



Update on the South Bryant Fitness Equipment Concept



South Bryant Park Fitness Background

1. Approved FY26 Capital Improvement Project
2. Presented this design concept to South Bryant Park Neighborhood Association in December 2025

Current conditions

Fig 3.1 Current condition of shade covering



Fig 3.2 Corrosion of shade covering



Deterioration of current equipment

Fig 4.1 Corrosion of piece number 1



Fig 4.2 Corrosion of piece number 2





New Equipment Concept

Figure 5.1 National Fitness Campaign Fitness Court





NFC Fitness Court Elements & Highlights

Figure 6.1 National Fitness Campaign Fitness Court

- **7-Minute 7-Zone Full Body Workout System**
- **Built for all climates via high quality durable material**
- **700+ Fitness Courts Nationwide (30 in Florida)**
- **Designed for multigenerational use 14+**
- **Free Video Library with dozens of workouts and hundreds of exercises**
- **Senior Specific Programming Available**
- **ADA Accessible**





NFC Local Artist Program

Figure 7.1 National Fitness Campaign Fitness Court Art

- Support a local artist to design a one-of-a-kind work of art
- Aesthetically pleasing community centric design
- *Artist to be identified at upcoming Lake Worth Beach Street Painting Festival*
- Grant Funding Provided to Artist through NFC Local Artist Program
- Call for Artist & Best Practice Toolkit supported by NFC
- Artwork digitized and installed on Fitness Court through expert installers

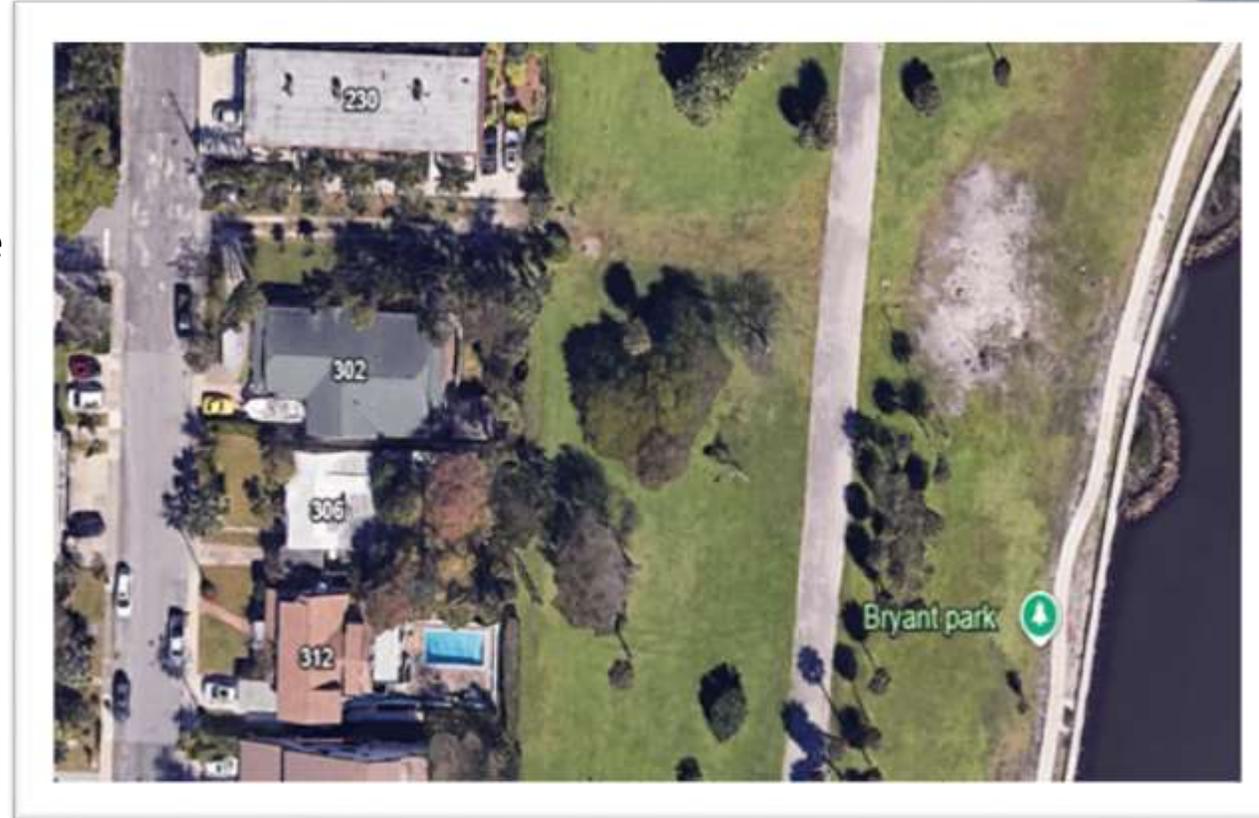




Proposed Location

Figure 8.1 Overhead of S Bryant Park

- Open area just North of current fitness area
- Direct access from 3rd Ave south & Lakeside
- Can adjust exact placement and angle of orientation (open side towards intracoastal)
- Can work with NEST for Phase 3 shade tree canopy





Fitness Court Shade-Options in Future CIP

Figure 9.1 National Fitness Campaign Fitness Court

- **\$68,500 option to include a Shade Structure**
- **Provide protection from UV rays and increase usage in daytime hours**
- **Protects equipment from Florida sun**
- **Wind Rating up to 115 mph, ability to increase to 145 mph+ through an optional oceanfront package**





Comments and Questions