



Town of Lake Park

Request for Proposals RFP #114-2026

Reshaping of Existing Fitness Trail
Cutting, Excavating, Grading & Mulching
Fitness Trail at Kelsey Park
701 Lake Shore Drive

Invitation

The Town of Lake Park is requesting written quotes from qualified contractors to provide all labor, supervision, materials, equipment, tools, permits, transportation, traffic control, and incidentals necessary to reshape and widen the existing Fitness Trail Walk Path and to construct the new exercise equipment clear use zone areas along the trail.

Project Summary

The Town will be removing the existing Fitness Trail Exercise Equipment and replacing with new. Along with the new equipment installation, the existing trail pathway shall be re-worked to provide a uniform width and depth and to expand or create clear use zone around the new equipment as required.

Scope of Work

The selected contractor shall furnish all labor, supervision, equipment, transportation, and related services necessary to complete the work, including, but not limited to, the following:

A. Pre-Work Investigation and Coordination

- Visit the site and verify all field conditions, dimensions, access requirements, and transport feasibility before submitting a quote.
- Coordinate with Town staff regarding work schedule, site access, and utility disconnection procedures.
- Verify all conditions affecting the cutting and removal of the existing pathway cuttings. Town will direct as to whether the cuttings are to be used on-site or need to be hauled off site.
- Coordinate all required utility locations, including Sunshine 811 or equivalent, as applicable.
- Town's irrigation supervisor will mark existing irrigation sprinkler heads. Contractor to use precaution when encountering underground irrigation piping.

B. Reshaping of Existing Fitness Pathway

- Contractor shall reshape existing fitness trail to 5'-0" in width. (the typical width of a skid-steer / bob-cat grader bucket.)
- Reshaping will include cutting and removing of existing sod / fill / mulch as required to achieve a uniform 5' width and a uniform depth. (required depth shall be to the bottom of the sod to be removed).

- Contractor shall also cut and remove existing sod / fill / mulch as required to cut and shape the new equipment clear use zone. The equipment use zone for each equipment type is as follows:
 - Roman Chair Squat: 7' 8" x 10' 6"
 - Push Up Combination Station: 10' 11" x 12' 4"
 - Overhead Ladder: 17' 1" x 9' 6"
 - Combination Fitness Hub: 21' 4" x 22' 4"
 - Captain's Chair: 10' 7" x 8' 6"
 - Step Up Station: 13' 2" x 11' 7"
 - Sit Up Station: 13' 10" x 8' 8"
 - Knee Lift Station: 7' 7" x 12' 7"
 - Horizontal Chin Up Station: 9' 10" x 14' 1"
 - Assisted Functional Trainer: 10' 11" x 15' 3"
 - Skill Trainer: 13' 8" x 13' 3"
- See Equipment Station Layout Diagram for location of each of the stations and for coordination of the shaping of the equipment use zone.
- Perform all work during approved work hours and in accordance with any required maintenance-of-traffic requirements. Typical Work Hours are 7:00 am to 5:00 pm. No Sunday Work.

C. Mulch Work

Contractor shall provide labor and equipment to place new mulch, along the new cut and shaped Fitness Trail. Mulch shall be uniformly placed and graded the full 5' width and a 4" thickness minimum on trail and 6" thickness at fitness work-out stations.

Certified Playground Mulch shall be provided by the Town (estimated at 75 cy)

D. Distribution of Cutting Spoilage

- Contractor to distribute soil spoilage in low areas along sea-wall just west of the Fitness Trail.
- Soil spoilage should only consist of excavated grass fragments, skimmed dirt and skimmed mulch/chips.
- Soil spoilage to be placed and hand-graded to provide an evenly distribution in the selected areas.
- Contractor shall remove any rocks or other debris from the soil spoilage during grading operations.

E. Site Restoration at Original Location

- Remove debris and leave the original site safe, clean, and orderly condition.
- Restore any damage caused by the contractor's operations; including damage to the contractor's staging area and overall work area.
- Provide temporary barriers, hazard protection, and site security, as required.

F. Site and Pedestrian Protections

The contractor shall take all precautions to protect the site and pedestrians that might be in the park area. The Fitness Trail will be closed during these reshaping operations.

G. Contractor Responsibilities

The selected contractor shall be responsible for all means, methods, techniques, sequencing, and safety associated with the work, including the following:

H. Insurance and Licensing

The contractor shall comply with the Town's standard insurance and licensing requirements applicable to this type of work. Proof of insurance and applicable licenses shall be submitted with the quote or before award, as required by the Town.

I. Quote Requirements

Contractors shall submit a complete written price proposal to include the following:

- Price Proposal shall include a Lump Sum Price for the complete project scope of work
- Proposal shall include an estimated number of days to complete the work.
- The proposal shall include a statement confirming that the contractor has visited the site and verified conditions.
- Direct any questions to the Public Works Project Manager.
- Contact Public Works to arrange a site visit with the Town's Project Manager
- Project Manager:

John Wille

561-881-3345

jwille@lakeparkflorida.gov

Town of Lake Park Public Works

640 Old Dixie Highway

J. RFP Documents:

- Request for Proposals RP #114-2026
- Equipment Stations Layout Diagram
- Survey showing included Fitness Trail

Right to Reject

The Town of Lake Park reserves the right to accept or reject any or all quotes received in response to this Request for Quotes, cancel or revise this Request for Quotes at any time before award, and negotiate final terms, including pricing, quantities, and project phasing.

Submission Deadline

All submissions must be received by:
Friday, April 24, 2026, at 2:00 P.M.

Submission Delivery

Email: townclerk@lakeparkflorida.gov
Or by mail or in person to:

Town Clerk
Town of Lake Park
535 Park Avenue
Lake Park, FL 33403

Please clearly label all submissions:

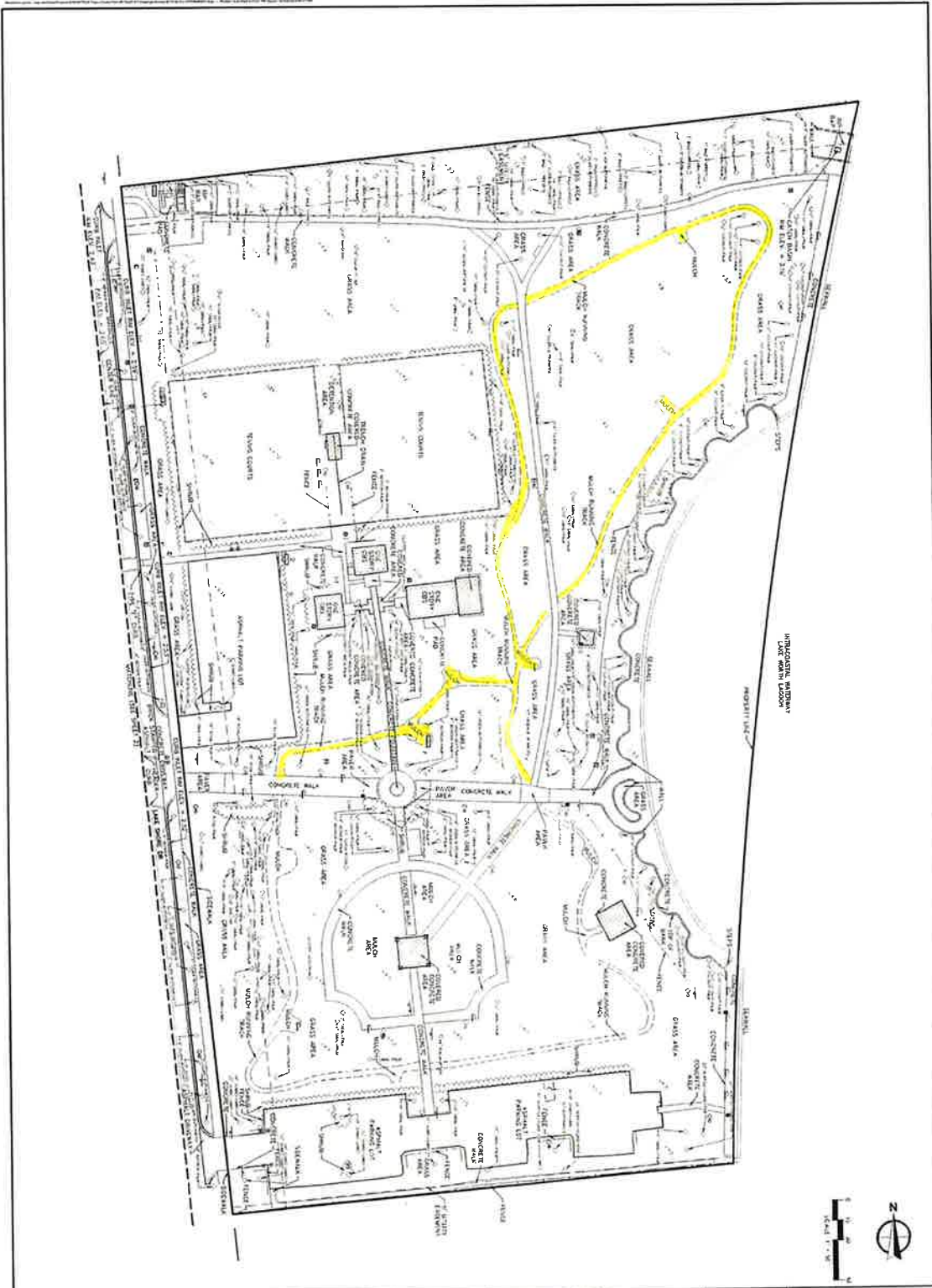
“RFP 114-2026, Kelsey Park Fitness Trail Reshaping”

Contact: Town Clerk’s Office

561- 881- 3311

townclerk@lakeparkflorida.gov

Vivian Mendez, Town Clerk, or Laura Weidgans, Deputy Town Clerk



SHEET: 3	TOPOGRAPHIC & BOUNDARY SURVEY KELSEY PARK SECTION 21, TOWNSHIP 42 SOUTH, RANGE 43 EAST PALM BEACH COUNTY, FLORIDA	DATE: 07/18/18 DRAWN BY: JLT CHECKED BY: JLT SCALE: 2000:1	 2305 State Parkway, West Palm Beach, FL 33411 Phone No. 561.868.2324 www.wgl.com Fax No. 561.868.7000
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1. Skill Trainer

2. Knee Lift Station

3. Step Up Station

4. Sit-up Station

5. Push-up hi/lo

6. Captains Chair

7. Assisted Functional Trainer

8. Fitness Overhead Ladder

9. Roman Chair Squat

10. Chin-up Station

11. Combo Fitness Hub