



Tropical Ridge Fitness Park

CDBG Improvement Concept
Palm Beach County
Housing and Economic
Development
Grant #R2025 – 1485
Awarded \$311,618

Open Space and Recreation Master Plan

CH. 2. EXISTING CONDITIONS

Amenities Rating

The following tables indicate that **Tropical Ridge Fitness Park's** existing conditions are overall **fair**, and the priority level is **medium**.

EXISTING FACILITIES	CONDITION			COMMENTS
	1	2	3	
Outdoor Gym Area		●		Rusted equipment and some machines are broken. Most are generally functional
Playground			●	
Sidewalk/Walkways			●	
Benches			●	
Bike Rack		●		
Trash/Recycling			●	

Note: 1 Poor; 2 Fair; 3 Excellent



Facility Name: Tropical Ridge Fitness Park

Address: 211 N H St

Map Location: 22

TYPE	ACREAGE	AMENITIES
Passive Neighborhood Facility	0.23 acres per Palm Beach County Property Appraiser	Outdoor gym area, playground, sidewalks, benches, bike rack





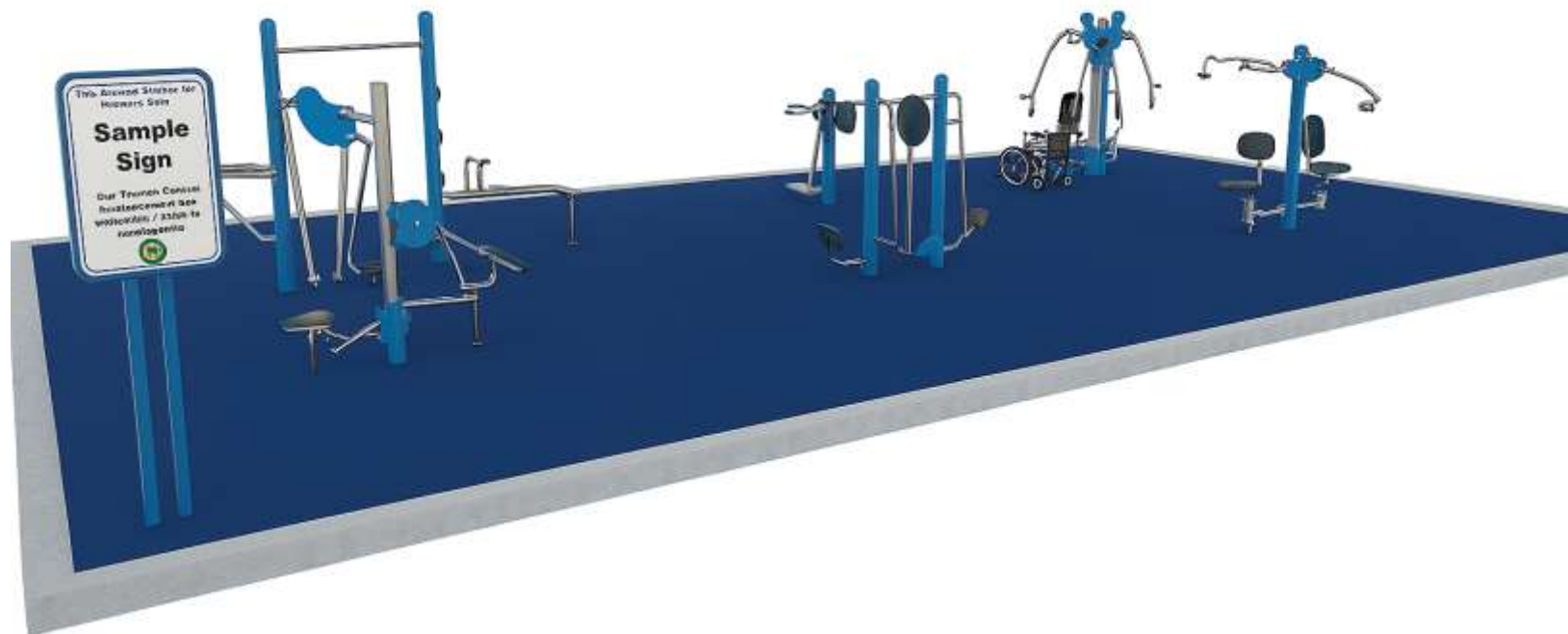
Current fitness equipment conditions





Proposed type of fitness equipment and safety surfacing

- 6 new pieces of multi-use exercise equipment, including one accessible unit
- Can accommodate 14 users simultaneously
- Installation of 1100 square feet of pour in place (PIP) area that is shock-absorbing rubber safety surfacing
- The equipment features durable, weather-resistant materials, contemporary designs, and accessible configurations that accommodate users of varying fitness levels and





New proposed type of equipment



2-Person Accessible Chest Press



2-Person Combo Lat-Pull & Vertical Press



2-Person Leg Press



New proposed type of equipment



4-Person
Pendulum/abs/dip



2-Person Back & Arms
Combo



2-Person Static combo
Bench & pull-up bar



Current 5-12 playground equipment





New proposed 2-5 & 2-12 type of play structures



New proposed 2-5 & 2-12 type of play structures





Proposed Expression Swing or equivalent

Face-to-face design: Allows adults and children or siblings to look right into each other's eyes while moving.

Emotional attunement: Shared eye contact during movement helps build strong emotional connections and social skills.

All ages play: Lets parents or older kids swing directly with younger children instead of just watching from the sidelines





New black vinyl chain link fence
will separate fitness zone from
playground area





Planter boxes to be removed and
secondary park entryway sidewalk
to the play area added





Park signage will be updated





Replace two old benches with three new benches



Current
benches



New proposed recycled plastic
benches



Two new recycled plastic picnic tables to be added near the playground area



Improved
Landscapin
g
throughout
the park





Old bike rack to be replaced





Basic scope of the project

- Remove all existing playground equipment.
- Remove all existing fitness equipment.
- Remove existing 35 x 40 concrete pad
- Remove damaged or outdated site amenities (benches, signage, bike rack, wooden planters).
- Install 6 new pieces of modern fitness equipment
- Install new 2-5 and 2-12 playgrounds
- Install new pour in place rubber surfacing and engineered wood fiber mulch for safety and appearance
- Install new fencing, signage and secondary walkway for direct access to play area
- Install new benches, picnic tables and bike rack
- Install improved landscape features