

Trail/Road Guide Key

Trail/ Road Name and Abbreviation	Bike* Route	Miles 44.25 Total
▲ AZ Azalea Trail	yes	1.4
◆ BH Back Hollow Road	yes	2.0
◇ BOT Barred Owl Trail	no	0.05
▲ BMR Bays Mountain Road	yes	2.1
▲ BRR Bays Ridge Road	yes	1.4
◆ BRT Bays Ridge Trail	yes	2.6
◆ BET Bear Run Trail	yes	0.5
◆ BO Big Oak Trail	yes	1.0
◆ CK Cherry Knobs (West)	yes	0.6
◆ CK Cherry Knobs (East)	no	0.7
◆ Chs Chesnut Trail	yes	1.7
◆ Chn Chinquapin Trail	yes	1.85
◆ CF Cliffside Trail	no	0.5
◆ CR Cross Ridges Trail	yes	1.1
◆ DB Dolan Branch Trail	no	0.7
◆ FT Fire Tower Trail	no	0.87
○ FP Food Plot Road	no	0.2
◆ FH Front Hollow Road	yes	1.8
○ HM Hemlock Trail	no	0.1
○ HO Holly Loop	no	0.4
◆ IP Indian Pipes Trail	yes	2.0
◆ JR Jones Road	yes	0.3
◆ KH Kiner Hollow Road	yes	1.6
◆ LK Lake Road	yes	4.4
◆ LS Lakeside Trail	no	2.45
◆ LR Laurel Run Trail	yes	2.0
◆ MD Moonshiners' Delight	yes	4.2
○ OR Orchid Trail	yes	0.4
○ PN Pine Trail	yes	0.1
◆ PR Pretty Ridge Trail	yes	1.9
◆ RM River Mountain Road	yes	3.2
○ SG Sweet Gum Trail	no	150 feet
○ TO Towhee Trail	no	0.1

Color Key

- Black = hiking only
- Red = bike & hike
- Dashed = retired trail
- Gray = not part of Park's trail system.
- FP Food plot
- Overlook

Junction & distance between two icons, Examples, Dam is 0.1 mile & Cliffside Trail is 0.5 mile. elev. = elevation in feet at junction or icon & serves as relative guide.



Laurel Run Park



853 Bays Mountain Park Road
Kingsport, TN 37660
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(423) 229-9447

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Trail Post marks transition from open trail to woodland trail down mountain to Pretty Ridge.

Kiner Hollow

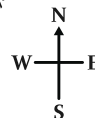
Pretty Ridge

Cherry Knobs

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Towers
36°31.610 N elev. 2250'
82°35.240 W



Trail Time & Distance Key (Round Trip)

Trail	Time (Hours)	Miles
Floating Bridge	1	1.0
Fire Tower	2.5-3	4.0
Laurel Run	8-9	12.0
Feagins Gap	3	4.0
Lakeside Trail	1.5	2.45
Towers	2.5-3	4.0

Trail Difficulty Key

Rating	Color	Symbol
Easy	White	○
Moderate	Blue	■
Advanced	Purple	▲
Expert	Red	◆

WHEN HIKING AT BAYS MOUNTAIN PARK

- Plan ahead: Know your terrain. If you have questions talk to a park naturalist.
- ALWAYS** be certain your hike will allow you to finish before the park closes and before dark. See hiking table for times and distances. (Note park closing times on reverse side)
- ALWAYS** take this map with you. Even the most experienced hikers can lose sense of direction and location.
- Hike with a partner if possible. This can help ensure safety and could also enhance the experience. **IF YOU DO GET LOST, DO NOT SPLIT UP. STAY TOGETHER.**
- Take a cell phone in case of emergency. **IF YOU DO GET LOST**, call the Nature Center immediately at (423) 229-9447.
- Know the environment you are going into. You will be entering a natural area featuring a variety of wildlife and plant species. For example, know how to recognize poison ivy.
- Take drinking water with you and stay properly hydrated.

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