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[Home](#) > [CBJ Board Application](#) > [Webform results](#) > CBJ Board Application

Submission information

Form: [CBJ Board Application](#) [1]
Submitted by Visitor (not verified)
Sat, 11/23/2024 - 8:31am
24.237.31.247

First Name

Lindsey

Last Name

Wold

Residence Address

[REDACTED]

Mailing Address

[REDACTED]

Primary Phone Number

[REDACTED]

Secondary Phone Number

Email

[REDACTED]

Board, Commission, Committee

- Systemic Racism Review Committee
- Utility Advisory Committee
- Youth Activities Board

Current of Prior Experience on CBJ Boards/Commissions/Committees

N/a

Reasons for Applying

Utility Advisory Board

Reasons for Applying:

I am deeply interested in the intersection of public services and community well-being, especially in ensuring equitable access to utilities in both urban and rural areas. As a professional with experience in behavioral health, mediation, and systems-level interventions, I understand the importance of a functional and accessible infrastructure in supporting the overall health and well-being of individuals and families.

What Interests You:

The Utility Advisory Board's focus on providing essential services aligns with my passion for creating equitable solutions that benefit all members of the community, especially marginalized groups. I am particularly interested in how utility services can address social determinants of health and improve quality of life.

Impact You'd Like to Have:

I hope to bring a holistic perspective to the board, leveraging my skills in systemic thinking and community engagement. My goal is to ensure utility services are distributed equitably and that policies consider the needs of vulnerable populations, including those in remote areas of Southeast Alaska.

Youth Activities Board

Reasons for Applying:

As someone with extensive experience working with children and adolescents, I am committed to fostering opportunities that promote their growth and well-being. My background in developing programs such as a substance use group for teens and other initiatives in behavioral health and neuroscience positions me to contribute effectively to this board.

What Interests You:

I am passionate about providing youth with accessible, high-quality programs that enhance their mental, physical, and emotional development. I am especially interested in creating inclusive and innovative activities that address the unique challenges faced by young people in Juneau and surrounding communities.

Impact You'd Like to Have:

I aim to ensure that youth programs are diverse, evidence-based, and responsive to the community's evolving needs. By serving on this board, I hope to advocate for initiatives that build resilience, foster connection, and equip young people with tools for lifelong success.

Systemic Racism Review Committee

Reasons for Applying:

I am passionate about addressing systemic inequities and fostering inclusive environments. As a mediator and behavioral health professional, I have a strong understanding of how systemic barriers impact marginalized groups, particularly in Alaska. My research and work in culturally adapted interventions and trauma-informed care highlight my commitment to equity.

What Interests You:

The opportunity to critically examine policies and practices to ensure they are free from racial bias is of great importance to me. I am particularly interested in understanding how systemic racism affects access to mental health, education, and community resources in Southeast Alaska.

Impact You'd Like to Have:

I hope to contribute by offering a nuanced perspective rooted in both research and practice. My goal is to help the committee identify and address inequities in policies, ensuring they are inclusive and supportive of all community members, particularly Alaska Native populations and other underserved groups.

Qualifications

Utility Advisory Board

Qualifications:

I bring a strong combination of professional expertise and personal passion to the Utility Advisory Board. With a master's

degree in Applied Behavioral Health Research and extensive experience in systems-level thinking, I understand the critical role utilities play in the well-being and sustainability of our communities. I have a deep appreciation for hydroelectric energy and its importance in Alaska's renewable energy landscape, particularly in reducing environmental impact and supporting sustainable growth in both urban and rural areas. My work in leadership roles, including as a case manager supervisor and behavioral health therapist, has equipped me with the ability to assess complex systems and advocate for equitable solutions. I also have lived and worked in remote areas of Southeast Alaska, which has given me insight into the unique challenges communities face when accessing essential services. My passion for clean energy and commitment to community well-being make me highly qualified to contribute to this board.

Youth Activities Board

Qualifications:

As a woman of color, a teen mom, and a behavioral health professional with years of experience working with youth, I bring a well-rounded and deeply personal perspective to the Youth Activities Board. My professional experience includes developing and leading therapeutic programs, such as substance group for teens and an anger management course for youth ages 13-15. I also have experience teaching psychology at the college level, giving me insight into the developmental and emotional needs of adolescents. My background in neuroscience and child development, combined with my passion for creating inclusive opportunities for young people, uniquely positions me to support initiatives that empower and uplift youth in Juneau. Additionally, my lived experience as a teen mom gives me firsthand insight into the challenges and needs of young families, which drives my commitment to creating accessible, supportive programs for all youth.

Systemic Racism Review Committee

Qualifications:

As a woman of color and a former teen mom, I bring both lived experience and professional expertise to the Systemic Racism Review Committee. I hold a master's degree in Applied Behavioral Health Research and have dedicated my career to addressing systemic inequities through behavioral health interventions, mediation, and advocacy. My academic and professional work has focused on the neurological and social impacts of childhood trauma, systemic barriers, and culturally adapted interventions. I have worked with Alaska Native populations, rural communities, and other underserved groups, gaining an understanding of how policies and practices can inadvertently perpetuate inequities. My training in mediation and Parent-Child Interaction Therapy (PCIT) has honed my ability to critically assess systems and advocate for equitable solutions. Additionally, my leadership experience as CEO of a behavioral health company and case manager supervisor demonstrates my commitment to addressing structural inequities and ensuring fair outcomes for all.

Civic Activities, Memberships or Non-profits Involved With

SouthEast Alaska Regional Health Consortium (SEARHC): Behavioral Health Therapist and Case Manager Supervisor (June 2023–Present).

Amygdala Mediation: Founder and CEO, providing mediation services with a focus on equitable communication and systemic solutions (2020–2023).

Human Connectome Project: Research Assistant focused on mapping neurological impacts of systemic barriers, including in underserved populations (2015–2017).

Angoon Therapy Services: Providing therapeutic services and community outreach in Angoon, Alaska, addressing rural access to care (2023–Present).

Working with a Group

I have extensive experience working with groups that include diverse and conflicting perspectives, both professionally and in community settings. As a behavioral health therapist and mediator, I am skilled at fostering open communication, creating safe spaces for dialogue, and ensuring all voices are heard. My training in mediation and neuroscience has taught me to approach conflicts with empathy and a solutions-oriented mindset, focusing on common goals while respecting individual differences.

In my role as a case manager supervisor at SEARHC, I led teams with varying perspectives and experiences, ensuring collaborative decision-making and equitable solutions for clients. Additionally, as a founder of Amygdala Mediation, I facilitate discussions in challenging situations, helping parties resolve conflicts and develop mutually beneficial agreements.

When working with groups, I prioritize active listening, validation of different viewpoints, and the use of evidence-based approaches to guide discussions. My ability to remain neutral while addressing systemic issues and advocating for equity allows me to build trust and foster productive collaboration, even in the presence of conflicting opinions. I view diverse perspectives as a strength and an opportunity for creative problem-solving and growth.

Meeting Schedule and Attendance

Yes

Date of Birth (Optional)

Ethnicity (Optional)

Black, white, and my grandparents tell me Cherokee descent.

Gender (Optional)

Female

Acknowledgment/Certification

Lindsey Wold

Resume, Education, etc. (Optional)

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