



# BINGOCIZE

Free 10 Week Class that combines the fun of Bingo with the  
benefits of Exercise! Beginning January 6th  
Tuesdays & Thursdays 2-3pm at the Kerman Senior Center  
Program for individuals 55yrs+ ( friends & caregivers welcome!)



**REGISTER TODAY!**  
**SCAN THE QR CODE**  
**OR VISIT [CITYOFKERMAN.NET](http://CITYOFKERMAN.NET)**  
**UNDER SENIOR PROGRAMS**  
**OR CALL 559-550-0993**



**KERMAN PARKS, RECREATION, AND COMMUNITY SERVICES**

**Parks  
Make  
Life  
Better!**





CITY OF KERMAN PARKS, RECREATION, AND COMMUNITY SERVICE

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# WOMEN'S VOLLEYBALL

**WHO: WOMEN 18+**

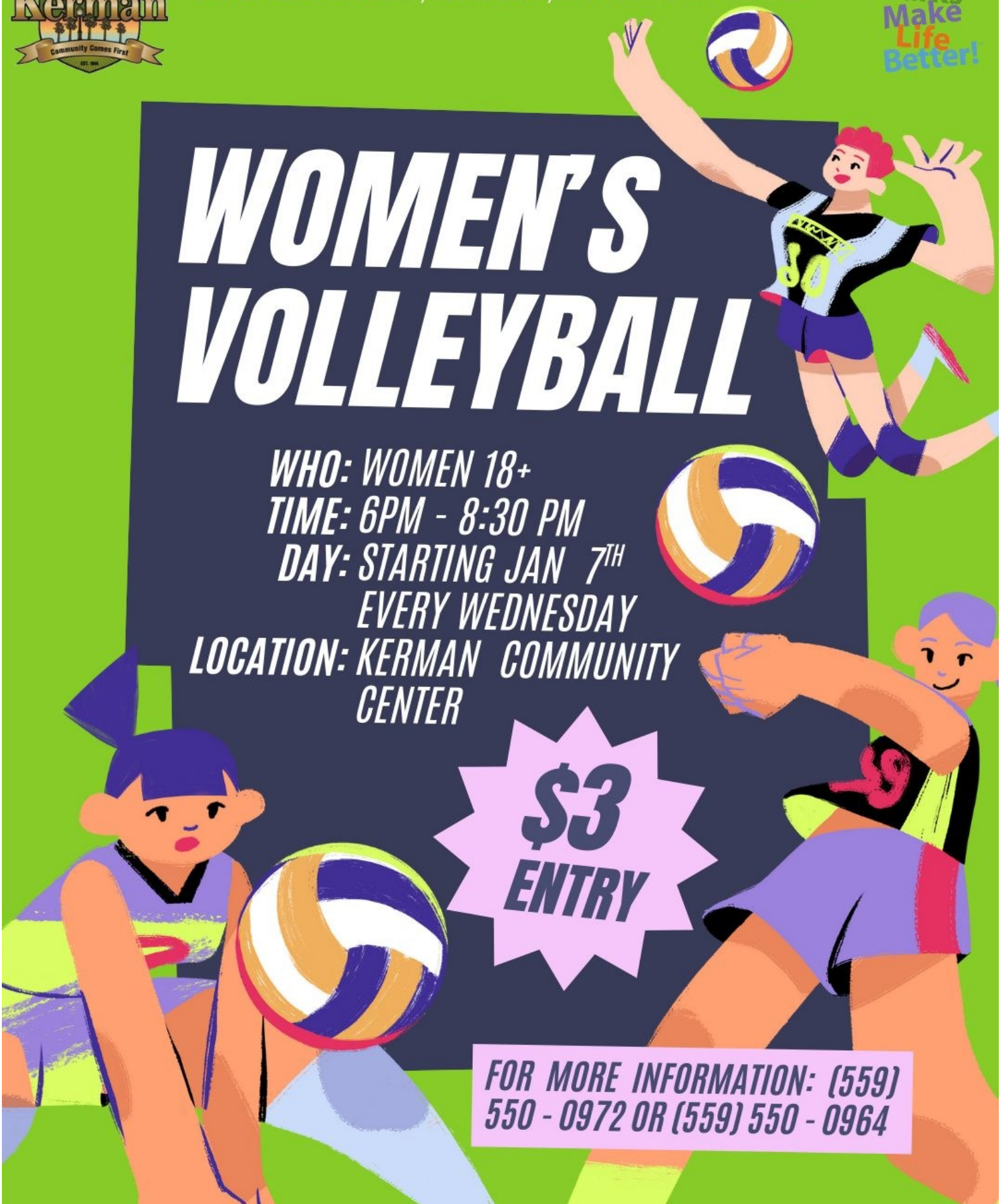
**TIME: 6PM - 8:30 PM**

**DAY: STARTING JAN 7<sup>TH</sup>  
EVERY WEDNESDAY**

**LOCATION: KERMAN COMMUNITY  
CENTER**

**\$3  
ENTRY**

**FOR MORE INFORMATION: (559)  
550 - 0972 OR (559) 550 - 0964**







# FREE TAI CHI

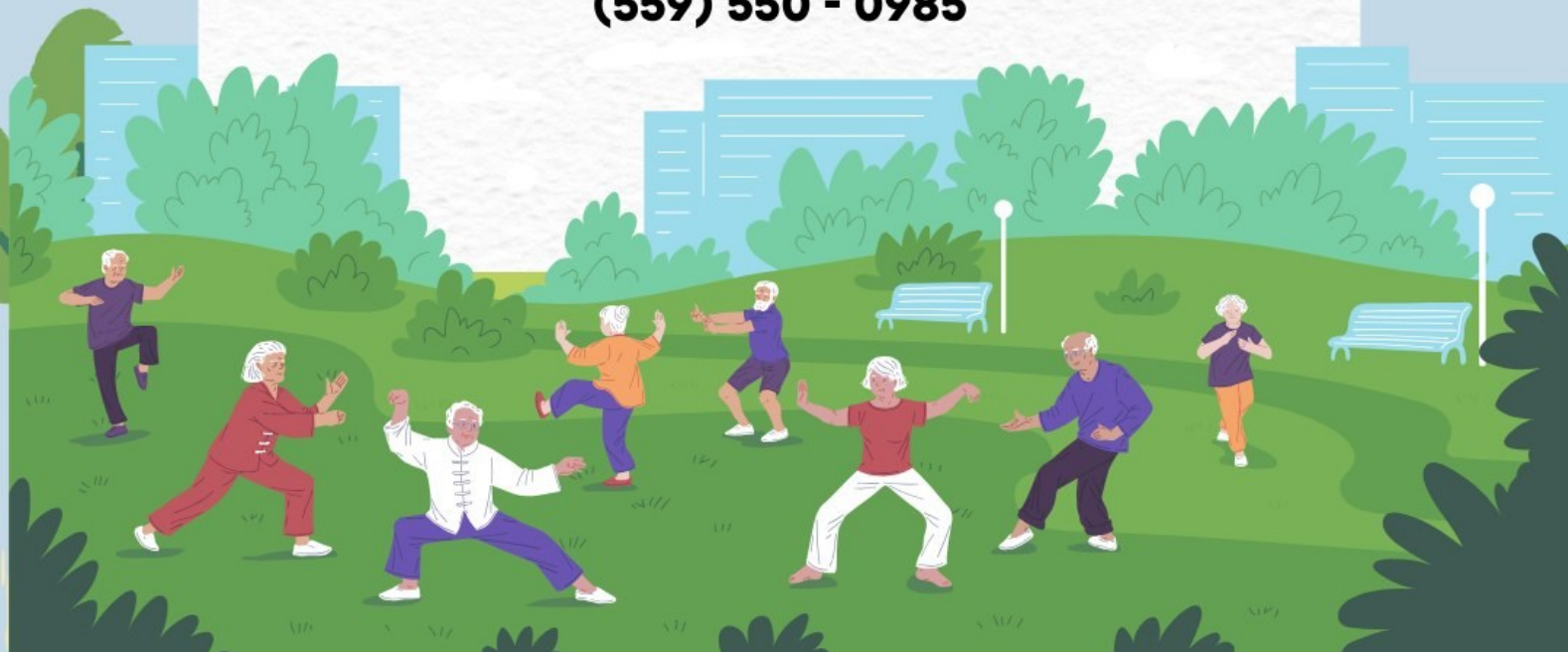
Tai Chi for Arthritis and Falls  
Prevention helps people with or without arthritis to improve balance, both mentally and physically, which helps significantly reduce the rate of falls experienced by older adults.

01/09 -  
04/24

Fri 2PM -  
3PM

Trini Rodriguez  
Park

**For more information:  
(559) 550 - 0985**





Presented by the City of Kerman Parks, Recreation, and community Services Department

PLAY TITLE TO BE ANNOUNCED



GET YOU VOCAL CORDS READY! SIGN UP FOR

# YOUTH THEATER

Register now at [www.cityofkerman.net](http://www.cityofkerman.net)

\$50 per participant

Ages 6-18 years old

Rehearsal Schedule: Tue/Wed/Thurs. 4pm-6pm

Jan 27<sup>th</sup> - Mar 11<sup>th</sup>

Performance Dates March 21<sup>st</sup> and 22<sup>nd</sup>

Mandatory Parent meeting Jan. 27<sup>th</sup>

Kerman Community Center:

15101 W Kearney Blvd. Kerman, CA 93630

For any other questions please contact [lortega@cityofkerman.org](mailto:lortega@cityofkerman.org) or 559-550-0964



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# SENIOR TRIP TO **TABLE MOUNTAIN**

*Casino Day*



JANUARY 30TH

**MY CANCELLATION POLICY**  
**KERMAN SENIOR CENTER (720 S. 8TH ST.) AT 8:30AM,**  
**RETURNS APROXIMATELY 3:30PM**  
**COST: \$7**

**TRIP IS FOR COMMUNITY MEMBERS 21YRS+**

Registration is required, register online at [cityofkerman.net](http://cityofkerman.net) under  
"Recreation Activities" or in person at the Kerman Senior Center.

Fore mor information, or for wheelchair seating accessibility  
please call 559-550-0993 prior to reserving your seat.



City Of Kerman Parks, Recreation & Community Services Department

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# 2026 Park Rx Days



1/31/26	Philip Gallegos Park
2/28/26	B Street Park
3/7/26	Soroptimist Park
4/11/26	Wooten Park
5/2/26	Kerckhoff Park
6/13/26, 6/20/26	Katey's Kid Park, KHS Pool
<b>July: Every Friday 8AM - 12PM</b>	Trini's Park
9/12/25	Katey's Park
10/10/26	Location TBD
11/7/26	Kiwanis Park
12/14/26	Kerckhoff Park Scout Hut

A referral program between City of Kerman and Valley Health Team providers to utilize recreation opportunities to improve patient health and wellness. All activities are free (or low cost), in a park, and benefit health and well-being. Please note that dates and times are subject to change.

**To participate or get involved,  
call (559) 550 - 0985**

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**KERMAN  
FARMERS MARKET**

**2026**



**WEDNESDAYS 5-8 PM**

**SPRING SEASON**

MARCH 18  
APRIL 15  
MAY 20  
JUNE 17

**FALL SEASON**

AUGUST 19  
SEPTEMBER 9  
OCTOBER 21

**KERCKHOFF PARK**

15061 W G STREET, KERMAN, CA 93630

Dates subject to change



**@kermanfarmersmarket • sbarrett@cityofkerman.org • 559-550-0985**



CITY OF KERMAN PARKS, RECREATION, AND COMMUNITY SERVICES



# OPEN CHESS

Parks  
Make  
Life  
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**\$1 SUGGESTED DONATION**



**FRIDAYS**



**4PM-6PM**



**KERMAN SENIOR  
CENTER**



**ALL AGES AND ABILITIES ARE WELCOME!  
BEGINNERS ARE TAUGHT THE BASICS OF CHESS.  
FOR MORE INFORMATION: (559) 550 - 0985**