

## Health Services and Community Supports Action Plan Matrix

**Vision for this Domain:** Improve Community Health Opportunities for those over 50

Objectives/Actions	By Whom	By When	Resources and Support		Potential barriers or resistance	Outputs	Outcomes - Impact	
			Available	Needed			Short- and Medium-Term	Long-Term
Work toward Age-Friendly status for Bartlett Hospital	Rhonda Ward	2027	Bartlett Hospital Board and Staff	Community Support	Time to process	Age-Friendly recognition and implementation of processes	Improved senior services	Improved Senior Services
Reduce preventable/avoidable mortality	Hospital Staff	2028	Bartlett Hospital Staff and Community Members	Community Support and engagement	Competition for time	Reduction in mortality related to social determinants of health and lack of community preparedness	Focused efforts to improve awareness of and actions toward improving social determinants of health and community preparedness	Reduction in preventable/a voidable mortality
Provide resources and classes through partnerships	Bartlett Hospital Staff, UAS, AARP, others	2025-ongoing	Bartlett Hospital Staff, AARP Volunteers,	Community support and participation	Lack of imagination for what could be	Educational programs	Improved knowledge and individual and community action	Improved community health and well-being

Encourage recreational and social programs and outdoor opportunities	Bartlett Hospital, Juneau Parks and Recreation, AARP, UAS, others	2025-ongoing	Staff at Bartlett Hospital, Juneau Parks and Recreation, AARP, UAS, others	Community engagement	Shortage of creative ideas and community engagement	Increased cultural and recreational opportunities and programs	Increased participation by older adults	Improved health and longevity
Identify community health risks	Bartlett Hospital, UAS, AARP, CBJ,	2025-ongoing	Bartlett Hospital, AARP, Alaska Public Health, Community Groups	Community Engagement	Lack of understanding /knowledge	Listing of health risks	Efforts to address risks	Reduced Risk
Fall prevention/Better Bones and Balance Classes	UAF, community instructors	2025-ongoing	UAF Cooperative Extension, Juneau Parks and Recreation, community instructors	Community Engagement	Lack of knowledge, interest	Community classes	Reduced injuries from falls	Reduced injuries from falls
Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.
Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.

Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.
Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.

**Who is responsible for maintaining and updating information:** Click here to enter text.

**Frequency of Meetings:** Click here to enter text.