

***Aging!  
So cool,  
everyone is  
doing it!***



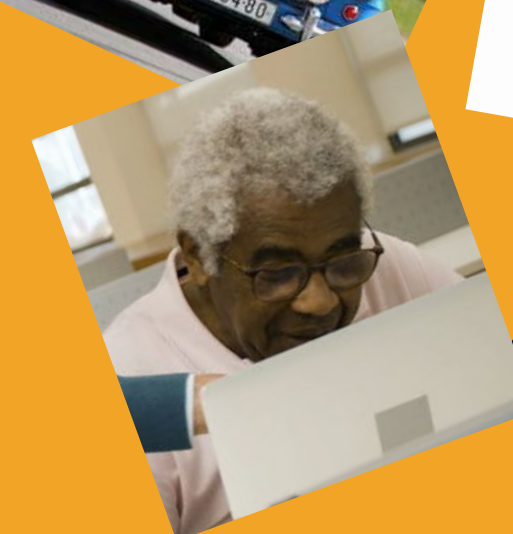
**Juneau Commission On Aging**

# Juneau Commission On Aging

## 2020 Survey Outcomes

Seniors are healthier, wealthier and have better insurance than previous survey years

- 28.7% of Juneau residents are 55 and older
- 84% own their own homes and pay taxes
- 80-90% (depending on age) drive their own cars
- 63% volunteer in the community
- 95% over 65 have Medicare Insurance
- 66% over 65 have State of Alaska Retirement
- 40% have Long Term Care Insurance
- 42-46% (depending on age) take continuing education classes (UAS/CS)
- 72 – 84% (depending on age) recreate weekly (walking, hiking, swimming, biking, gyms, skiing)



# Juneau Commission On Aging Seniors – Silver Dividends

## JUNEAU COMMUNITY FOUNDATION



John Pugh, President



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Geoff Larson



Marjorie Menzi



Myra Munson



Thyes Shaub



Reed Stoops

- Retirement income
- Home ownership and property tax payment
- Volunteering and contributing financially to the community
- Remaining in town to help family members



# **Juneau Commission On Aging**

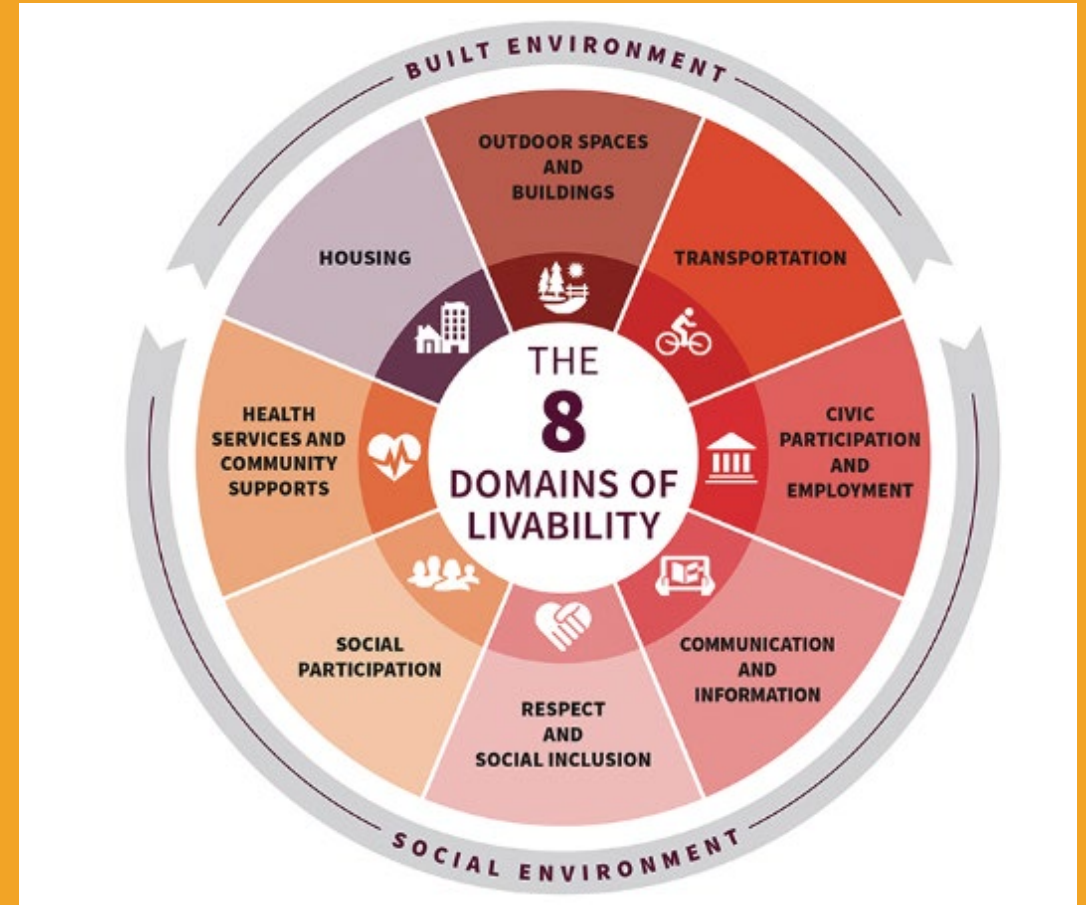
## **Out of the 50's and into 21<sup>st</sup> Century**

- **Worldwide communities are aging – everyone wants to attract workforce with**
  - **High paying jobs, low cost housing, good schools and childcare attract families**
    - **Example: Texas is booming with young families**
    - **Heat, hurricanes and water shortage is not preventing people from in-migration**
- **Juneau is also aging with challenges and advantages**
  - **High cost of living, housing shortage and struggling schools along with...**
  - **Sense of community, exceptional recreation (ski area, hockey rinks, indoor track, pools, hiking, biking, etc), expanding regional medical care, easy access to “mainland”, low density/no traffic, world class culture (museum, theater, symphony, Jazz and Classics, Folk Fest, etc), high level community engagement, environmentally aware (electric cars run on hydro), clean air and clean water.**
  - **Marginal weather is not leading to elders out-migration**

**LETS KEEP SENIORS IN TOWN WHILE  
PROMOTING A GREAT LIFESTYLE FOR EVERYONE**

# Juneau Commission On Aging Age-Friendly Community Planning

- Planning that serves the entire community
- Developed by the World Health Organization for global assessments of community well being
- Eight Domains of Livability clearly identify areas of focus
- 2023 CBJ Assembly approved joining the Age-Friendly Network



# Juneau Commission On Aging

## Priority: Creating Age Friendly Community

Develop Juneau Age Friendly Community Plan *emphasizing the benefits of keeping seniors in the community with immediate focus on:*

- More recreational and social activities emphasizing health
  - Seniors are healthier and living longer and want age friendly activities (pickleball, walking, hiking, biking, swimming, walkers - skiing added to survey this year!)
  - Development of a Senior Center that is comprehensive: recreation, social activities (shared meals - Italian/ Mexican/ Asian food “nights”), learning and training opportunities, a place for events – a *“Zach Gordon-ish Center for Seniors”*
- Age Friendly housing options – institutions as a last resort
  - Accessible housing allowing aging with minimal assistance
  - Minimalistic yet functional settings (Tiny Houses, congregate communities/spaces)
  - **NOTE: Seniors will move from bigger homes if smaller, age friendly options available**

# Juneau Commission On Aging Representation and Request

## CBJ OFFICE OF AGING COORDINATOR to oversee:

- **AGE-FRIENDLY COMMUNITY PLANNING**

- Multi-year holistic planning process that serves entire community – first phase due 12/2024

- **CBJ SENIOR ACTIVITY CENTER**

- Recreation and Socialization (Middle School Gym and gathering space) – keeping seniors healthy
- Immediate use for pickleball, tai chi, regular and chair yoga classes, weight training, book clubs, workshops, seminars, classes, volunteer opportunities

- **HOUSING FOCUS**

- Immediate discussion of universal design as focus for CBJ building permits (new/current construction) to facilitate senior friendly housing (age in place) with goal of freeing up senior owned housing for families

Juneau Commission on Aging Office of Aging Coordinator FY 25 Budget Request	
FTE - Coordinator \$35 per hour	\$ 72,800.00
Benefits - 30% of Salary	\$ 21,840.00
Equipment (Computer, printer, etc)	\$ 1,500.00
Travel (one Conference)	\$ 2,500.00
JCOA Materials and Supplies	\$ 5,000.00
JCOA Events	\$ 10,000.00
<b>Total Requested</b>	<b>\$ 119,640.00</b>



# ***Aging! So cool, everyone is doing it!***



**Juneau Commission On Aging**  
**Keeping seniors healthy and**  
**in the community we love\***



**\*All persons in these photos are Juneau-ites over 65!**



2020 Juneau Senior Needs Survey

**Figure 13a: Senior Use of Available Services**

<b>Service Used</b>	<b>Use</b>	<b>Service Used</b>	<b>Use</b>
Alaska DMV	87%	Juneau Retired Teachers Association	3%
City and Borough of Juneau	83%	Alaska Legal Services Corporation	3%
Alaska Marine Highway	77%	Meals on Wheels	3%
State of Alaska Fish and Game	67%	Front Street Clinic	2%
US Social Security Administration	57%	Hospice and Home Care of Juneau	2%
America the Beautiful Senior Pass	46%	Alzheimer's Resource of Alaska	2%
University of Alaska Southeast	36%	Alaska Commission on Aging	2%
Catholic Community Services	9%	Pioneer Home	2%
Care-A-Van	9%	Polaris House	2%
Central Council of Tlingit and Haida	8%	Disability Law Center of Alaska	2%
Southeast Alaska Independent Living (SAIL)	8%	Trillium Landing	2%
US Department of Veterans Affairs	7%	Cornerstone Home Care	2%
Alaska Housing Finance Corp.	6%	Wildflower Court	2%
Alaska Division of Public Assistance	6%	Center for Community	1%
Juneau Senior Center	6%	COMPASS Home Care	1%
Alaska State Library Talking Books Center	6%	Senior and Caregiver Resource Center	1%
Juneau Job Center	5%	AWARE, Inc.	1%
Food Bank of Alaska	5%	Douglas Senior Center	1%
Alaska Food Stamp Program	5%	Alaska Network on Domestic Violence and Sexual Assault	1%
National Active and Retired Federal Employees	4%	Reifenstein Dialysis Center	1%
Fireweed Place	4%	MASST Program Coordinator	1%
The Learning Connection	4%	The Bridge Adult Day Program	0%
Juneau Alliance for Metal Health, Inc. (JAMHI)	4%		

## PROGRAMS AND SERVICES

### Question 22: Which Services Do You Need NOW but Are Not Able to Get in Juneau? (Select All That Apply)

This is a new question for the 2020 survey. Overall, 76 percent of respondents did not now need any of the services listed, and another 10 percent reported they get all the services they need in Juneau. Although all service options received low percentages, specialty medical was the most often selected service to be needed now but unavailable in Juneau. When separated by age group, there was a decreasing percentage of respondents who did not need any of these services, from 83 percent to 61 percent, with increasing age cohort. In other words, the percentage of respondents who got all the services they need in Juneau decreased as age increased.

