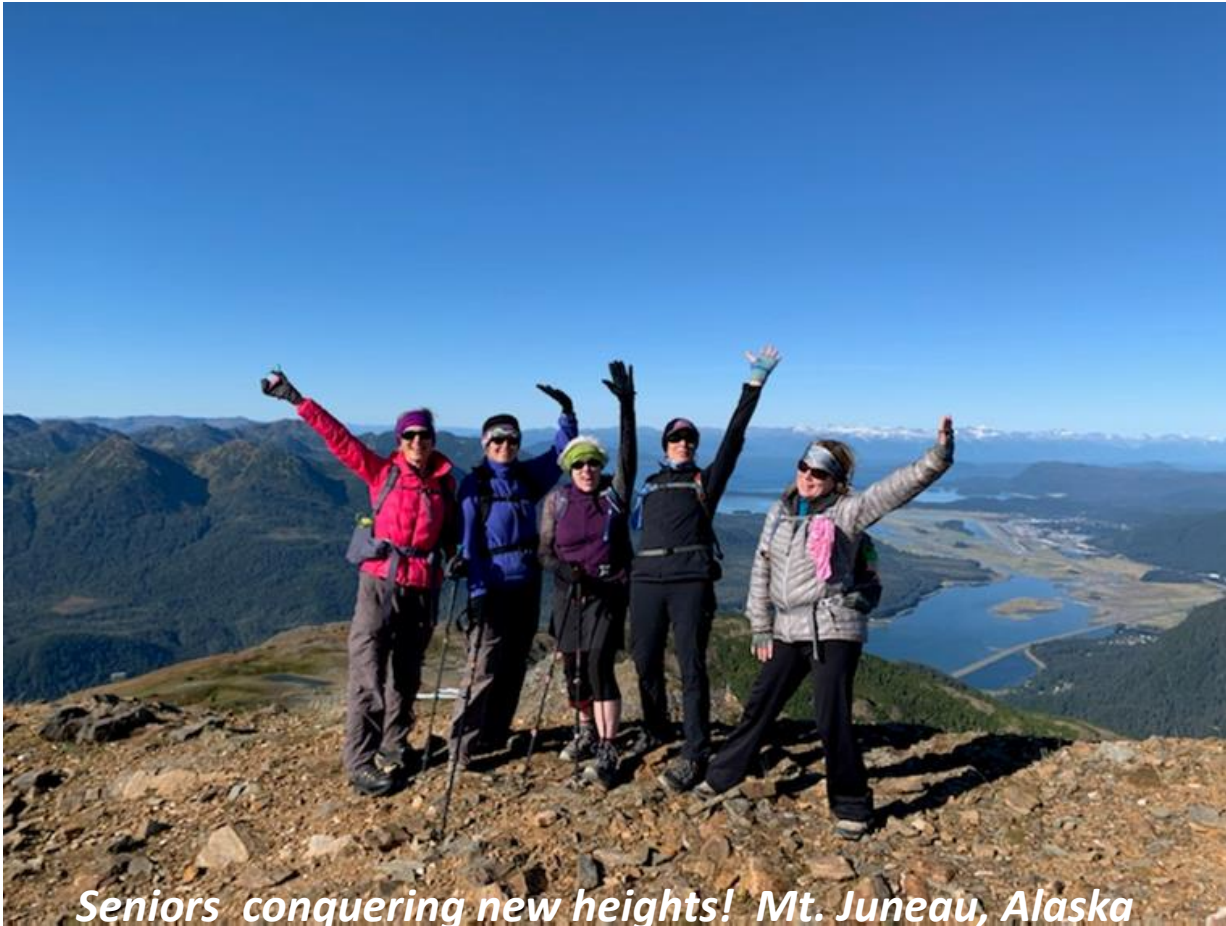




JUNEAU COMMISSION ON AGING

EMPOWERING JUNEAU'S ELDERS

JCOA's **mandate** is to advise the CBJ assembly on actions and policies needed to improve the quality of life for seniors. **Our mission** is to provide CBJ with proactive, coordinated, culturally sensitive and holistic strategies to support Juneau senior's unique needs as we age in this community we love and call home.



CONTACT US

Senior Services
in AK & Juneau

JCOA Priorities

Juneau Senior
Survey

Age-Friendly
Planning

Senior Profiles

Commissioners

Calendar

*Aging! So cool,
everyone is doing it!*



JUNEAU COMMISSION ON AGING PRIORITIES

DID YOU KNOW?

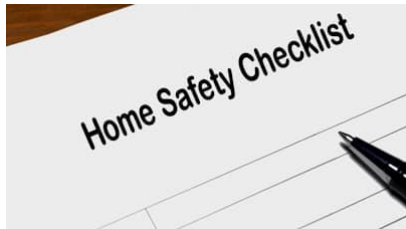
JUNEAU'S DEMOGRAPHIC SHIFT: The senior population in Southeast Alaska continues to grow faster than any other cohort. In 2010, only 11% of our population was 65 and over. By 2022, we had more than doubled and seniors now represents **25%** of our regional population (AKDOL).

FROM GRAY HAIR TO GREENBACKS: Juneau seniors bring "*silver dividends*" to our community: retirement income, home ownership and property tax payment, and a willingness to volunteer and contribute to the community on many levels.

JUNEAU'S FUTURE HINGES ON STRONG SENIOR SUPPORT: CBJ's current 10-year fiscal plan states that a top priority is to "grow the senior economy" and Juneau Commission on Aging asks CBJ to support Juneau seniors' unique needs as we age in this community that we love and many have called home for many years.

BUILDING AGE FRIENDLY COMMUNITY: We advocate for Juneau's aging, healthy and active seniors and for those with additional supportive needs via Juneau's Age Friendly Plan. Age friendly communities serve everyone aged 8 - 80 ensuring age friendly housing, and age friendly social spaces and recreational opportunities.

AGE FRIENDLY HOUSING – ACCESSIBLE FOR THOSE 8-80!



Our first Priority is to promote creation of **JUNEAU'S Age-Friendly Plan** for Juneau using the **AARP Age-Friendly Blueprint** as a springboard for action emphasizing **Age Friendly Housing and Recreation**.

RECREATION & SOCIALIZATION – KEY TO HEALTHY AGING!



Our second priority is to Develop an Office of Aging Coordinator within the City and Borough of Juneau to more effectively serve a segment representing **25%** of the population of our borough. This leadership position will focus specifically on issues that are relevant to our senior community such as facilitating the **Juneau's Age Friendly Community Plan**, **Age Friendly Housing**, **Senior Focused Recreation and Coordination** amongst organizations serving the elder population.

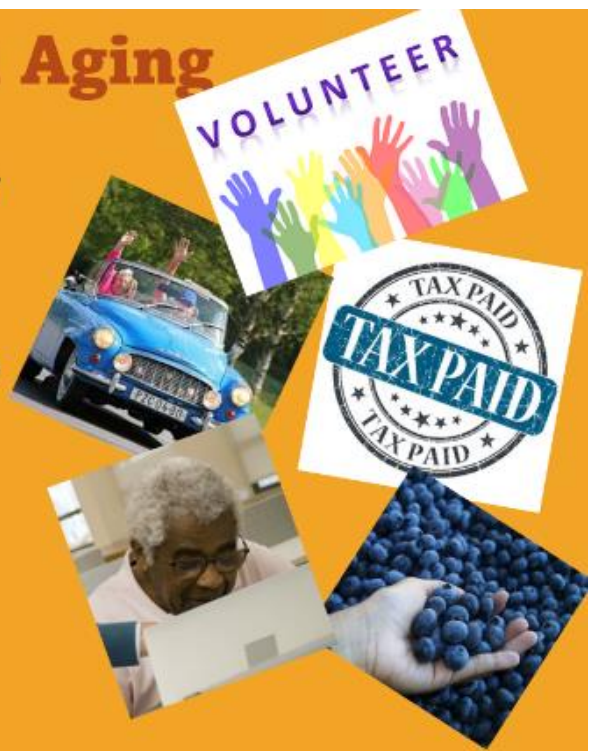


JUNEAU COMMISSION ON AGING SENIOR SURVEY 2020

Juneau Commission On Aging What we learned from 2020 Survey

2020 Seniors are healthier, wealthier and have better insurance than previous survey years

- 28.7% of Juneau residents are 55 and older
- 84% own their own homes and pay taxes
- 80-90% (depending on age) drive their own cars
- 63% volunteer in the community
- 95% over 65 have Medicare Insurance
- 66% over 65 have State of Alaska Retirement
- 40% have Long Term Care Insurance
- 42-46% (depending on age) take continuing education classes (UAS/CS)
- 72 – 84% (depending on age) recreate weekly (walking, hiking, swimming, gyms, skiing)



[Link to Juneau Senior Surveys](#)

[Link to Alaska Department of Labor Economic Trends Magazine](#)

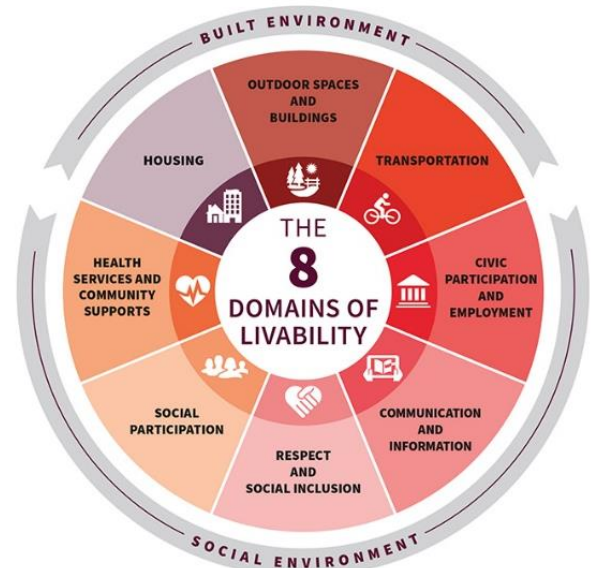




JUNEAU COMMISSION ON AGING

AGE FRIENDLY PLANNING

In 2023, JCOA invited the CBJ Juneau Assembly to join the [AARP Age Friendly States and Communities Network](#) and Mayor Beth Weldon agreed on this worthy effort. This national effort promotes neighborhood cohesion and maximizes opportunities for residents to be active and engaged with their neighbors, family, and friends. In an Age Friendly Community, all residents meet their essential needs in a safe, healthy environment, the initiatives contribute to improved economic performance and a more vibrant, desirable, and competitive environment for housing and commercial investment. Age Friendly initiatives bring public and private entities together to invest in and work on programs and projects, making the community a better place for people of all ages.



AARP LIVABLE COMMUNITIES

AARP Network of Age-Friendly States and Communities

[AARP.org/Livable](#) · [About](#) · [Age-Friendly Network](#) · [Community Challenge](#) · [Publications & Resources](#) · [Videos](#) · [Livability Index](#) · [Map](#) · [A-Z Topics](#)

Welcome to the AARP Network of Age-Friendly States and Communities

- The population of the United States is rapidly aging.
- By 2030, 1 of every 5 people in the U.S. will be 65 or older.
- By 2034, the number of adults older than 65 will be greater than the number of children under 18.

That's why AARP staff and volunteers are working throughout the nation to engage and mobilize communities, share expertise, and deliver technical assistance to the towns, cities, counties and states in the AARP Network of Age-Friendly States and Communities.

The work that happens within the network — which is a program within the larger AARP Livable Communities initiative — is hands-on and locally determined and directed.

The common thread among the enrolled communities and states is the belief that the places where we live are more livable, and better able to support people of all ages, when local leaders commit to improving the quality of life for the very young, the very old, and everyone in between.

AARP engages with elected officials, partner organizations and local leaders to guide communities through the age-friendly network's assessment, planning, implementation and evaluation processes.

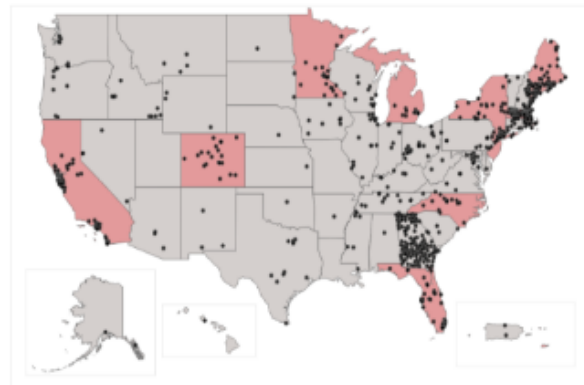
People of all ages benefit from the adoption of policies and programs that make neighborhoods walkable, feature transportation options, enable access to key services, provide opportunities to participate in community activities, and support housing that's affordable and adaptable.

Well-designed, age-friendly communities foster economic growth and make for happier, healthier residents of all ages.

THE MEMBER LIST AND MAP

SEE THE LISTS: [Cities, Towns and Counties](#) | [States and Territories](#)

USE THE MAP: [Go to the interactive AARP Livable Communities Map](#)



The AARP Network of Age-Friendly States and Communities was established in April 2012 as an independent affiliate of the World Health Organization Global Network for Age-Friendly Cities and Communities. Find this page again by using the URL [AARP.org/AgeFriendly](#).



JUNEAU COMMISSION ON AGING COMMISSIONERS

Deborah Craig volunteered for the JCOA prior to becoming a Commissioner (2023) and the Chair (2024). Retired after a social service/grant administration career, Deborah enjoys skiing and hiking around Juneau's mountains with her husband. She's committed to ensuring she is able to age in the community she loves by promoting Age Friendly action to the CBJ.



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JUNEAU COMMISSION ON AGING CALENDAR

**Our meetings are open to the public.
JOIN US ON ZOOM!(link)
Third Tuesday of the
Month at 3PM**

Juneau Commission on Aging Meetings

Current Agendas & Minutes

August 22, 2022 and newer Click the button below to access current minutes/agendas. **MUNICODE**

Agendas & Minutes Archive

Meetings Older than August 22, 2022 Click below to access archive of minute/agendas **ARCHIVE**

