



JUNEAU COMMISSION ON AGING (JCOA)

The City and Borough of Juneau Assembly appoints JCOA Commissioners

Our mandate is to advise the CBJ assembly on actions and policies needed to maintain and improve the quality of life for seniors within CBJ.

Our mission is to provide CBJ with proactive, coordinated, culturally sensitive and holistic strategies to solve the issue of an aging population. JCOA Priorities are focused on developing a Juneau Age Friendly Community Plan, age/senior-appropriate housing and age/senior focused recreation/ social activities.

Empowering Juneau's Elders

DID YOU KNOW?

JUNEAU'S DEMOGRAPHIC SHIFT: The senior population in Southeast Alaska continues to grow faster than any other cohort. In 2010, only 11% of our population was 65 and over. By 2022, we had more than doubled and seniors now represents **25%** of our regional population (AKDOLWD).

FROM GRAY HAIR TO GREENBACKS: Juneau seniors bring "silver dividends" to our community: retirement income, home ownership and property tax payment, and a willingness to volunteer and contribute to the community on many levels.

JUNEAU'S FUTURE HINGES ON STRONG SENIOR SUPPORT: CBJ's current 10-year fiscal plan states that a top priority is to "grow the senior economy" and Juneau Commission on Aging asks CBJ to support Juneau seniors' unique needs as we age in this community that we love and many have called home for many years.

BUILDING AGE FRIENDLY COMMUNITY: We advocate for Juneau's aging, healthy and active seniors and for those with additional supportive needs via Juneau's Age Friendly Plan. Age friendly communities serve everyone aged 8 - 80 ensuring age friendly housing, and age friendly social spaces and recreational opportunities.



Part of a National, State, Municipal Systems:

National Council on Aging ([link](#))

Alaska Commission on Aging ([link](#))

AARP ([link](#))

2020 Juneau Senior Survey ([link](#))

Juneau Commission On Aging

What we learned from 2020 Survey

2020 Seniors are healthier, wealthier and have better insurance than previous survey years

- 28.7% of Juneau residents are 55 and older
- 84% own their own homes and pay taxes
- 80-90% (depending on age) drive their own cars
- 63% volunteer in the community
- 95% over 65 have Medicare Insurance
- 66% over 65 have State of Alaska Retirement
- 40% have Long Term Care Insurance
- 42-46% (depending on age) take continuing education classes (UAS/CS)
- 72 - 84% (depending on age) recreate weekly (walking, hiking, swimming, gyms, skiing)



*Aging!
So cool,
everyone is
doing it!*



JOIN US!

**Third Tuesday of the
Month on Zoom 3PM**

Juneau Commission on Aging Meetings

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