



BINGOCIZE

Free 10 Week Class that combines the fun of Bingo with the benefits of Exercise! Beginning January 6th
Tuesdays & Thursdays 2-3pm at the Kerman Senior Center
Program for individuals 55yrs+ (friends & caregivers welcome!)



REGISTER TODAY!
SCAN THE QR CODE
OR VISIT CITYOFKERMAN.NET
UNDER SENIOR PROGRAMS
OR CALL 559-550-0993



KERMAN PARKS, RECREATION, AND COMMUNITY SERVICES

Parks
Make
Life
Better!



CITY OF KERMAN PARKS, RECREATION, AND COMMUNITY SERVICE

Parks
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WOMEN'S VOLLEYBALL

WHO: WOMEN 18+

TIME: 6PM - 8:30 PM

**DAY: STARTING JAN 7TH
EVERY WEDNESDAY**

**LOCATION: KERMAN COMMUNITY
CENTER**

**\$3
ENTRY**

**FOR MORE INFORMATION: (559)
550 - 0972 OR (559) 550 - 0964**



FREE TAI CHI

Tai Chi for Arthritis and Falls
Prevention helps people with or without arthritis to improve balance, both mentally and physically, which helps significantly reduce the rate of falls experienced by older adults.

01/09 -
04/24

Fri 2PM -
3PM

Trini Rodriguez
Park

For more information:
(559) 550 - 0985



Presented by the City of Kerman Parks, Recreation, and community Services Department

PLAY TITLE TO BE ANNOUNCED



GET YOU VOCAL CORDS READY! SIGN UP FOR

YOUTH THEATER

Register now at www.cityofkerman.net

\$50 per participant

Ages 6-18 years old

Rehearsal Schedule: Tue/Wed/Thurs. 4pm-6pm

Jan 27th - Mar 11th

Performance Dates March 21st and 22nd

Mandatory Parent meeting Jan. 27th

Kerman Community Center:

15101 W Kearney Blvd. Kerman, CA 93630

For any other questions please contact lortega@cityofkerman.org or 559-550-0964



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SENIOR TRIP TO **TABLE MOUNTAIN**

Casin Day

SOLD OUT

SOLD OUT

SOLD OUT

JANUARY 30, 2014

MT. LASSEN VOLCANIC

KERMAN SENIOR CENTER (720 S. 8TH ST.) AT 8:30AM,
RETURNS APPROXIMATELY 3:30PM

COST: \$7

TRIP IS FOR COMMUNITY MEMBERS 21YRS+

Registration is required, register online at cityofkerman.net under
“Recreation Activities” or in person at the Kerman Senior Center.

For more information, or for wheelchair seating accessibility
please call 559-550-0993 prior to reserving your seat.



City Of Kerman Parks, Recreation & Community Services Department

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2026 Park Rx Days



1/31/26 Philip Gallegos Park
2/28/26 B Street Park
3/7/26 Soroptimist Park
4/11/26 Wooten Park
5/2/26 Kerckhoff Park
6/13/26, 6/20/26 Katey's Kid Park, KHS Pool
Trini's Park
9/12/25 Katey's Park
10/10/26 Location TBD
11/7/26 Kiwanis Park
12/14/26 Kerckhoff Park Scout Hut

July: Every Friday 8AM - 12PM

A referral program between City of Kerman and Valley Health Team providers to utilize recreation opportunities to improve patient health and wellness. All activities are free (or low cost), in a park, and benefit health and well-being. Please note that dates and times are subject to change.

To participate or get involved,
call (559) 550 - 0985



**KERMAN
FARMERS MARKET 2026**



WEDNESDAYS 5-8 PM

SPRING SEASON

MARCH 18
APRIL 15
MAY 20
JUNE 17

FALL SEASON

AUGUST 19
SEPTEMBER 9
OCTOBER 21

KERCKHOFF PARK
15061 W G STREET, KERMAN, CA 93630

Dates subject to change

@kermanfarmersmarket • sbarrett@cityofkerman.org • 559-550-0985





OPEN CHESS

Parks
Make
Life
Better!TM

\$1 SUGGESTED DONATION



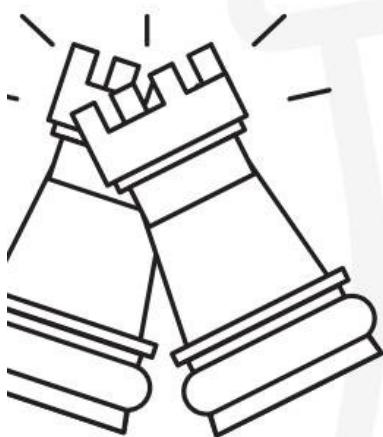
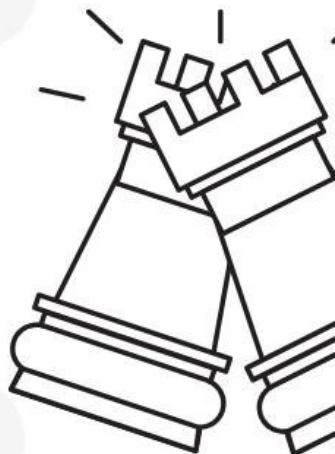
FRIDAYS



4PM-6PM



**KERMAN SENIOR
CENTER**



**ALL AGES AND ABILITIES ARE WELCOME!
BEGINNERS ARE TAUGHT THE BASICS OF CHESS.
FOR MORE INFORMATION: (559) 550 - 0985**