

The next retirement communities won't be just for seniors



Developers are increasingly embracing an urban village model of housing, which offers a sharp contrast to the typically isolated suburban retirement communities. PHOTO: PIXABAY

GETTING older comes with challenges. For architect and designer Matthias Hollwich, one of the more taxing ones is something often taken for granted: moving.

His point – that leaving behind friends, social connections and the purpose of a particular job can be physically and psychologically debilitating for older adults – underscores how developers, architects and city leaders are reimagining the retirement home.

"I want to give people the power to change their living conditions without moving away," he said.



rooms with younger renters, resulting in lower rent for both parties. Operators will deliberately recruit an age-diverse community.

Driven by an ageing population, a more active vision of retirement, and a shortage of senior-housing options and support services, developers are increasingly embracing this urban village model of housing, which offers a sharp contrast to the typically isolated suburban retirement communities.

These projects are becoming more viable, as city and business leaders realise that seniors help support local shops, including cafes, bookstores and salons.

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"The stigma around older adults is going away," said Tama Duffy Day, an architect and principal at the architecture firm Gensler. "Hospitality and residential developments understand that older adults are a huge market."

Affordable senior rentals in urban areas would have been a dicier realestate proposition decades ago, when homeownership rates were higher and more mortgage-free older Americans hoped to age in place, decreasing the pool of potential renters. Seniors still predominantly own their homes, but demographics are shifting. An increasing number of adults in their 30s and 40s never plan to own a home, as indicated by recent research by Apartment List and the Federal Reserve Bank of



tuture seniors is "daunting", said Jenniter Molinsky of Harvard's Joint Center on Housing Studies. The US will have 16 million middle-income seniors by 2033, research by NORC at the University of Chicago, a social research organisation, showed.

This new approach to senior housing, which is especially for those without serious medical issues, focuses on local resources. It provides a model that not only serves both younger and older renters, but also can offer cheaper rent, because the connection to community organisations and the shared amenities of nearby parks and public programming can reduce the cost of providing such services in-house.

Kallimos Communities, a development concept created by Bill Thomas, a leader in progressive senior housing, features multi-generational neighbourhoods of 50 to 60 smaller homes, with common spaces and programming staff who plan group meals and social events. Developments are in the works in Victoria, Texas, and in Loveland, Colorado, where Kallimos is teaming up with a local housing authority and plans to break ground in 2024.

The initial response has included significant interest from older couples "seeking to be part of a community", said Megan Marama, chief operating officer of Kallimos.

In Britain, a model called RightSizer is being used to renovate and refurbish empty Main Street businesses decimated by online shopping, and transform them into a mix of senior-housing sites and community-focused health and education centres. The plan will reinvigorate local culture and business, said Rory O'Hagan, a director at Assael Architecture, which devised the idea. He added that he was working with developers to get approval for the first site in South London this autumn.

Many developers of urban senior-living rentals have tapped into the value of inter-generational living, integrating senior apartments with younger renters to stave off loneliness and share costs.

Bridge Meadows has successfully developed four such facilities in



larger scale.

Some developers, such as McNair Living and Tabitha, have focused on building senior-living facilities near college campuses. Next fall, Tabitha will open a 128-apartment inter-generational facility in Nebraska with the Bryan College of Health Sciences, offering 25 college students a chance to live closer to campus and supplement their classroom learning with real-life experience in interacting with, and living alongside, elders.

"The moderate-income price point for senior living is poorly served," said Joyce Ebmeier, Tabitha's chief of staff. "When you're competing with a high-end product, with lots of grand entrances and grand pianos and plush amenities, you need to think about creating a product that will serve people."

The "awakening" around housing that has a more communal orientation parallels the way cities, in the pandemic era, are rethinking how to reinvigorate downtowns with more residential conversions. Strict categories and rules are being revisited, said Day of Gensler.

"Cities are becoming more aware of the fact that we need to keep people in these cities, and in an urban setting, for them to remain active," she said. NYTIMES

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