

The Barracks Legend Foundation

Presentation to the City of Lake Worth Beach

From Isolation to Restoration



44

Veterans a day take their lives

- Operation Deep Dive™ studied five years of death records from former service members across eight states, including Florida.
- State records misclassified former service member deaths at a combined error rate of 25%, showing significant undercounting.
- The study included “self-injury mortality”—such as overdose and undetermined deaths connected to self-harm—which traditional suicide statistics often exclude.
- The findings suggest the true rate of former service member suicide and self-injury deaths is substantially higher than commonly reported, reinforcing the need for stronger prevention efforts.

ISOLATION

DISCONNECTION

LOSS OF PURPOSE

OUR SOLUTION

We create reasons to show up.

The event is the invitation. Connection is the outcome.

CAMARADERIE

→ Fishing
Sports

ADVENTURE

→ Comedy
Fitness

WELLNESS

→ Outdoor experiences
Family events
Wellness

FAMILY

→ Shark Dives

PURPOSE

→



Build the community veterans mission.

MISSION

Consistently host electrifying experiences that take veterans from isolation to restoration, improving mental health and preventing veteran suicide.

VISION

Create a consistent network of experiences that supports veterans, builds connection and drives tangible outcomes — not just awareness.



THE IMPACT

200+

EVENTS SINCE MAY 2023

VOLUNTEER-LED

Built through local businesses, sponsors,
veteran organizations and community partners.

2025 Nonprofit of the Year — Health & Wellness



THE OPPORTUNITY

LAKE WORTH BEACH

✕ BARRACKS LEGEND FOUNDATION



Create veteran experiences in Lake Worth Beach.

Connect local veterans to one another.

Engage businesses, first responders and community partners.

**BRING VETERANS TOGETHER.
BUILD COMMUNITY.
SAVE LIVES.**

Sometimes changing a life begins with an invitation.