



JUNEAU COMMISSION ON AGING MINUTES

July 16, 2024 at 3:00 PM

Zoom Webinar

<https://juneau.zoom.us/j/81491760970?pwd=bkFwWk42Mllmazl0aFdMS3ArTG5qZz09>

Or Call In: 1-253-215-8782 Meeting ID: 814 9176 0970 Passcode: 858248

A. CALL TO ORDER/ROLL CALL – Meeting was called to order at 3:01PM

Present: Deborah Craig, Carol Ende, Jennifer Garrison, Linda Kruger (joined late)

Absent: Ann Stepetin, Kimberly Atkinson, Jennifer Carson

Others Present:

B. APPROVAL OF AGENDA – Chair requested addition of agenda item regarding recruitment. Moved and Approved (note: quorum requirement was noted as not met after the meeting). Note that there was a request to invite Tonya Muldoon from SREC but she was not available.

C. APPROVAL OF MINUTES – Moved and Approved (note: quorum requirement was noted as not met after the meeting)

1. June 2024 Juneau Commission on Aging Minutes

D. PUBLIC PARTICIPATION ON NON-AGENDA ITEMS – No Public Members Attending

E. AGENDA TOPICS

2. Recruitment for JCOA – Nine Seats with two available – Chair Craig invited Claire Richardson (former director of communications for Tony Knowles and now with Hospice and Home Care), reached out to Lynda Giguere (media background), to join the JCOA and she has declined but offered to assist with media and outreach. We have reached out to SAIL and the ADRC with regard to saving a seat for the ADRC on the JCOA. We agreed that Chair Craig would reach out to Kathleen Samalon again with regard to housing. We have two focus areas: recreation and housing – these would be areas in which we should focus our recruitment of new members. Carol Ende encouraged outreach to Ms. Samalon and Chair Craig concurred as we need her expertise. Carol also encouraged planning and building representation as this is such a significant area of our priorities but does not know anyone in those systems. Carol indicated the Recreation piece seems to be coming along and is more visible. Also we want to ensure we have our brochures available for people who are interested in our priorities – for example, the builders behind Fred Meyers are open to input and we should have our brochures available to them to give them our input on Universal Housing. Chair Craig offered to reach out to appropriate possible candidates for JCOA. Carol suggested a Builder/Contractor. Also, maybe a CBJ person could be a liaison. Discussed Paul Voelckers (architect) was responsible for a multiunit complex for seniors with Universal Housing concepts included – age friendly. Chair Craig offered to talk to Paul Voelckers to at least provide a presentation to JCOA even if not interested in joining the Commission. Carol Ende also suggested we reach out to Claire Richardson again in the same vein (presentation). Carol then suggested once the Brochure is completed, we should be making presentations to the Rotary, Chambers of Commerce.

Chair Craig also commented on the tremendous support we get from CBJ for the WEBSITE.

3. JCOA - Standing Agenda Topics - Main Projects/Subcommittee Updates

a. Planning Workgroup Updates – Recreation - Chair Craig reached out to Erin Walker-Tolles regarding getting a better understanding of what CCS is providing with their new recreation position. Chair

Craig also attended the Public Works and Facilities meeting Wednesday July 15 meeting and it also sounds like the concept of the Marie Drake Complex becoming a Community Center has not been approved. The Randall Burns building is not ready for the CBJ to move in, so they moved CBJ IT and Finance into the 2nd floor of the MDC. It remains unclear who will be moving into the MDC in addition to CBJ staff and Chair Craig will keep people apprised.

Linda Kruger met with Emily Kane and they developed a list of activities for the new Senior Center if provided that space – Pickle Ball is a big issue, now overtaking golf for a senior activity in the US. We have also talked about a walking track around the gym – the CBJ is adding an elevator to the Diamond Park Field House so they will be ADA compliant – but this is intended to serve the downtown area. Emily was also excited about contradancing, spin classes, weight workouts, including a chair-based version. Some of this is already going on at senior activities. Linda and Emily also talked about Tech classes, Monthly Meetings of various groups (World Affairs Council, Book Clubs, Game Board Nights). Importantly we want to work with Parks and Rec, and the list also includes local wellness related business such as AK Club, Rock Dump, Mountainside, Juneau Trailrunners. Linda also mentioned working more with the Planetarium. Linda will develop the Recreation list and send it out to all members – hopefully in minutes. Carol asked about gatherings for people with challenges – caregivers, people with dementia – ways to support those particularly who are supporting others. Carol wants to ensure we include these kinds of activities for seniors, as well as all the other wellness activities. There was agreement that connectivity to the ADRC is important in this regard. Jenniver Garrison noted she gets lots of calls for Caregiver Support Groups and Parkinson Support Groups (which CCS is not able to provide any more). Linda has seen posters for Parkinson’s Support Groups FYI – we need to get them on our list. Linda noted AARP also has a Widowers Group in Juneau. We also talked about the importance of music in the lives of people with Alzheimer’s, dementia and Parkinsons – we need to ensure we include that element in the activities. Discussed inclusion of homebound or all seniors in Symphony, Folk Fest, etc. Jennifer Garrison reinforced the importance of music for people experience any kind of brain related issue. Lastly, Linda Kruger will be at the Anchorage Senior Activities Center when in Anchorage and will report back her experiences there.

Most importantly, we hope to get this information to seniors - Chair Craig offered to operationalize this info by developing a Webpage addition for the activities list to include on the JCOA Website.

- b. **JCOA Brochure Discussion** – Chair Craig then introduced the updated JCOA Brochure with the suggestions. We agreed that everyone would have an opportunity to provide edits and input to the latest version that we will then get printed and have available for the October SREC Summit and for presentations to Community Groups. Both Linda and Carol strong advised having the Website prominent on the Brochure and that is should be somewhat concise so that people don’t get buried in details. Chair Craig will go to the CBJ with our final version and they will advise how to get printed. Chair Craig is also reaching out to CBJ regarding SWAG for the October Summit and signage. It was suggested Chair Craig send all members the updated version, obtain edits and input, prep a final version for the July 23 Workgroup Meeting.

F. COMMITTEE MEMBER / ASSEMBLY LIAISON COMMENTS AND QUESTIONS – Liaison not present

G. NEXT MEETING DATE – Chair Craig noted that she is out of the country from Aug 26 to Sept 26

JCOA Subcommittee Planning Workgroup – July 23, 2024 @ 3pm via Zoom

Regular JCOA Meeting – Aug 20, 2024 @ 3pm via Zoom –

Regular JCOA Meeting – Sept 17th @ 3PM via Zoom – WILL BE CHAIRED BY LINDA KRUGER.

H. SUPPLEMENTAL MATERIALS

I. ADJOURNMENT- Moved to adjourn 4PM