

JUNEAU COMMISSION ON AGING WORKGROUP SUBCOMMITTEE MINUTES

July 09, 2024 at 3:00 PM - **DRAFT**



Zoom Webinar

<https://juneau.zoom.us/j/82442177751?pwd=Y4xxvhXb6L2fFmL2IDkWD9aTw9H1wn.1>

Or Call In: 1-253-215-8782 Meeting ID: 824 4217 7751 Passcode: 111520

Please note, this Zoom link is different from Regular JCOA meeting Zoom link

A. CALL TO ORDER/ROLL CALL

Present: Deborah Craig, Linda Kruger

Absent: None – not a required meeting

Others Present:

B. APPROVAL OF AGENDA

C. APPROVAL OF MINUTES – refer to full July 16 Meeting

1. June 18, 2024 JCOA Regular Meeting Minutes - Draft

D. AGENDA TOPICS

2. JCOA Workgroup Agenda Focus: Senior Recreation, Wellness & Social Engagement "Subcommittee" (*Linda Kruger & Emily Kane leads for this SRWSE Workgroup*)

1.) What is currently available for Seniors – have an old list of activities – about a year old – but can bring revisit that list – should have website links for all the activities so that the information is current and live.

2.) Making recommendations for activities, workshops, etc. to Parks & Recreation with an eye to utilizing space at Marie Drake. Emily and Linda met for gym, classroom, weekly and monthly activities and kinds of things we could do sporadically. Now waiting to see what happens with Marie Drake and let Parks and Recreation determine how we could provide input for seniors with the gym and classrooms. Deb did a follow up email with CBJ regarding the process and the need for more proposals from Childcare. Linda does not think the Childcare facility is now a priority. Discussed the ongoing schedule of determining use of Marie Drake. Will follow up with George Schaaf when he is back in town on the 16th.

3.) Discussion of a new member that might be engaged in Recreation. Pam Garcia is a yoga instructor in town who has interest in in geriatric yoga and might be pursued as a member of the JCOA.

4.) Idea of having face page on our website as a link to another page that contains all of the senior activities.

E. NEXT MEETING DATES

JCOA Workgroup (Recreation & Wellness Focus) Subcommittee Meeting - July 9, 2024 at 3pm via Zoom

JCOA Regular Commission Meeting - July 16, 2024 at 3pm via Zoom

JCOA Workgroup Subcommittee Meeting - July 23, 2024 at 3pm via Zoom

F. SUPPLEMENTAL MATERIALS

G. ADJOURNMENT

There being no further business to come before the commission, meeting adjourned at 3:17 p.m.