

HEALTHY COMMUNITIES MEETING

MONDAY, AUGUST 25
SCOUT HUT IN KERCKHOFF PARK
4TH & E STREET
6:00-7:00PM

*Join us for a discussion about our Parks and
Recreation Programs, how you can be
involved, and the state of our parks!*



OUR GUEST SPEAKERS:



JENNIFER CALDERON
Cal Fresh Healthy Living



CATLYN BLOOMER
Cal Fresh Healthy Living

**FREE & OPEN TO
THE PUBLIC**

**SNACKS & CHILD
CARE PROVIDED**

**PRESENTATION IN
ENGLISH AND SPANISH**



For more information:

CALL 559-550-0985



**Parks
Make
Life
Better!**



Labor Day Potluck

**Come together with friends, family, and neighbors for an fun-filled potluck event.
Enjoy laughter, connection, and mouthwatering dishes!**



Monday Sept. 2nd, 11am - Kerman Senior Center

Please bring a potluck side-dish
This event is for Individuals 55yrs+ & Guests
(1 potluck item per-guest please)
Call 559-846-9329 for more information

Comida compartida del Día del Trabajo

Lunes 2 de septiembre, 11am - Centro para Personas Mayores Kerman

Por favor, traiga una guarnición para compartir.
Este evento es para personas mayores de 55 años e invitados.
(Por favor, traiga una guarnición por invitado).
Llame al 559-846-9329 para obtener más información.

**KERMAN
FARMERS MARKET**

2025



WEDNESDAYS 5-8 PM

SPRING SEASON

MARCH 19

APRIL 16

MAY 21

JUNE 18

FALL SEASON

SEPTEMBER 10

OCTOBER 15

NOVEMBER 19

KERCKHOFF PARK

15061 W G STREET, KERMAN, CA 93630

Dates subject to change



@kermanfarmersmarket • sbarrett@cityofkerman.org • 559-846-9330



TAI CHI



FREE TAI CHI PROGRAM

September 16 - November 6

Tuesdays & Thursdays

9:00am-10:00am Tai Chi for Arthritis

Kearney Palms Senior Apartments

14608 W Kearney Blvd.

Open to Community Members 18yrs+

Register online: cityofkerman.net under "Recreation Activities"

Information: 559-550-0985



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City of Kerman Parks, Recreation, and Community Services



KERMAN SENIOR CENTER

Fall Yard Sale

Join us for a fantastic fall yard sale right in your community!
It's the perfect opportunity to find hidden treasures, score amazing deals, and support your senior programs.



SATURDAY, SEPT. 20TH

8:00 AM - 1:00 PM

Kerman senior center, 720 s. 8th street



We are taking DONATIONS for the
Yard Sale Monday, Sept 15th through Friday, Sept 19th
8am-4pm at the Kerman Senior Center.
Donations need to be clean and in good condition.



Call 559-550-0993 if you are interested in Volunteering,
bringing in a donation, or for more information.

VENTA DE GARAJE DE OTOÑO PARA PERSONAS MAYORES

*Sábado 30 de septiembre, de 8am a 1pm
en el Centro para personas mayores de Kerman*

*Aceptamos donaciones para la venta de garaje del lunes
15 de septiembre al viernes 19 de septiembre, de 8am a 4pm,
en el Centro para Personas Mayores Kerman.
Las donaciones deben estar limpias y en buen estado.*

*Llame al 559-550-0993 si le interesa ser voluntario,
hacer una donación o para obtener más información.*



CITY OF KERMAN PARKS, RECREATION, AND COMMUNITY SERVICES

**Parks
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Better!**



**KERMAN PARKS, RECREATION &
COMMUNITY SERVICES**



WALK WITH EASE

FREE WALKING PROGRAM

9/22/25-10/31/25

This program is for adults wanting to improve overall health and wellness.

WWE group sessions meet three times a week for 6 weeks; Mondays, Wednesdays, and Fridays 9:30-10:30am at Kearney Palms Apartments*

*Times and dates subject to Change

CAMINE CON GUSTO

PROGRAMA DE CAMINATA GRATIS

22 de Septiembre a 31 de Octubre

Este programa es para adultos que desean mejorar la salud y el bienestar general.

Las sesiones grupales de la WWE se reúnen tres veces por semana durante 6 semanas; Lunes, miércoles y viernes de 9:30am a 10:30am a Kearney Palms Apartments.

**Horas y fechas sujetas a cambios*

REGISTER/REGISTRO

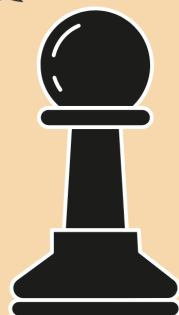
Register in person at the Kerman Senior Center or online.
www.cityofkerman.net "Recreation Activities"

559-550-0985



CITY OF Kerman PARKS, RECREATION, AND COMMUNITY SERVICES DEPARTMENT PRESENTS

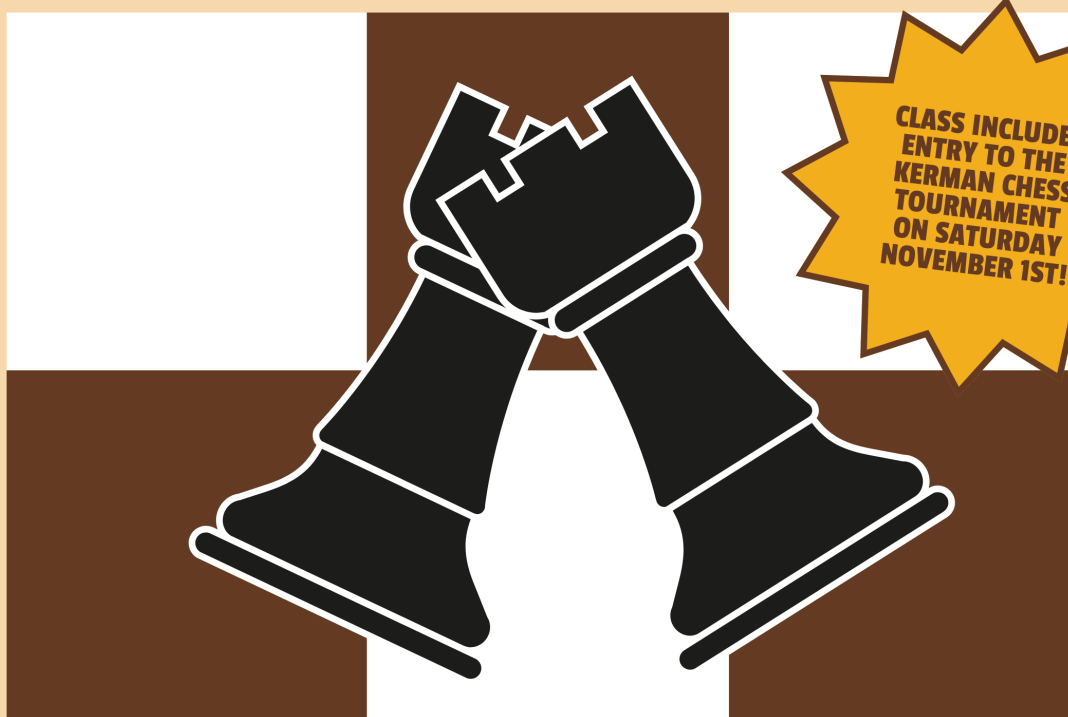
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KERMAN CHESS



SEPTEMBER 23 - NOVEMBER 1



Intermediate Chess:

Tuesdays

Kerman Senior Center

4:00-5:00PM

COST: \$35.00

Beginner Chess:

Fridays

Kerman Senior Center

3:00-4:00PM

COST: \$35.00

CLASSES ARE OPEN TO ALL AGES

MORE INFORMATION: 559-550-0985 | REGISTER ONLINE: WWW.CITYOFKERMAN.NET



CASINO Trip



SEPTEMBER 24, 2025 ♠♦♥♣

TRIP TO TABLE MOUNTAIN CASINO - SEPTEMBER 24TH
MV TRANSIT LEAVES KERMAN SENIOR CENTER (720 S. 8TH ST.)
AT 8:30AM, RETURNS APROXIMATELY 3:30PM
COST: \$7
TRIP IS FOR COMMUNITY MEMBERS 21YRS+

*Registration is required, register online at cityofkerman.net under "Recreation Activities" or in person at the Kerman Senior Center.
Call 559-550-0993 for more information*

VIAJE AL CASINO TABLE MOUNTAIN - 24 DE SEPTIEMBRE
MV TRANSIT SALE DEL CENTRO PARA PERSONAS MAYORES(720 S. 8TH ST.)
A LAS 8:30 A.M. Y REGRESA APROXIMADAMENTE A LAS 3:30 P.M.
COSTO: \$7

*Viaje para miembros de la comunidad mayores de 21 años.
Es necesario registrarse. Regístrese en línea en cityofkerman.net, en la sección "Actividades Recreativas", o en persona en el Centro para Personas Mayores de Kerman.
Para más información, llame al 559-550-0993.*



City Of Kerman Parks, Recreation & Community Services Department



CITY OF KERMAN PARKS, RECREATION AND COMMUNITY SERVICES



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YOUTH TENNIS

9AM - 5-6 YEARS

10AM - 7-9 YEARS

11AM - 10-12 YEARS

**EVERY SATURDAY FROM
SEPTEMBER 27 TO NOVEMBER 1**



**REGISTRATION
DEADLINE
SEPTEMBER 19**

KHS TENNIS COURTS
205 S FIRST STREET
KERMAN, CA

REGISTER ONLINE OR IN PERSON AT THE KERMAN COMMUNITY CENTER

CITYOFKERMAN.NET

FOR MORE INFORMATION PLEASE CALL (559) 550-0964



@KERMANPARKSANDREC

City of Kerman Parks, Recreation, & Community Services Department Proudly Presents



Christmas ^{IN} OZ

Parks
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Fall 2025 Youth Theatre Production for ages 6-18

Register now at www.cityofkerman.net

Cost \$50.00 per participant

Rehearsal Schedule: Tues/Wed/Thurs

4:00pm - 6:00pm

September 30, 2025 - November 7, 2025

Last day to register is September 26, 2025

Kerman Community Center

Performance Dates: November 8 - 9, 2025

Mandatory Parent Meeting: September 30, 2025

