



# Rainforest Recover and American Society for Addiction Medicine( ASAM)

ASAM 3.1 vs. 3.5

**Bartlett**  
Regional Hospital



# Coming Together for Your Care

- Bartlett provides quality, patient-centered care to over 55,000 people in more than 35 rural communities in the northern part of Southeast Alaska.
- Bartlett is licensed for a total of 57 inpatient beds, 16 residential substance-abuse treatment facility beds in the Rainforest Recovery Center, and 61 residential beds in the Wildflower Court long-term care facility.



## About Us

Bartlett is the sole health care organization in Southeast Alaska with Hospital Accreditation by The Joint Commission.



# Our Mission

To provide our community with quality, patient-centered care in a sustainable manner.

At Bartlett, we C.A.R.E.

- Courtesy
- Accountability
- Respect
- Excellence



# Our Strategic Goals

2024-2027

## **Deliver seamless continuity of care**

Deliver quality, cost effective medical care, meeting patients where they are with the services they need.

## **Support the development and alignment of employees, providers, and partners**

Cultivate a work environment that enables our employees, providers, and partners to thrive, aligning around our shared mission, vision, and values.

## **Improve infrastructure to meet community needs**

Develop and maintain the physical and technological infrastructure needed to meet the growing health care services, access, and convenience needs of our patients.

## **Optimize and drive strategic clinical growth**

Achieve long term sustainability through optimization of operations and selective investment in service line growth.

## **Promote a distinct identity and brand**

Strengthen community engagement and increase awareness of the range and quality of services offered, elevating the reputation of the organization within Southeast Alaska.

# Demographics of Patients Served

- 43% females
- 57% males
- 45% Alaska Natives
- 3 % Hispanic
- 50% Caucasians
- Less than 1% African American
- 2% unknown
- 38% from Juneau
- 20% from Southeast
- 6% from Fairbanks/Northern Region
- 1% from Valdez
- 7% from Kenai/Soldotna/Homer area
- 27% from Anchorage/MatSu
- 1% from Kodiak
- 76% graduated
- 5% were administratively discharged
- 18% left early/against treatment advice
- 1% left due to medical reasons
- 42% admitted for alcohol only use
- Less than 1% admitted for marijuana dependence
- 8% admitted for meth only use
- 4% admitted for opioid only use
- 1% admitted for fentanyl only use
- 44% admitted for use of more than one substance (poly substance)
- Average number of days in program – 24.2 days

# ASAM 3.1 vs. 3.5

## **3.1 Service Description Clinically Managed Low-Intensity Residential Services for Adults**

- The primary goal of ASAM Level 3.1 is to promote responsibility and reintegration of the individual into the network systems of work, education, and family life. Activities are provided within a 24-hour structured program with available trained personnel. It is a clinically managed, low intensity residential program which provides individuals who need time and structure to practice and integrate their recovery and coping skills in a residential, supportive environment.

ASAM Level 3.1 may also be a “step-down” for ASAM Level 3.5 residential program.

## **3.5 Service Description Clinically Managed High-Intensity Residential Services Adult**

- ASAM Level 3.5 is appropriate for individuals whose addiction is so uncontrollable that they need 24-hour supportive, safe, and structured treatment environment to initiate or continue a recovery process that has failed to progress. The programming promotes a variety of treatment approaches which may include harm reduction, abstinence, addresses additive and antisocial behavior, and effects change in lifestyle, attitudes, and values.

## ASAM 3.1 vs. 3.5

### Service Components 3.1

- Clinically directed therapeutic treatment to facilitate recovery skills, increase emotional coping strategies and decrease recurrence of symptomology.
- Cognitive, behavioral, and other substance use disorder-focused therapies, reflecting a variety of treatment approaches, provided to the individual, group, and/or family basis.
- Linkage to addiction pharmacotherapy
- Drug Screening
- Motivational enhancement and engagement strategies
- Medication services-including medication administration and monitoring of adherence

### Service Components 3.5

- Clinically directed therapeutic treatment to facilitate recovery skills, increase emotional coping strategies and decrease recurrence of symptomology.
- Cognitive, behavioral, and other substance use disorder-focused therapies, reflecting a variety of treatment approaches, provided to the individual, group, and/or family basis.
- Linkage to addiction pharmacotherapy
- Drug Screening
- Motivational enhancement and engagement strategies
- Medication services-including medication administration and monitoring of adherence

## ASAM 3.1 vs. 3.5

### Service Components 3.1 Cont.

- Linkage to occupational and recreational services
- Psychoeducational services
- Relapse Prevention
- Crisis intervention services
- Linkage to recovery support and social support services
- Education about medication for addiction treatment and referral to treatment as necessary

### Service Components 3.5 Cont.

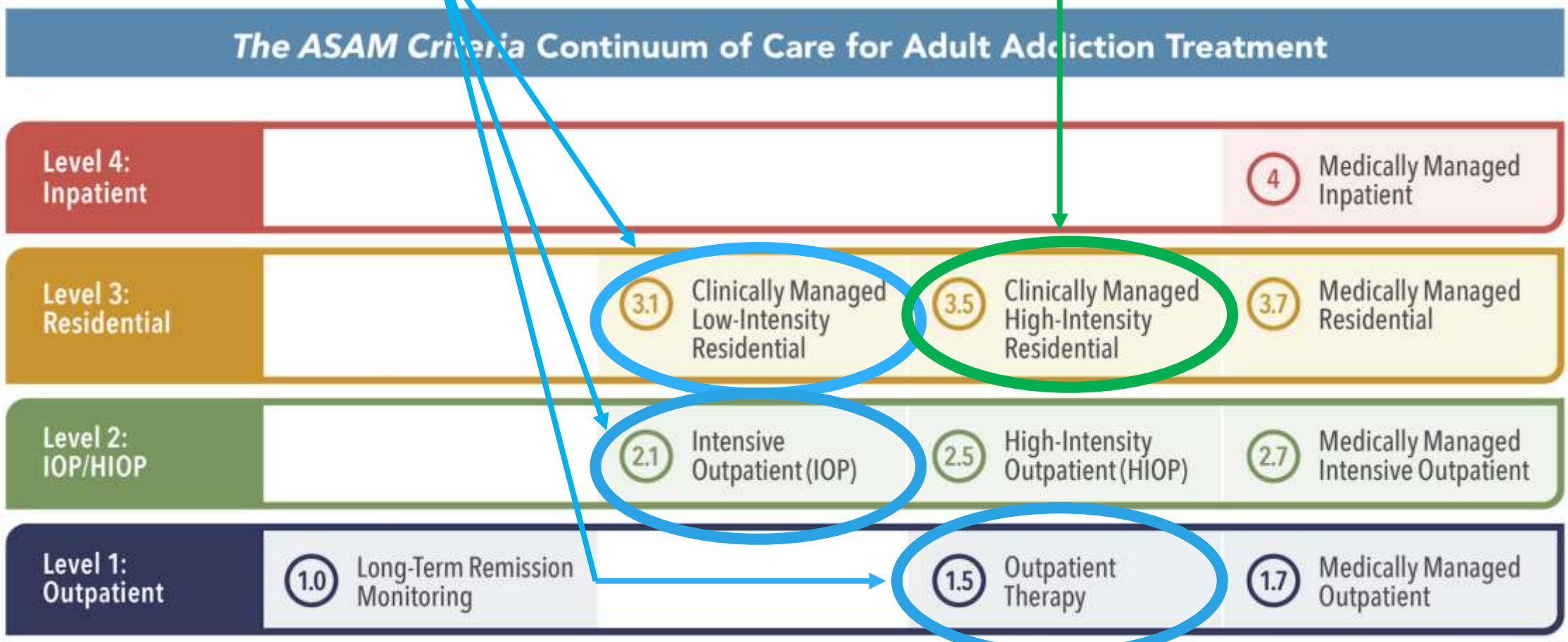
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Currently at Gastineau Human Services hours for 3.1 patients is 18 hrs/wk., 3.5 patients require 20hrs/wk.



Mount Juneau  
Counseling & Recovery  
(GHS)

Rainforest Recovery  
Center



# ASAM LEVELS OF CARE COMPARISON

	3.5 LOC: High-Intensity Residential Treatment	3.1 LOC: Low-Intensity Residential Treatment	2.1 LOC: Intensive Outpatient	1.5 LOC: Outpatient
<b>Challenges Treated</b>				
Substance Use Disorders Only	X	X	X	X
Co-occurring Substance Use and Mental Health Disorders	X	X	X	X
Mental Health Disorders Only				X
<b>Hours of Treatment Provided Per Week</b>	20+ hours	9 - 19 hours	9 - 19 hours	1-8 hours
<b>Typical Program Length</b>	Weeks to Months	Months	Months	Months to Years
<b>Treatment Modalities Used</b>				
Individual Counseling	X	X	X	X
Group Counseling	X	X	X	X
Medical Monitoring	X			



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