

Bell Ringers



Sign-Up today to assist The Salvation Army and become a *Red Kettle Bell-Ringer*

Red Kettle season begins just after Thanksgiving, and runs through Christmas Eve. Shifts are in only 2hr increments. Comfortable seating can be provided if needed/desired. Participants will not be needing to provide anything, and will not be handling money.

Just smile and ring that bell!

The Salvation Army gives yearly donations to Kerman Senior Center Programs - let's give back and show our appreciation!

Sign-up today and a Salvation Army representative will provide you with location, time slots, and more information.

Sign-up in person at the Kerman Senior Center, or call 559-846-9329



A little bit of your time makes a BIG difference!



CITY OF KERMAN PARKS, RECREATION, AND COMMUNITY SERVICES

**Parks
Make
Life
Better!**

2024 KCSO

HOLIDAY FOOD & TOY DRIVE REGISTRATION



Begins
Monday, Nov 4
Ends
Wednesday, Nov 27



MONDAYS - THURSDAYS
12:00 PM - 3:00 PM



Kerman Senior Center
720 S. 8th Street
Kerman, CA 93630

*Must live within Kerman Unified School
District Boundaries

**Please bring: Photo ID and Paper Copies of
Proof of Kerman Address & Proof of
Income**

For more information, please call
559-846-9324



Thank you to PG&E
2024 KCSO Sponsor





Parks
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City of Kerman Parks, Recreation, and
Community Services



Christmas Luncheon

December 13th

11am-1pm, at the Kerman Community Center.
Event is for individuals 55yrs+, Their Spouses,
and/or Caregivers.

Reserve your seat by December 6

Call 559-550-0993



Almuerzo de Navidad

13 de diciembre,

11 a 1 horas

en el Centro Comunitario de Kerman.

El evento es para personas mayores de 55
años, sus cónyuges y/o cuidadores.

Reserva tu asiento antes del 6 de
diciembre. Llama al 559-550-0993

¡Nos vemos allí!

See you there!



City of Kerman Parks, Recreation and Community Services Department



**Parks
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Better!**

BREAKFAST WITH Santa

**CRAFTS AND
PHOTOS WITH
SANTA**

DECEMBER 14, 2024

**BREAKFAST
WILL BE
PROVIDED BY
GIRL SCOUTS**

**9:00 to 11:00 AM
\$10 per person**

**Holiday Vendors from
9:00 AM to 2:00 PM**

**Kerman Community Center
15101 W. Kearney Blvd.**



More information 846-9383 or hflores@cityofkerman.org

City of Kerman Parks, Recreation and Community Services Department



START SMART

★ ★ BASKETBALL ★ ★

Parks
Make
Life
Better!

Kerman Community Center
15101 W. Kearney Blvd.



JAN 7 - FEB 11 6-7PM

JAN 9 - FEB 13 6-7PM

\$50 PER PLAYER

Register Online: www.cityofkerman.net

For more information, please contact 550-0972 or
hflores@cityofkerman.org
visit our facebook page  [cityofkermanparksandrec](https://www.facebook.com/cityofkermanparksandrec)

Kerman Nutrition Classes

Join us for

Free Nutrition Classes

- Reading Food Labels
- Making Healthier Food Choices
- Being Active
- Making Small Positive Changes
- Planning Next Steps

Dates:

November 19, 2024

December 9, 2024

Time: 3:30 PM

To register contact

Jennifer Calderon:

jecalderon@fresnocountyca.gov

(559) 600-3433



Kerman Community Center

15101 W. Kearney Blvd.,
Kerman, CA 93630

November

Start Smart Basketball

For ages 3-4 years old. Registration fee is \$50. Registration will open November 4th! Practice will start in January 2025.

**VIRTUAL
RECREATION**

CITYOFKerman.NET

**WEEKLY
RECREATION**

BINGO @Senior Center
Workouts @Senior Center
Walk with Ease @ Lions Park
Tai Chi @ CTC

COMING UP

12/14 Breakfast w/ Santa

12/9 Adult Cooking Class

1/7/25 Start Smart Basketball

Farmers Market

November 20th is our last farmers market of the season. Don't forget to come by and support your local vendors!

To feature your produce or small business at our farmer markets, contact Shannon Barrett (sbarrett@cityofkerman.org).

**Adult Cooking Class**

Learn to read food labels, make healthier choices, be active, and make small positive changes. Hosted by Jennifer Calderon with CalFresh Healthy Living. Class will take place on November 19th and December 9th at the Kerman Community Center.

**CONTACT US**

Kerman Farmers Market
Kerman Wellness Hub
559.846.9330

Kerman Parks & Rec
559.846.9383

Kerman Senior Center
559.846.9329

INFORMATION

Learn more about other activities & schedules at

<https://cityofkerman.net/191/Parks-Recreation-Community-Services>

STAY CONNECTED

@kermanfarmersmarket
@kermanparksandrec
@kerman_wellness_hub
@kermanseniorcenter

Art in the Park

Every Monday from 5-6 at the Scout Hut in Kerckhoff Park!

