



MEMORANDUM

Senior Services & LINX Transit

Date: October 1, 2024

To: Mayor Jackola and City Council

From: Kindra Oliver, Senior Center & LINX Transit Director

Subject: Monthly LINX & Senior Center Report

LINX Transit:

We are currently recruiting for a full-time driver position to fill a recent vacancy. We hope to have the position filled by the end of October.

LINX Transit received seven technical responses to our recent Request for Information (RFI) for scheduling and dispatching software and equipment to assist with increased rider demand and gaining efficiencies with daily operations. Staff will be reviewing the responses and preparing a Request for Proposal (RFQ) to publish in November.

LINX Transit submitting three applications for the STIF (Statewide Transportation Improvement Funds) Discretionary grant applications. Two applications were requesting match funds for vehicle purchases and one application was for a proposed transit expansion.

Following are the FY25-27 grant applications that will be submitted in the next few weeks:

- 5310 applications for vehicle preventative maintenance and capital projects will be due to Linn County on October 8th.
- STIF Payroll grant applications for operations will be due to Linn County on October 15th.
- STIF Population grant applications for operations will be due to Linn County on October 15th.
- 5311 applications for operations will be due to ODOT on November 20th.

Senior Center:

September was National Senior Center Month and this year's theme was "Empowering Connection." We hosted two special events in September.

- We held an Empowering Connections event to bring awareness to older adults in our community about all the Lebanon Senior Center has to offer and help connect seniors to eighteen area agencies that can play a vital role in their quality of life. Dorrie Board,

a Gerontology Advocate, spoke about the significant impact maintaining connects can have on our overall well-being as we age.

- We also held our annual Fall Prevention event, which is a co-hosted program with COMP-NW Physical Therapy school. Twenty students and faculty came to provide education on the physical health aspects of preventing falls, fall recovery options and assistance devices and when/how they should be used. Students also provided 18 individual fall assessments, took blood pressures, and provided assistance on adjusting height on the assistance devices of some seniors present so that they would be better supportive. Center staff presented on the free exercise options at the Center and how exercise plays a role in prevention. We also provided information about six aspects of life that can be adjusted and monitored to greatly reduce fall risk. Falls have such a huge impact on our aging community members. Our goal in sharing this information is to help our older community members reduce or eliminate falls by controlling the variables that they can.

The Crochet for a Cause project went really well! Participants are wrapping up some blankets and we will be donating at least 17 lap blankets to the infusion center at Lebanon Community Hospital at the end of the month. We are very proud of this group and it has been enjoyable to see all the colorful yarn and smiles grace our library area on Tuesday afternoons. As we hoped, this has rekindled an interest in some to continue gathering at the Center to socialize and share their interest. One of the seniors has offered to take over hosting the once a week gathering.