



King Senior Center



Monthly Report to Council

July 2026



King Senior Center
GET CENTERED

King Senior Center (as of 7/27/26)

	Year End
Unduplicated participants	357
New participants	21
Avg Daily Attendance	70
Volunteers	7

Year End

650
196
66
29

Month-At-A-Glance

41 exercise classes
27 dance classes
20 cultural arts classes
52 games/activities
7 educational classes
5 mental health programs
5 social activities
2 health-focused programs
1 special events
31 classes with community partners
1 support group

Senior Center Expanded Services

Exercise Classes	35
Dance Classes	9
Educational	2
Games/Special	1
June participants	77

July Highlights

With the rapid growth in the number of participants, the center is challenged by space for programs. We are utilizing our sunroom and the upper level almost daily. We continue to seek community partnerships to help sponsor events or offer incentives to participate in educational programming. Over 1000 copies of our newsletter is being distributed across the county and contributing to our rise in participation. We are focusing on offering a variety of classes and programs that meet the needs of a diverse and active aging population.

Expanded Services

King Senior Center and Walnut Cove Senior Center have worked to set programs for Expanded Services through the remaining calendar year. While exercise and dance classes remain in place, special offerings are rotated among the five remote sites each month.

Looking Ahead

While we are already busy planning Senior Center Month and Falls Prevention Week in September, August also has a couple of noteworthy events happening too at KSC - Diggin-In with Cooperative Extension will help participants with their home landscape planning (we ask people to submit a picture in advance), the band Creekside returns on Saturday, August 15th, and Brad Lankford, the county Clerk of Court, will be presenting on Estate Planning on August 31st.