



King Senior Center



Monthly Report to Council

June 2026



King Senior Center

Unduplicated participants	378
New participants	17
Avg Daily Attendance	73
Volunteers	9

Senior Center Expanded Services*

Exercise Classes	33
Dance Classes	12
Cultural Arts	1
Health Events	2

Month-At-A-Glance*

43 exercise classes
24 dance classes
17 cultural arts classes
54 games/activities
5 educational classes
7 mental health programs
9 social activities
4 health-focused programs
2 special events
31 classes with community partners

June Highlights

The center continues to grow and has added additional activities like the Monday evening King Mah Jongg group and Yogalates on Thursdays. The Hip & Core Class will be rescheduled to August.. The NC Alzheimers Association provided a great workshop on the 29th and equipped many people with current information and resources. Our Caregiver Support Group grew and we are continuing to provide supports throughout the month. We participated in the MedAssist Event on June 27th and distributed information about senior center programs and services to the community. The Greenery is thriving and our participants are looking forward to using the produce in our Whisk Takers Cooking Class.

Expanded Services

We are continuing to partner with community agencies to plan and promote additional programs at our five remote sites.

Looking Ahead

We will be open on the evening of July 4th for a potluck and games for senior center participants. We have also been in contact with Novant Health who will be offering a monthly workshop and occasional class series that focus on health and wellness. We will also work with them in coordination health screening events as well.