King Senior Center

Monthly Report to Council

October 2026

King Senior Center	Oct	YTD
Unduplicated participants	348	693
New participants	13	196
Avg Daily Attendance	70	71
Volunteers	6	21

Senior Center Expanded Services (Oct)

Exercise Classes	34
Dance Classes	12
Cultural Arts	0
Ed/Special	2
Sept participants	85

Month-At-A-Glance

- 31 exercise classes
- 29 dance classes
- 16 cultural arts classes
- 51 games/activities
- 8 educational/health classes
- 5 mental health programs
- 6 social activities
- 5 special event
- 40 classes with community partners
- 1 support group

October Highlights

King Senior Center hosted many community and state agencies as they shared vital information about services, advocacy, and healthcare including AARP, Veterans Services, PACE of the Triad, SHIIP, Seniors Helping Seniors, and Cooperative Extension. SHIIP held a Medicare 101 workshop for those about to turn 65 or recently new to Medicare and it was well-attended. Our line dancers held a Line Dance Party Fundraiser for the center which was a lot of fun. We ahve also been collecting socks to donate to the Lions Club and candy for Boo Bags delivered to Priddy Manor for Halloween.

Expanded Services

Classes at the five remote sites continue to provide access to exercise and other classes. Attendance is up and we are currenty working to schedule programming for 2027.

Looking Ahead

In November Stokes County Master Gardeners will be providing a class on winterizing gardens, Slate Funeral will be sponsoring a special Caregiver Support Group in honor of National Family Caregiver Month, PT Solutions will offer a class on fall prevention, and a ladies group from Poplar Springs Christian Church will be decorating the center for the holidays. Our participants will enjoy our annual Friendsgiving and contributing items for our fall Bake Sale to benefit the programs and activities of the center.