



Rainforest Recover and American Society for Addiction Medicine(ASAM)

ASAM 3.1 vs. 3.5

Bartlett
Regional Hospital

Coming Together for Your Care

- Bartlett provides quality, patient-centered care to over 55,000 people in more than 35 rural communities in the northern part of Southeast Alaska.
- Bartlett is licensed for a total of 57 inpatient beds, 16 residential substance-abuse treatment facility beds in the Rainforest Recovery Center, and 61 residential beds in the Wildflower Court long-term care facility.



About Us

Bartlett is the sole health care organization in Southeast Alaska with Hospital Accreditation by The Joint Commission.



Our Mission

To provide our community with quality, patient-centered care in a sustainable manner.

At Bartlett, we C.A.R.E.

- Courtesy
- Accountability
- Respect
- Excellence

Our Strategic Goals

2024-2027

Deliver seamless continuity of care

Deliver quality, cost effective medical care, meeting patients where they are with the services they need.

Support the development and alignment of employees, providers, and partners

Cultivate a work environment that enables our employees, providers, and partners to thrive, aligning around our shared mission, vision, and values.

Improve infrastructure to meet community needs

Develop and maintain the physical and technological infrastructure needed to meet the growing health care services, access, and convenience needs of our patients.

Optimize and drive strategic clinical growth

Achieve long term sustainability through optimization of operations and selective investment in service line growth.

Promote a distinct identity and brand

Strengthen community engagement and increase awareness of the range and quality of services offered, elevating the reputation of the organization within Southeast Alaska.

Demographics of Patients Served

- 43% females
- 57% males
- 45% Alaska Natives
- 3 % Hispanic
- 50% Caucasians
- Less than 1% African American
- 2% unknown
- 38% from Juneau
- 20% from Southeast
- 6% from Fairbanks/Northern Region
- 1% from Valdez
- 7% from Kenai/Soldotna/Homer area
- 27% from Anchorage/MatSu
- 1% from Kodiak
- 76% graduated
- 5% were administratively discharged
- 18% left early/against treatment advice
- 1% left due to medical reasons
- 42% admitted for alcohol only use
- Less than 1% admitted for marijuana dependence
- 8% admitted for meth only use
- 4% admitted for opioid only use
- 1% admitted for fentanyl only use
- 44% admitted for use of more than one substance (poly substance)
- Average number of days in program – 24.2 days

ASAM 3.1 vs. 3.5

3.1 Service Description Clinically Managed Low-Intensity Residential Services for Adults

- The primary goal of ASAM Level 3.1 is to promote responsibility and reintegration of the individual into the network systems of work, education, and family life. Activities are provided within a 24-hour structured program with available trained personnel. It is a clinically managed, low intensity residential program which provides individuals who need time and structure to practice and integrate their recovery and coping skills in a residential, supportive environment.

ASAM Level 3.1 may also be a “step-down” for ASAM Level 3.5 residential program.

3.5 Service Description Clinically Managed High-Intensity Residential Services Adult

- ASAM Level 3.5 is appropriate for individuals whose addiction is so uncontrollable that they need 24-hour supportive, safe, and structured treatment environment to initiate or continue a recovery process that has failed to progress. The programming promotes a variety of treatment approaches which may include harm reduction, abstinence, addresses addictive and antisocial behavior, and effects change in lifestyle, attitudes, and values.

ASAM 3.1 vs. 3.5

Service Components 3.1

- Clinically directed therapeutic treatment to facilitate recovery skills, increase emotional coping strategies and decrease recurrence of symptomology.
- Cognitive, behavioral, and other substance use disorder-focused therapies, reflecting a variety of treatment approaches, provided to the individual, group, and/or family basis.
- Linkage to addiction pharmacotherapy
- Drug Screening
- Motivational enhancement and engagement strategies
- Medication services-including medication administration and monitoring of adherence

Service Components 3.5

- Clinically directed therapeutic treatment to facilitate recovery skills, increase emotional coping strategies and decrease recurrence of symptomology.
- Cognitive, behavioral, and other substance use disorder-focused therapies, reflecting a variety of treatment approaches, provided to the individual, group, and/or family basis.
- Linkage to addiction pharmacotherapy
- Drug Screening
- Motivational enhancement and engagement strategies
- Medication services-including medication administration and monitoring of adherence

ASAM 3.1 vs. 3.5

Service Components 3.1 Cont.

- Linkage to occupational and recreational services
- Psychoeducational services
- Relapse Prevention
- Crisis intervention services
- Linkage to recovery support and social support services
- Education about medication for addiction treatment and referral to treatment as necessary

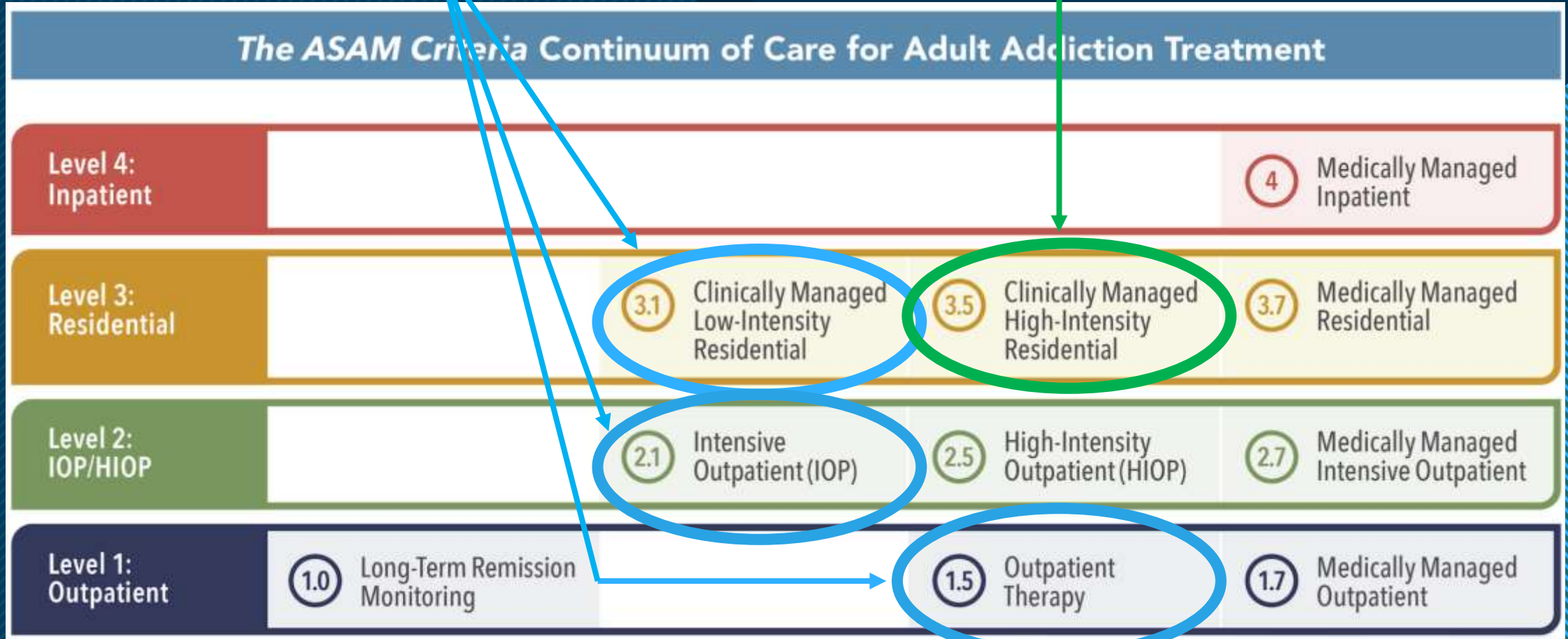
Service Components 3.5 Cont.

- Linkage to occupational and recreational services
- Psychoeducational services
- Relapse Prevention
- Crisis intervention services
- Linkage to recovery support and social support services
- Education about medication for addiction treatment and referral to treatment as necessary

Currently at Gastineau Human Services hours for 3.1 patients is 18 hrs/wk., 3.5 patients require 20hrs/wk.

Mount Juneau
Counseling & Recovery
(GHS)

Rainforest Recovery
Center



ASAM LEVELS OF CARE COMPARISON

	3.5 LOC: High-Intensity Residential Treatment	3.1 LOC: Low-Intensity Residential Treatment	2.1 LOC: Intensive Outpatient	1.5 LOC: Outpatient
Challenges Treated				
Substance Use Disorders Only	X	X	X	X
Co-occurring Substance Use and Mental Health Disorders	X	X	X	X
Mental Health Disorders Only				X
Hours of Treatment Provided Per Week	20+ hours	9 - 19 hours	9 - 19 hours	1-8 hours
Typical Program Length	Weeks to Months	Months	Months	Months to Years
Treatment Modalities Used				
Individual Counseling	X	X	X	X
Group Counseling	X	X	X	X
Medical Monitoring	X			



(907) 796-8900



bartlethospital.org

