



King Senior Center



Monthly Report to Council

April 2026



King Senior Center
GET CENTERED

King Senior Center

Month-At-A-Glance*

Unduplicated participants	298
New participants	4
Avg Daily Attendance	75
Volunteers	9

- 36 exercise classes**
- 25 dance classes**
- 17 cultural arts classes**
- 40 games/activities**
- 12 educational classes**
- 6 mental health programs**
- 3 social activities**
- 8 health-focused programs**
- 1 special events**
- 32 classes with community partners**

Senior Center Expanded Services*

Exercise Classes	34
Dance Classes	9
Cultural Arts	1

April Highlights

We are hosting an 8-week evidence-based A Matter of Balance Class with partners from DSS and Cooperative Extension. Our first Volunteer Fair was a success with 14 agencies represented and over 30 people attending. The Center submitted a proposal for HCCBG funding to the Stokes Aging Committee. The Center Director attended a Stokes Cooperative Extension Advisory Board meeting and presented to Stokes County Commissioners.

Expanded Services

In addition to regular exercise classes being provided at 5 remote sites, the Center is working in coordination with Walnut Cove Senior Center to add some additional cultural arts and educational classes.

Looking Ahead

May is Older Americans Month, a time to bring awareness to the contributions of Older Adults on our communities. Our May newsletter got a new look to make it more user-friendly. We will be hosting NC DOJ for a presentation on Scams and Fraud, the Hurricanes will be back for a Steppin' Out Dance, and Senior Tarheel Legislators will be discussing their priorities for the upcoming year and getting feedback from our older adults.