

AUG 20 - SEPT 26

TUESDAY & THURSDAY

2:00 - 3:00PM

Kearney Palms Apartments

14608 W Kearney Blvd Kerman, CA 93630

Ages 18 & Older

www.cityofker ha







FALL 2024 MARKET DATES:

September 11 October 16 November 20

Wednesdays 5-8PM Kerchkoff Park







SENIOR PRODUCE VOUCHERS

REGISTRATION DAY - FRIDAY, AUGUST 23RD - 12PM KERMAN SENIOR CENTER - 720 S. 8TH STREET, KERMAN

\$50 Produce Vouchers will help you purchase the best fruits and vegetables at select Farmer's Markets. To Qualify individuals must not have already received the 2024 SFMNP Benefits for the 2024 season, must be 60yrs+, and the Annual household income does not exceed 185% of the poverty level (# of individuals-annual income: 1-\$27,861, 2-\$37,814, 3-\$47,767) request chart for further explanation.

The Kerman Senior Center is planning trips to Farmer's Markets - ask how to reserve a spot on the bus!

FARMER'S MARKETS THAT ACCEPT SENIOR PRODUCE VOUCHERS:

Neighborhood Farmers Market #810

Address: 930 N Gateway Dr Madera, CA 93637 Information: Jun-Sep 4 PM-7PM; Thursdays ONLY

<u>Kaiser Permanente Fresno Medical Center</u>

Address: 7300 N. Fresno St Fresno, CA
Information: March-November 8 AM-1:30 PM; Wednesdays ONLY
December-February 9 AM-1:30 PM; Wednesdays ONLY

The Market on Kern

Address: 2325 Kern St, Fresno, CA 93721 Information: May-October 30th 10a-1p; Wednesdays ONLY





CITY OF CHANGE FOR THE COMMISSION OF THE COMMISS

Sign up for an evening visiting the River Park Farmer's Market Tuesday August 27th, Van leaves the Senior Center at 4:30pm, returns approximately 7:30pm Seating is Limited! Call 559-846-9329 for Registration Info.



CITY OF KERMAN PARKS, RECREATION, AND COMMUNITY SERVICES



Scam Awareness & Prevention Concientización y prevención de estafas

Tuesday, August 27th, 1-2:30pm, at the Kerman Senior Center Martes 27 de agosto, 1 a 2pm a las Centro para Persona Mayores

Scam/Fraud Topics that will be discussed:
Classic Scams, AI Scams, Car Scams, Social Security/Insurance Scams,
AI Scams, Online Purchase Scams, Home Improvement Scams,
Investment/Cryptocurrency Scams, Romance Scams

Temas de estafa/fraude que se discutirán:

Estafas clásicas, estafas de inteligencia artificial, estafas de automóviles, estafas de seguros/seguridad social, Estafas de IA, estafas de compras en línea, estafas de mejoras en el hogar, estafas de inversiones/criptomonedas, estafas románticas



Register for the Class by calling 559-846-9329 Registrese para la Clase llamando al 559-846-9329



Come together with friends, family, and neighbors for an fun-filled potluck event. Enjoy laughter, connection, and mouthwatering dishes!



Friday, August 30th, 11am - Kerman Senior Center

Please bring a potluck side-dish
This event is for Individuals 55yrs+ & Guests
(1 potluck item per-guest please)
Call 559-846-9329 for more information

Don't forget - After the Lunch we are holding an Ice-Cream Social to thank our First Responders - You are all invited to stay!



to our



FRIDAY, AUGUST 30TH

AT THE KERMAN SENIOR CENTER 720 S 8TH STREET

*ICE CREAM BY FRUTA FRESCA

- *FREE RAFFLE PRIZES
- *HOME-MADE ICE CREAM COMPETITION
- *OPEN TO THE KERMAN COMMUNITY
- *BRING YOUR FAVORITE ICE CREAM TOPPINGS!

TO REGISTER FOR THE COMPETITION, OR FOR MORE INFO CALL 559-846-9329

CITY OF KERMAN PARKS, RECREATION, AND COMMUNITY SERVICES







NRPA PARTNERING WITH **KERMAN PARKS, RECREATION & COMMUNITY SERVICES**

WITH EASE **CAMINE CON GUSTO**

FREE WALKING PROGRAM September 4th through October 14th

This program is for adults wanting to improve overall health and wellness. WWE group sessions meet three times a week for 6 weeks; Mondays, Wednesdays, and Fridays 9:30am-10:30am at Lion's Park.

PROGRAMA DE CAMINATA GRATIS Del 4 de septiembre al 14 de octubre Este programa es para adultos que desean mejorar la salud y el bienestar general. Las sesiones grupales de la WWE se reúnen tres veces por semana durante 6 semanas; Lunes, miércoles y viernes de 9:30 a.m. a 10:30 a.m. en el parque de los leones.

- *Times and dates subject to Change
- *Horas y fechas sujetas a cambios

REGISTER/REGISTRO







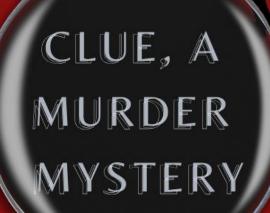
cityofkerman.net "Recreation Activities" 559-846-9330 or 559-846-9329

Ask about our "Bring-A-Friend" Quilt Competition! ¡Pregunte por nuestro concurso de colchas "Traiga a un amigo"!



CITY OF KERMAN PARKS. RECREATION AND COMMUNITY SERVICES PRESENTS









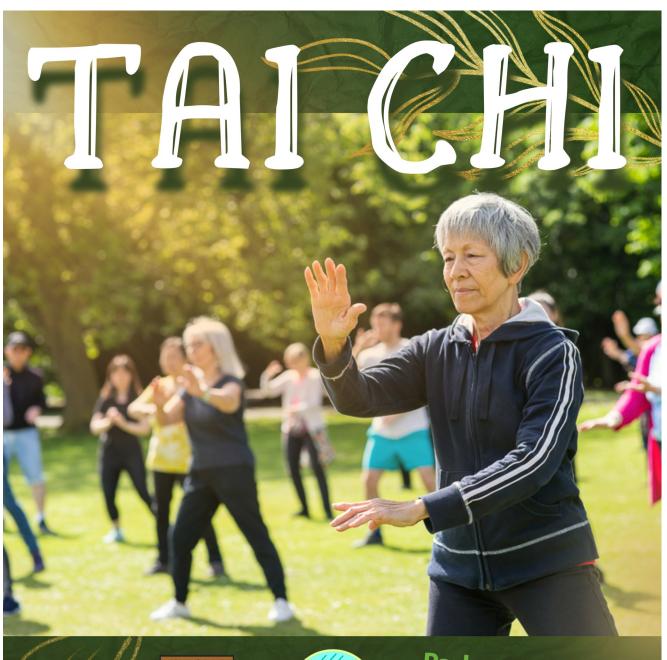
REGISTER NOW AT CITYOFKERMAN.NET OR THE KERMAN COMMUNITY CENTER FRONT DESK BY

SEPTEMBER 9, 2024 \$50 PER PARTICIPANT CAST MEMBERS 6-15 YEARS OF AGE

REHEARSALS BEGIN ON SEPTEMBER 10, 2024, AT 4PM AND WILL CONTINUE EVERY TUESDAY, WEDNESDAY, AND THURSDAY AT THE KERMAN COMMUNITY CENTER.

MANDATORY PARENT MEETING
TUESDAY, SEPTEMBER 10
PERFORMANCE DATES: OCTOBER 26 & 27

FOR MORE INFORMATION OR QUESTIONS PLEASE CALL (559) 846-9383









FREE TAI CHI PROGRAM

September 30th - November 18th Mondays (with instructor) & Wednesdays (self-led practice) 4-5pm at Kerman Community Center 15101 W. Kearney Blvd.

Open to Community Members 18yrs+
Register online: cityofkerman.net

under "Recreation Activities" or follow QR code

Information: 559-846-9330

City of Kerman Parks, Recreation, and Community Services

