



AGENDA ACTION FORM

Consideration of a Resolution to Award Piedmont Pharmaceutical Care Network the RFP and Authorizing the Mayor to Sign a Contract to Implement a Pilot Program for Weight Loss Management

To: Board of Mayor and Aldermen
From: Chris McCartt, City Manager *CM*

Action Form No.: AF-288-2024
Work Session: October 14, 2024
First Reading: N/A
Final Adoption: October 15, 2024
Staff Work By: Mike Wessely
Presentation By: Tyra Copas

Recommendation:
Approve the Resolution.

Executive Summary:
To promote and encourage employee wellness, Human Resources proposes implementing a two-year pilot program for weight loss management. The program will be open to all City of Kingsport employees with a specific emphasis placed on high-risk individuals to reduce/eliminate future diagnosis of diabetes which in turn reduces future medical claim costs.

A request for proposal was conducted, and five proposals were received. The selection committee viewed all proposals and identified Piedmont Pharmaceutical Care Network as the successful proposal.

The Piedmont Pharmaceutical Care Network program provides COK employees access to licensed pharmacists to develop individualized weight loss plans that will enable employees to make lifestyle changes at a pace that is comfortable while improving their over-all health and well-being. In addition, the program may offer limited weight loss medications for some participants for a specified period. Currently, weight loss medications are not covered under the City’s medical insurance plans.

The cost to provide the program would be up to \$250k per year, depending on the number of participants, which is already within the budget of the enterprise benefits fund. These amounts are in the current FY25 budget under accounts 615-1601-413-20-61 and account 625-1704-413-51-00.

- Attachments:**
1. Resolution
2. Piedmont Pharmaceutical Slide Deck

	Y	N	O
Baker	—	—	—
Cooper	—	—	—
Duncan	—	—	—
George	—	—	—
Mayer	—	—	—
Phillips	—	—	—
Montgomery	—	—	—