a Request for Information (RFI) for scheduling and dispatching software and equipment to assist with increased rider demand and gaining efficiencies with daily operations. Responses to the RFI will be received through Monday, September 23th. A Request for Quote (RFQ) will follow shortly after the RFI process is complete. The RFI process will help guide the scope of work for the RFQ.

LINX Transit will be submitting applications for the STIF (Statewide Transportation Improvement Funds) Discretionary grant applications for capital purchases and a pilot project, which will be submitted by August 5th, 2024.

Senior Center:

In August, our Evidence Based Program, Tai Ji Quan: Move for Better Balance (TJQMBB) wrapped up its 52 sessions. Going forward, we will be merging some of the best practices from this program with our long-time running chair chi class in order to better serve the needs and desires of the participants. We will offer the combined programs two times per week. Bringing the classes together will provide more comradery and support for those in transitional phases of their physical ability.

We started a morning Sun Salutations class three days a week. Participants have been meeting in the gazebo at Academy Square every Monday, Wednesday, and Friday, at 9:00am for a half hour of yoga and stretching. Following the philosophy of yoga, the time encourages participants to connect their mind, body, and spirit to bring the best of themselves into the new day.

The Crochet for a Cause project has been going very well. Watching seniors gather in the library on Tuesday afternoons with their projects has been delightful and colorful! The blocks are piling up

and several lap blankets are already assembled. We hope that they will bring smiles to the hospital infusion patients that receive them.

The Thursday Line Dance group saw 26 seniors dancing away in our auditorium this week! There is so much energy amidst the smiles and laughter that come from that space on Thursday mornings.

An exciting project in progress involves our group that regularly gets together once a week to learn new things they can do with our Ipads. They have started learning about video creation and editing. Sending fun videos to family members is just the start. They have a grand ambition to make a commercial about the Senior Center for Senior Center Month in September. We look forward to seeing what they create and may share it before a Friday movie.

Meals on Wheels numbers for in person dining at the Center continue to increase. We love seeing more tables being set up to accommodate the new faces choosing to come in to eat lunch instead of staying home alone. Our partnership with Meals on Wheels to support their vital work in feeding over 150 seniors a hot meal each day, Monday through Friday, in our community, is made real by the faces we see here socializing enjoying a nutritious meal.