



King Senior Center



Monthly Report to Council



August 2026

King Senior Center
GET CENTERED

King Senior Center			Month-At-A-Glance
	Aug	YTD	
Unduplicated participants	369	620	39 exercise classes
New participants	22	155	27 dance classes
Avg Daily Attendance	74	70	16 cultural arts classes
Volunteers	7	21	50 games/activities
=====			16 educational classes
Senior Center Expanded Services			5 mental health programs
Exercise Classes	32		4 social activities
Dance Classes	11		1 health-focused programs
Educational	2		1 special event
			31 classes with community partners
			1 support group
July participants	77		

August Highlights

In August our Director met with the Stokes Aging and Planning Committee and the Family Caregiver Support Program team at PTRC. Projected cuts to HCCBG funding were discussed. Our Director also attended Leadership Symposium hosted by DHHS in Winston-Salem and presented at a King Chamber of Commerce's Leadership workshop and offered suggestions on how businesses can become more age-friendly. Both center programs and regular participation are very strong.

Expanded Services

Center Directors in King and Walnut Cove have mapped out Expanded Services calendars through the end of the year. We have added some new line dance classes, educational programs, and attendance at all programs is growing.

Looking Ahead

September is National Senior Center Month! We are asking our participants to complete our annual survey to give us feedback about programs and services. We will welcome the beginning of a new, monthly Healthwise program with Novant Health, host a vaccination clinic with Stokes Pharmacy, and a Falls Risk Assessment event with the PT Dept of Winston-Salem State University. We invite everyone to stop by the Center on the 23rd for a sweet treat to help us celebrate 19 years of King Senior Center!