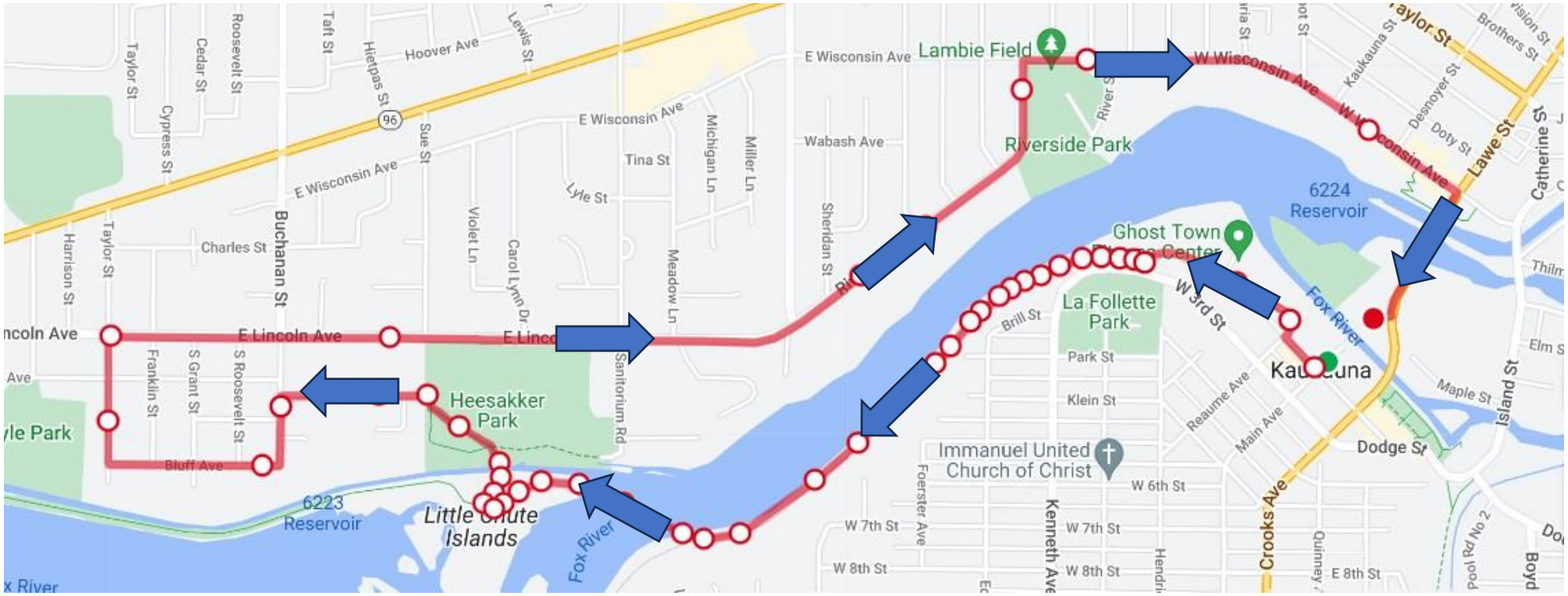Fox Heritage Run Route