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Submission information

Form: [CBJ Board Application](#) [1]
Submitted by Visitor (not verified)
Sun, 12/15/2024 - 1:28pm
209.112.212.97

First Name

Diane

Last Name

Kyser

Residence Address

[REDACTED]

Mailing Address

[REDACTED]

Primary Phone Number

[REDACTED]

Secondary Phone Number

[REDACTED]

Email

[REDACTED]

Board, Commission, Committee

Juneau Commission on Aging

Current of Prior Experience on CBJ Boards/Commissions/Committees

None

Reasons for Applying

I am honored to have been invited by Deborah Craig, Chair of the Juneau Commission on Aging to apply. At the SREC conference this fall, the idea of a "Widows and Widowers Garden Support Group." (We are all living in the garden of life!) was formed. The first meeting will be on January 6, 2025. I am a recent widow (June 23, 2020) and I have greatly felt the need for this type of support group in Juneau, Alaska I personally know of five widows, three live on my block. What interests me about this Commission is the impact they have in improving the health of our aging population on various levels, including providing mental, physical and emotional support. The impact I would like to have as part of Juneau Commission on Aging is to support the widows and widowers in Juneau as they grow in various stages of their life. The Juneau Commission on Aging is very active in supporting the aging population in Juneau and Southeast Alaska, however, they do not have support for widows and widowers in Juneau. With the support of JEDC, SREC, Riverview Senior Living and CCS, a decision was made to start a much need support group for widows and widowers. I look forward to being a part

of the Juneau Commission on Aging team that provides resources for the aging population including adjusting to being a widow or widower, hopefully growing stronger together with support.

Qualifications

I have worked with the aging population for 30 years as a therapeutic massage therapist in my private practice Healing Hands of Alaska, formally Artemis Enterprise. My practice has been located in Riverview Senior Living since May 2023. Having a Merchant Mariners Credential 50 Tons, allowed me to work with tourists from around the world, many who are my age (71), for 10 years as a boat captain. Prior to Juneau, Alaska, my work history in the computer field include West Coast Sales Manager, attending military trade shows around the US, working with military research laboratories, and GSA contracts with Ford Aerospace and Underwriters Labs. I recently attended the 2024 SREC Summit: Connecting the Community held in Juneau, Alaska this fall, and attended the Older Adults Mental Health First Aid day long session learning more tools to help others.

Civic Activities, Memberships or Non-profits Involved With

I am currently involved with "Widows and Widowers Garden Support Group" (We are all living in the garden of life!). I am a current Flotilla Staff Officer of US Coast Guard Auxiliary, D17, Juneau Flotilla. I have had a conversation with the US Coast Guard Chaplin stationed in Juneau, Alaska and he has informed me that he is interested in more information about aging population resources and plans to refer people to our "Widows and Widowers Garden Support Group." Past board member positions held include RiversWest Small Craft Center(1991-1993), The Friends of Alaska State Museum (2005-2007) and the Thane Community Garden Association (2023-2025).

Working with a Group

My first experience as board member began when I was asked to be on the board of RiversWest Small Craft Center in Portland, Oregon from 1991 to 1993. Our board was tasked in managing a small craft wooden boat building shop year round and putting on yearly small craft wooden boat show. During the 30 years I have lived in Juneau, I have been a member of The Friends of The Alaska State Museum Board, and The Thane Community Garden Association Board. All three boards have diverse backgrounds/age groups and my approach in working with varied groups is clear communication with active listening in order to provide communication that is comfortable for all involved in the dialog.

Meeting Schedule and Attendance

I am aware of the meeting schedule and how to participate.

Date of Birth (Optional)

1953

Ethnicity (Optional)

Gender (Optional)

Female

Acknowledgment/Certification

Diane Kyser

Resume, Education, etc. (Optional)

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