



Senior Services & LINX Transit

Date: July 1, 2024

To: Mayor Jackola and City Council

From: Kindra Oliver, Senior Center & LINX Transit Director

Subject: Monthly LINX & Senior Center Report

## LINX Transit:

At close of the fiscal year, LINX had provided 63,948 rides, which is 33.6% higher than last FY.

## Senior Center:

June is wrapping up our 2023-24 fiscal year. The Senior Center has seen a lot of growth in numbers since the prior year and a lot of new activities on the calendar.

In June, our Walk with Ease (WWE) evidence-based exercise program took several trail walks in Lebanon as well as trails in surrounding communities. As the weather warmed up it was a great way to get seniors outdoors and market the WWE program as providing more than just walking on their own. It is also a great way to market the amazing trail system that Lebanon has (better, in the opinion of many seniors, than our neighboring larger communities).

In June, we changed up our Wednesday Ice Cream Social. It has been on Wednesday afternoons for many years, but now runs into Bingo getting set up in the Auditorium. We felt this didn't help create the relaxed social atmosphere that we were hoping for. It has been moved to the second Friday before the movie. We are also shifting the emphasis from a social to a meet and greet. The intention is to create an opportunity for folks new to the community or the Center to find a place to meet other people. We will be doing ice breaker games to assist in seniors finding other folks with similar interests. Common interests are a great starting point to new friendships, and the basis for several group activities at the Senior Center.

Our mosaic craft series wrapped up in June. These craft opportunities have brought many new folks into the Center or folks we know into trying something new. The groups have all been full! In prior months the projects were smaller and utilized grout and small tile. In June, we made concrete steppingstones and participants got to bring their own objects to decorate their stone. Creativity abounded as seniors brought in all kinds of materials from broken China to plastic bottle tops. It was inspiring to see all the clever designs.