

Parks and Recreation Flag Football League

the city of kingsport



Parks and Recreation Flag Football



PURPOSE

Introduce flag football to both boys and girls in a safe environment that teaches kids the “**Fun**”-damentals of the sport while also promoting physical activity.

- Offer to children 5-12 yrs. old with the opportunity to add more ages
- Work with KCS and Tribe Football to build up local Football Programs
- Collaborate and Partner with other youth organizations such as the Kingsport Boys and Girls Club to get as many youth involved and interested in the sport.
- Work to minimize barriers to participation

“The popularity of flag football – for boys and girls – has been growing at the youth levels for the past 10 years. In 2023, about 500,000 girls ages 6 to 17 played flag football—a 63% increase since 2019. At a higher level of competition, more universities are beginning to offer flag football for girls, which will certainly enhance the appeal for girls playing the sport at the high school level. And internationally, the sport received a huge boost with the addition of flag football as an Olympic sport for men and women at the 2028 Olympics in Los Angeles. -NFHS Flag Football Committee

Parks and Recreation Flag Football



1. Would you be interested if Kingsport Parks and Recreations offered a boys, girls, or coed flag football league for ages 5-13?

Yes	97.7 %	126
No	2.3 %	3

Responded: 129

2. What would be the best times to offer this leagues practices/games?

Weekdays After school (4-6 PM)	20.2 %	26
Weekdays After Work (6-8 PM)	60.5 %	78
Saturdays	17.1 %	22
Sundays	2.3 %	3

Responded: 129

3. Would you be willing to volunteer as a coach ?

Yes	30.2 %	39
No	69.8 %	90

Responded: 129

4. What time of year would work best for your child to participate in a flag football league?

Fall	64.3 %	83
Spring	20.9 %	27
Summer	14.7 %	19

Responded: 129

Parks and Recreation Flag Football



What Will Be Offered

- Co-Ed 5yrs. to 12 yrs. old
- Registration Mid-June to Mid July
- Evaluations Mid-July
- 2 weeks of practice (End of July first of August)
- 6 to 8 total games (based on numbers) Includes tournament (Mid August)
- Cost \$60 total: \$30 for NFL Flag uniform and flag belt, \$30 for registration

Parks and Recreation Flag Football



Opportunities:

- Work with community partners/Boys and Girls Club to supplement Fall league through them offering Spring
 - After school Skills & Drills sessions / Camps/ Support Clinics
 - Use of Facility
 - Pick Up Play/Scrimmages/Future Expansion of League
- Kingsport City Schools to promote programs through
 - Incorporation into P.E. Classes / Afterschool / Demos
 - Support sport for female athletes and feeder potential if offered at Middle & High School Level
 - Use of Facilities
- Work with Tribe Football & LVPWF to grow interest in football
 - Serve as a safe and fun introduction to football
 - Promote play opportunities for tackle
- Work with local colleges with established Flag Football Programs to provide camps, clinics, and support.
 - King University and Milligan University have already expressed interest in helping

Parks and Recreation Flag Football



LET'S DO THIS TOGETHER!

