

Juneau Commission on Aging

MISSION: Advise Juneau City and Borough (CBJ) Assembly on actions and policies needed to maintain and improve quality of life for older residents.



COMMITMENT: Provide CBJ with forward thinking, holistic, coordinated, and culturally sensitive strategies to promote healthy aging strategies for all.

PRIORITY: Develop Juneau's Age Friendly Community Plan, with initial emphasis on building age friendly housing and healthy aging focused on recreation, social engagement and activities.



<https://juneau.org/clerk/boards-committees/jcoa>
VISIT OUR WEBSITE FOR MORE INFORMATION ABOUT JCOA
AND FOR SENIOR RELATED ACTIVITIES AND RESOURCES!



*Aging -
So cool,
everyone is
doing it!*



Juneau Commission On Aging Priorities

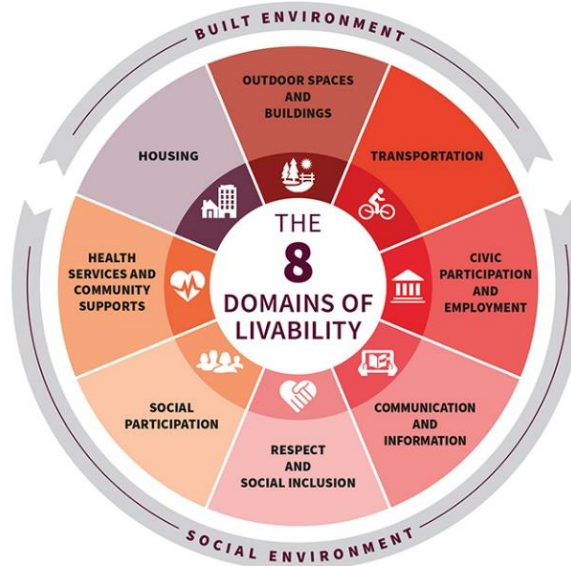
Senior Recreation and Wellness

JCOA promotes recognition that many seniors are healthier and living longer than in the past and benefit from access to age friendly activities to promote physical health: pickleball, indoor and outdoor walking, hiking, swimming, skiing, yoga, Tai Chi.

JCOA promotes development of a comprehensive Senior Community Center – a “Zach Gordon Center” for Seniors providing recreation, socialization, learning, and affordable activities to encourage social, emotional and intellectual health.



Age Friendly Planning for Healthy Communities



CREATE AGE FRIENDLY COMMUNITY:

In 2023, the CBJ Juneau Assembly joined the [AARP Age-Friendly States and Communities Network](#). Age friendly communities serve everyone ensuring age friendly housing, and age friendly recreational and social spaces for Juneau’s healthy and active population, as well as those with supportive needs.

Universal Age Friendly Housing

30% of Juneau’s population is over 55 and that cohort is growing. Retirees want to retire in the community we’ve grown to love. JCOA promotes universal design elements that result in accessible housing for all who may need it and making aging in place possible with minimal assistance.

At the same time, we promote new ideas such as Tiny Houses, Accessory Dwelling Units, Mother-In-Law apartments, congregate communities and are open to new ideas that offer more housing opportunities.

Visit the JCOA Website

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