

CITY OF LAKE WORTH BEACH

PROCLAMATION

- WHEREAS,** May 2026 Mental Health America founded Mental Health Awareness Month in 1949 and has led the effort every May to promote mental wellness nationwide; and
- WHEREAS,** This year's theme — **“More Good Days, Together”** — encourages us all to reflect on what a “good” day looks like, both for ourselves, and for our communities. Together, we can use that insight to connect people to the right support at the right time, and shape advocacy, education, and community engagement to make more good days possible for all; and
- WHEREAS,** Community understanding and available supports and services can greatly impact a person's ability to handle their stress and struggle and move forward; and
- WHEREAS,** Promoting mental health and wellness lead to higher overall productivity, better educational outcomes, lower crime rates, stronger economies, lower health care costs, improved family life, improved quality of life and increased lifespan; and
- WHEREAS,** Each business, school, government agency, healthcare provider, faith-based organization, non-profit agency and citizen shares accountability for the community's mental health needs and has a responsibility to promote mental wellness and support prevention efforts; and
- WHEREAS,** The City of Lake Worth Beach, recognizes the impact of awareness and education, access to services and acceptance of the importance of mental health and well-being to a person's overall success and supports the implementation of trauma informed approaches throughout the systems of care.

NOW, THEREFORE, I, Betty Resch, Mayor of the City of Lake Worth Beach, Florida, by virtue of the authority vested in me and on behalf of the City Commission, do hereby proclaim:

MAY 2026

as

MENTAL HEALTH AWARENESS AND TRAUMA INFORMED CARE MONTH

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Lake Worth Beach, Florida, to be affixed this 5th day of May 2026.

Betty Resch, Mayor

ATTEST:

Melissa Ann Coyne, MMC, City Clerk